

Resources in El Dorado County

<https://seniorpeer.org/senior-resources>

Adult Protective Services & Public Guardian	530-642-4800 - Placerville 530-573-3207 - S. Lake Tahoe	https://www.edcgov.us/HHSA	Program staff work with older and dependent adults who are victims of abuse, neglect or exploitation, or cannot meet their own needs. APS responds to reports of abuse/neglect and helps individuals and families resolve health and safety concerns.
Alzheimer's Association	800-272-3900	www.alz.org	Caregiver support groups & community education programs, etc.
Animal Services	530-621-5795 - Placerville 530-573-7925 - S. Lake Tahoe	https://www.edcgov.us/HHSA	We shelter and provide adoptions for stray animals in the County.
Behavioral Health	530-621-6290 - Placerville 530-573-7970 - S. Lake Tahoe	https://www.edcgov.us/HHSA	Behavioral Health services for children, youth and adults include support groups, medication and counseling.
Better Help		https://betterhealth.com	
CalFresh / Supplemental Nutrition Assistance Program		CalFresh - El Dorado County	Food Assistance
Calfresh, Calworks & General Assistance	530-642-7300 - Placerville 530-573-3200 - S. Lake Tahoe	https://www.edcgov.us/HHSA	Cash aid and food benefits help with nutrition, housing, utilities and more.
California Housing Finance Agency	877-922-5432	https://www.calhfa.ca.gov/	Offers a variety of first mortgage and down payment assistance programs to income-eligible individuals and families
CalWORKS		CalFresh - El Dorado County	California Work Opportunity and Responsibility to Kids
CalWORKs & General Assistance	530-642-7300	https://www.edcgov.us/hhsa	Provides housing expense assistance to eligible individuals and families of the program.

Center for Violent Relationships	530-626-1131 or 916-939-6616	www.TheCenterNow.org	The Center offers support for all members of Western Slope El Dorado County experiencing domestic violence or sexual assault-regardless of relationship status, gender, or sexual orientation.
Child Protective Services, Foster Care & Adoptions	530-642-7100 - Placerville 530-573-3201 - S. Lake Tahoe	https://www.edcgov.us/HHSA	Social Workers and other staff work with families to protect children from abuse, neglect and exploitation.
Christlike Services	530-622-1267	https://christlikeservices.net/	A ministry aimed to help homeless and debilitated individuals regain their lives by providing housing and supportive services.
City of South Lake Tahoe-Housing Issues Hotline	530-542-7417	https://www.cityofslt.us/	Hotline aimed to assist SLT residents with landlord-tenant concerns.
Deaf Access Program (DAP)	916-349-7500 - Voice 916-993-3048 - Videophone 916-550-9355 - Videophone P3	www.norcalcenter.org	
Dial a Ride	530-642-5383 888-246-2877	https://eldoradotransit.com	Dial-A-Ride is El Dorado Transit's curb-to-curb transportation service, available by advanced reservation.
El Dorado County Behavioral Health Services	530-621-6226	https://edcgov.us/hhsa	Offers supportive housing options for eligible clients of the Behavioral Health Division.
El Dorado County Department of Veterans Affairs	530-621-5892	https://www.edcgov.us/Government/Veterans	Assist veterans, their dependents, and survivors in obtaining entitlements from federal, state, and local agencies administering veterans programs.
El Dorado County Habitat for Humanity	530-621-2111	https://www.habitat.org/	Works with low-income families by building sustainable housing and revitalizing neighborhoods.
El Dorado County Health and Human Services		https://www.edcgov.us/hhsa	The Agency offers a variety of housing information and supportive services to those who meet eligibility guidelines. Contact your local office for information

El Dorado County Housing, Community & Economic Development	530-621-5159	https://www.edcgov.us/HCED	Offers several programs to income-eligible homebuyers.
El Dorado County Public Housing Authority-PHA	530-621-6300	https://www.edcgov.us/hhsa	Oversees the Housing Choice Voucher program for low income individuals and families, the elderly and disabled.
El Dorado Veterans Resources	530-621-5146	edvr@mfsgonline.org	Provides services and information to military personnel, veterans and their families.
Family Caregiver Alliance		https://www.caregiver.org	The mission of Family Caregiver Alliance is to improve the quality of the life for family caregivers and the people who receive their care.
Family Caregiver Support Program	800-510-2020 - 530-621-6151	FCSP@EDCGOV.US	Caring for the Caregivers - Promoting Family Caregivers through Support and Care
Federal Deposit Insurance Corporation (FDIC)		https://fdic.gov/consumers/assistance/protection/mortgages/fc-prevention/index.html	Provides information/tool kits for homeowners having trouble making their mortgage payments.
Friends of Seniors	(530) 334-6090	http://friendsofedcseniors.org	Supporting wellness, life enrichment, dignity and independence of El Dorado County Seniors and their caregivers through advocacy and financial assistance.
Go Go Grandma	855-955-2318	https://get.gogograndparent.com/	Request a ride with just a phone call.
Health Insurance Counseling & Advocacy Program	530-621-6169		
HELP	530-306-2352		Assists homeless individuals and their families to secure temporary emergency shelter.
Help for Homeless Veterans	877-424-3838	https://www.va.gov/	24-hour hotline for veterans who are homeless or at risk of homelessness.
Home Energy Assistance	530-621-6150 - Placerville 530-573-3490 - S. Lake Tahoe	https://www.edcgov.us/HHSA	No-cost weatherization and home repair services, and help with heating/cooling bills.
Hope House	530-622-3231, ext 242	https://hopehouse.org/	Offers a transitional housing program for women and their children that are homeless or soon to be.

