



Introducing Lifestyle Unplugged: Your New Go-To for Fresh Ideas & Real Conversations

Connecting the people who connect communities.

We created Lifestyle Unplugged to celebrate the people who make neighborhoods thrive and to share practical ideas you can use every day. Whether you're looking for inspiration, a new programming spark, or simply a reminder that you're not alone in this work, you're in the right place.

Beyond the podcast, we co-manage Lifestyle Director Connect—a growing LinkedIn network where Lifestyle Directors from across the country trade tips, resources, and encouragement.

So pour a cup of coffee, dive into this month's episodes, and connect with a community that gets what you do. We're glad you're here.

Tip of the Month

Never Be the Expert

No matter how many years you've been in the field, there's always more to discover. Approach every meeting, event, and conversation with curiosity and humility.

- **Ask Questions First:** Instead of offering answers, start by listening—what do residents, partners, or teammates truly need?
- **Stay a Student:** Trends shift, communities evolve, and fresh ideas come from unexpected places.
- **Open Mind = Stronger Connections:** An attitude of learning invites collaboration and helps residents feel heard and valued.

The best Lifestyle Directors aren't the ones who know it all—they're the ones who keep learning right alongside their community.

Last Month on the Podcast

Aug 24 – Meet Monica & Lauren

Get to know the voices behind Lifestyle Unplugged and the mission of the show.

Sept 1 – 55 and Better / Fall Events

Seasonal programming ideas to keep your community vibrant as the weather cools.

Sept 8 – April LaMon: Technology that Brings People Together

Tools and strategies to use tech for deeper resident connections.

Sept 15 – Time Management: More Life, Less Stress

Practical methods for balancing demands without burnout.

Sept 22 – Rancho Sahuarita: Lifestyle & Developer Conversation

Insights on how developers and lifestyle teams collaborate.

Sept 29 – Resident Onboarding

Best practices to create a warm welcome and long-term engagement.

[Listen Here](#)

Have a story to share or a topic you want to discuss? Reach out to us below!

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Lifestyle Unplugged Podcast

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