

How to become a confident and powerful speaker

Do you wish to capture your audience's attention and inspire them with your composure, knowledge and skill? Or do you fear speaking in public will reveal you as an impostor?

You may have an important message to deliver... but... the biggest blocker of confidence is DOUBT!

What if I could give you a simple hack to transform your lack-luster presentation into one with passion, purpose and poise?

When 55-93% of what we communicate is non-verbal, body language cues are powerful indicators of someone's state of being: We know when someone is feeling anxious or nervous if they fidget, avoid eye contact, or cross their arms in front of their body. Conversely, we believe someone is confident and relaxed when they stand tall, make direct eye contact, and use open gestures.

Body language, like any other language, can be mastered.

Once you learn the fundamentals of this non-verbal language, you will adapt your body, facial expressions and hand gestures to intentionally convey your message, with what is interpreted by your audience, as confidence. Your audience will "read" your body language and believe you are a seasoned, highly skilled and influential speaker.

If you desire the confidence to communicate more effectively, intentionally, comment "I'm in!" to register for my FREE workshop.