Images of Hope El Dorado	530-208-9994	https://www.imagesofhopeeldorado.org	Providing movement and meditation thereapy to support all people on the Western Slope of El Dorado County affected by cancer or other traumas.
Information & Assistance	530-621-6369 800-510-2020		
Institue on Aging - Friendship Line	888-670-1360	https://www.ioaging.org/services/friendship-line/	The Friendship Line is California's largest warm line, and has never gone unanswered since it was founded in 1973 by Dr. Patrick Arbore. Dr. Arbore's observation that "connection to others binds us to life" led him to establish the Friendship Line, which provides phoe calls that offer emotional support and friendly conversation.
Jobs	530-642-4850 - Placerville 530-573-4330 - S. Lake Tahoe	https://www.edcgov.us/HHSA	Our Employment Resource Centers can help you update your resume or intervicew skill and assist you with your job search. We also offer workshops and training.
KC Non-Emergency Medical Transport	916-620-7779	https://kcnonemergencymedi.wixsite.com/kc-non-emergency-m-1	We offer specialized disability vans to ensure your non emergency medical transport needs are met with comfort and accessibility.
Keep Your Home California		https://keepyourhomecalifornia.org	Resources and links to assist homowners who are at risk of foreclosure.
Legal Advice for Seniors	530-621-6154		
LGBTQ+ Community - Depression		https://www.sageusa.org	If you're LGBTQ+ and experiencing symptoms of depression, you are NOT alone.
Live Violence Free-South Lake Tahoe	530-544-2118	https://liveviolencefree.org/	Emergency services and support for victims of domestic violence, seual assault, and child abuse.
Long Term Care Ombudsman	530-621-6271		

Low-Income Home Energy edcgov.us/hhsa Programs	530-621-6150	https://www.edcgov.us/hhsa	Provides financial assistance for utility costs and home energy efficiency upgrades to income eligible households.
Loves Luxury Rides	916-224-5436		Loves Luxury Rides comes highly recommended for its reliable, friendly, and fairly priced transportation services. Customers have praised the service for its punctuality, even during early morning airport runs, and the thoughtful touches like providing coffee.
Master Care Plan	530-505-4885	http://www.mastercareplan.com	Improving Post-Acute Care for Medi-Cal Recipients.
Medi-Cal		CalFresh - El Dorado County	
Mother Teresa Maternity Home	530-295-8006	https://motherteresamaternityhome.com/	The Convergence: Senior Care - Health Care - Managed Care Enhanced Care. Management & Community Supports under CalAIM.
National Institute on Aging		https://www.nia.nih.gov	NIA provides health information informed by research and reviewed by experts to help you learn about healthy aging and common health conditions in older adults.
New Morning Youth Shelter	530-626-4190	https://www.newmorningyfs.org/	Offers temporary housing, hot meals, clothing, and counseling services for kids ages 6-17.
Nurse Next Door	707-800-6057	https://www.nursenextdoor.com	Nurse Next Door is dedicated to helping clients with disabilities by providing personalized, compassionate home care services tailored to meet their unique needs.

