

Emergency Household Kit Check List

Emergencies can strike at any time. The emergency services do all they can to help, the person most responsible for your wellbeing before, during and after an emergency is ‘YOU’.

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Bottled Water

Never drink tap water until authorities advise it is safe. Water can be stored for 12 months in airtight containers. Label when water was last changed.

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Non-Perishable Food and Can Opener

Pack enough food to sustain your household for three days, including meals, drinks and snacks, in case you have to evacuate. If staying home, you will need high energy food with a long shelf life that's easy to prepare.

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Battery Operated Radio & Torch and Extra Batteries

Radio is often the best source of information in an emergency. Mark the frequencies of your ABC Local Radio and other local services on the radio. Ensure extra batteries are stored separately.

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First Aid Kit

Ensure your kit includes sunscreen, insect repellent and a fire-proof woollen blanket.

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Medications and Prescriptions (14-days)

Consider the medical needs for your entire household. Include a list of your medications with their title, dosage and copies of your prescriptions.

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Mobile phones, Charging Cables and Power Banks

Your phone can help you stay connected. If access to power is limited, charging cables and power banks are essential.

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Cash

ATMs and banks may not be operating in the early stages of any emergency, so it's useful to have a small amount of cash for urgent needs.

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Personal Protective Equipment (PPE)

Pack long-sleeve shirts, pants, and enclosed footwear, preferably made from natural fibres. Include safety glasses, heavy duty gloves, wide-brimmed hats and sturdy shoes or boots and woollen blankets.

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Your REDIPLAN

Your RediPlan has been designed to provide an easy-to-follow document to record and keep all your important household information.



Toiletries and Clean Clothes

Having toiletries and sanitary supplies will help keep you feel refreshed and give you a sense of routine.

Make sure to pack a change of clothes for all family members for 3-4 days.



Sentimental Items

Take personal items that hold special meaning to you and your loved ones.

Remembering irreplaceable items (e.g. photo albums, family videos, special jewellery) will help reduce the mental and emotional impacts of an emergency situation.



Comfort and Entertainment Items

Pack familiar activities to keep children engaged, making sure to talk with them about what matters most. Adults will also appreciate having something to do during downtime or waiting periods.



Animal Essentials

Think about the needs of your pets and animals over at least a week. This might include food, identification, medication, transport and accommodation.



Photographs of Valuable Household Items

Take photos of important household items, particularly those that are insured, and store the images securely. Ensure valuable items are kept well above ground level or use waterproof containers. Create an up-to-date list of valuable items and map where they're stored in your home for easy access.



Scans or Photocopies of Important Documents

Create a backup copy of your important documents and keep your scans and copies in your kit. Additionally, securely store them in an alternative place to home, e.g. in a locked drawer at work, with a family member, or in the cloud.

Passports

Licences

Medical documents

Marriage and birth certificates

Mortgage papers

Wills

Insurance documents

Immunisation records

Rate Notice

Land titles

Keep your completed Emergency Household Kit somewhere easy to access. Mark it clearly with reflective tape and make sure everyone in your household and support network knows where it is. Set a reminder in your phone and calendar to update your kit annually to reflect any changes to your household or location.



Emergencies Happen

Plan Respond Recover



Bridgewater on Loddon Development Inc.