Older Adult Services	530-621-6369 - Placerville 800-510-2020 - Toll-free	https://www.edcgov.us/HHSA	Low and no-cost services for seniors include activities, classes and nutritious lunches at Senior Centers.
Only Kindness	530-344-1864	https://www.onlykindness.net/	Provides information and support for homeless individuals trying to find affordable housing.
Progress House	530-626-9240	https://www.progresshouseinc.org/	Offers services to individuals affected by addiction. May provide residential, outpatient treatment and transitional living.
Public Health	530-621-6100 - Placerville 530-573-3155 - South Lake Tahoe	https://www.edcgov.us/HHSA	Public Health monitors and promotes the health of the community. We control disease outbreaks, issue birth/death certificates, respond to public health emergencies, etc.
Senior Activities	530-621-6255		
Senior Health Education Program	530-621-6192 530-621-6151		
Seniors Helping Seniors	916-343-8477	www.shseldorado.com	Personal care, Companionship, Shopping & Errands, Transportation, Light Housekeeping, Meal Prep & More.
Senior Nutrition Services	530-621-6160		Providing home-delivered meals and congregate dining for more than 40 years.
Senior Peer Counseling	530-903-3000	https://www.seniorpeer.org	Our mission is to provide counseling by trained Senior Volunteer to older adults who may be experiencing difficulties coping with grief, loneliness, depression and/or the aging process.
Snug Safety	Phone App	https://www.snugsafe.com	On your own, but never alone. Snug is a free app that checks in every day to make sure you're okay.
Society for the Blind	916-452-8271	https://www.societyfortheblind.org	Since 1954, Society for the Blind has provided services and programs for people who are blind or have low vision.

Support Services for In-Home Care & Family Caregivers	530-642-4800 - Placerville 800-510-2020 - Toll-free	https://www.edcgov.us/HHSA	We help arrange and pay for supportive services for elderly and disabled people so they can remain in their homes.
Supportive Services and Child Care		CalFresh - El Dorado County	Cash Aid
Tahoe Coalition for the Homeless	530-600-2822	https://tahoehomeless.org	Operates the Warm Room, providing wintertime overnight refuge for the homeless.
The Center - Domestic Abuse Services	530-626-1131 or 916-939-6616	www.TheCenterNow.org	The Center offers support for all members of Western Slope El Dorado County experiencing domestic violence or sexual assault-regardless of relationship status, gender, or sexual orientation.
The Center for Violence Free Relationships	530-626-1131	https://thecenternow.org/	Offers emergency services and support to victims of sexual assault and domestic violence.
The Club - Adult Day Care Services	530-621-6180	Adult Day Services - El Dorado County	El Dorado County Older Adult Day Services operates an adult day service program facility in Placerville. "The Club" adult day service program provides a warm, nurturing and friendly setting, offering a world of activity for body, mind and spirit; helping adults remain active and involved in the world around them.
The Upper Room	530-497-5146	Home - Upper Room Dining Hall, Inc.	Motivated by love and grace, the staff and volunteers at the Upper Room Dining Hall believe that words of respect and actions of kindness and compassion matter.
Tree House Ministries	530-647-6642	https://treehouse-ministries.org/	Provides transistioal housing for men with the purpose to transition these men back into society.

U.S. Department of Veterans Affairs	844-698-2311	https://www.va.gov/housing-assistance/	Offers housing assistance to service members, veterans, and their surviving spouses to buy a home or refinance a loan, or help build, repair, or keep a current home.
U.S. Dept. of Housing Urban Development (HUD)		https://hud.gov/	Resources and links to assist homeowners who are at risk of foreclosure.
U.S. Dept. of Housing Urban Development- HUD		https://www.hud.gov/	
U.S. Dept. of Housing Urban Development- HUD		https://hud.gov	Offers several programs aimed at individuals and families looking for low-income housing and affordable rental services.
U.S. Dept. of Housing Urban Development- HUD		https://www.hud.gov/	See HUD under Affordable Housing Section.
USDA Rural Development	530-217-6252	https://www.rd.usda.gov/programs-services	Offers programs to low-income individuals and families to obtain decent, safe and sanitary housing in eligible rural areas of the county.
Veteran Affairs	530-621-5892	https://www.edcgov.us/HHSA	We assist military veterans and their families in applying for Federal VA benefits.
Volunteer of America (VOA)	916-228-3153	https://www.voa.org/find-housing	Creates and manages low and moderate-income housing for the homeless, families with children, the elderly, veterans, and people with disabilities including physical and mental disabilities.
Volunteer Opportunities	530-621-6150		
Volunteers of America	916-228-3153	https://www.voa.org/find-housing	Offers a flexible continuum of housing and supportive services to individual veterans and veterans with families.

WEAVE	916-920-2952	http://www.weaveinc.org	We believe in the power and potential of every human. We support and empower survivors to make their own decisions and determine the options that work best for them. We honor the resiliency of those who have endured unimaginable trauma and their strength to move forward.
Women, infants & Children (WIC)	530-621-6176 - Placerville 530-573-3491 - S. Lake Tahoe	https://www.edcgov.us/HHSA	Nutrition education and healthy foods for women who are pregnant or recently gave birth, and children under age five.
You Are Not Alone	530-621-6255		