

Evolution Swim School

Company No. **SC751912**



Welcome Pack - Edinburgh

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Welcome!

Welcome to Evolution Swim School!

Thank you for choosing Evolution Swim School to help achieve your swimming goals. We're delighted to have you join us and look forward to supporting you or your child on an exciting swimming journey.

Who We Are:

Established in 2018 by Commonwealth Games medallist Kieran McGuckin, Evolution Swim School combines over 20 years of competitive swimming experience and 18 years of teaching expertise. Our mission is to deliver high-quality swimming lessons at an affordable price while creating a safe, fun, and engaging environment for all swimmers.

What We Offer:

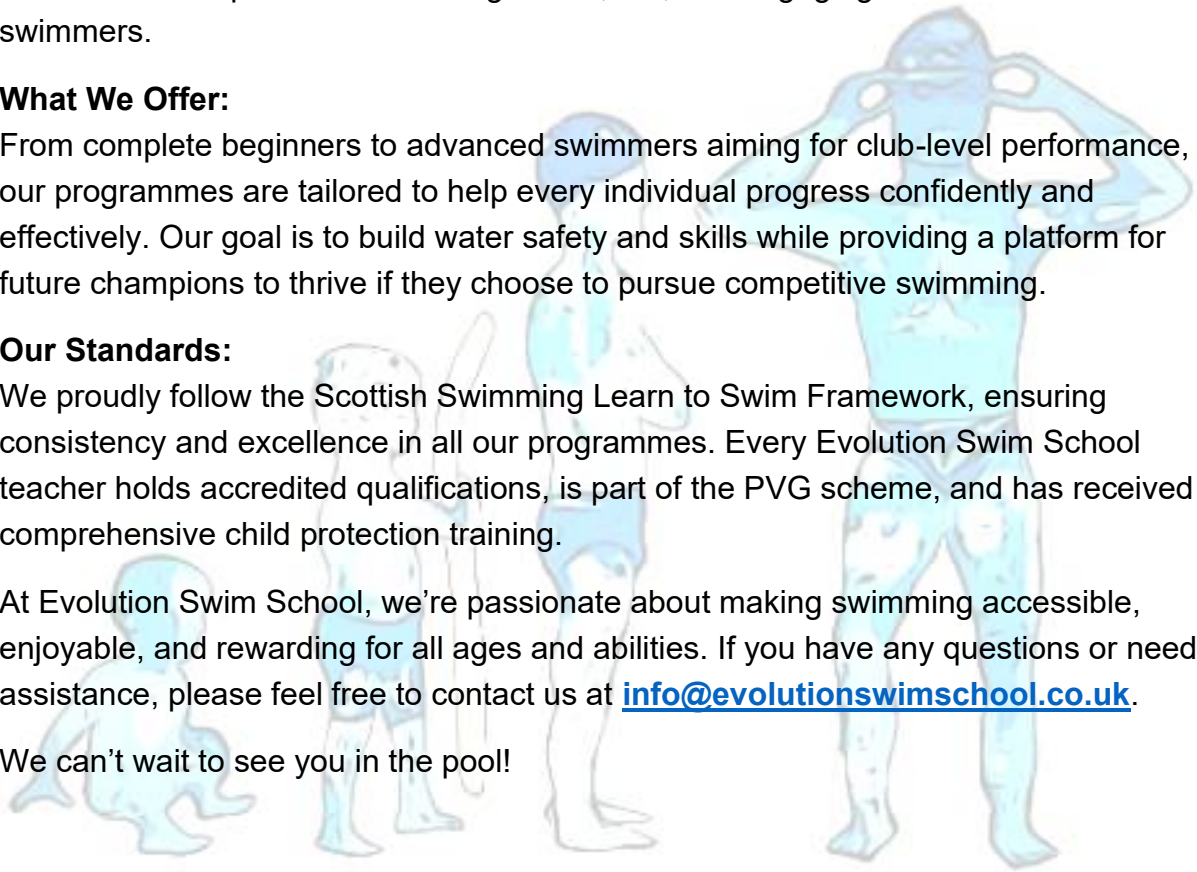
From complete beginners to advanced swimmers aiming for club-level performance, our programmes are tailored to help every individual progress confidently and effectively. Our goal is to build water safety and skills while providing a platform for future champions to thrive if they choose to pursue competitive swimming.

Our Standards:

We proudly follow the Scottish Swimming Learn to Swim Framework, ensuring consistency and excellence in all our programmes. Every Evolution Swim School teacher holds accredited qualifications, is part of the PVG scheme, and has received comprehensive child protection training.

At Evolution Swim School, we're passionate about making swimming accessible, enjoyable, and rewarding for all ages and abilities. If you have any questions or need assistance, please feel free to contact us at info@evolutionswimschool.co.uk.

We can't wait to see you in the pool!



Adult Lessons

At **Evolution Swim School**, we welcome adult learners of all abilities—whether you're a novice taking your first steps into the water or a triathlete looking to refine your technique. Our lessons are tailored to suit individual goals, offering a flexible and personalised approach to learning.

Why Choose Us?

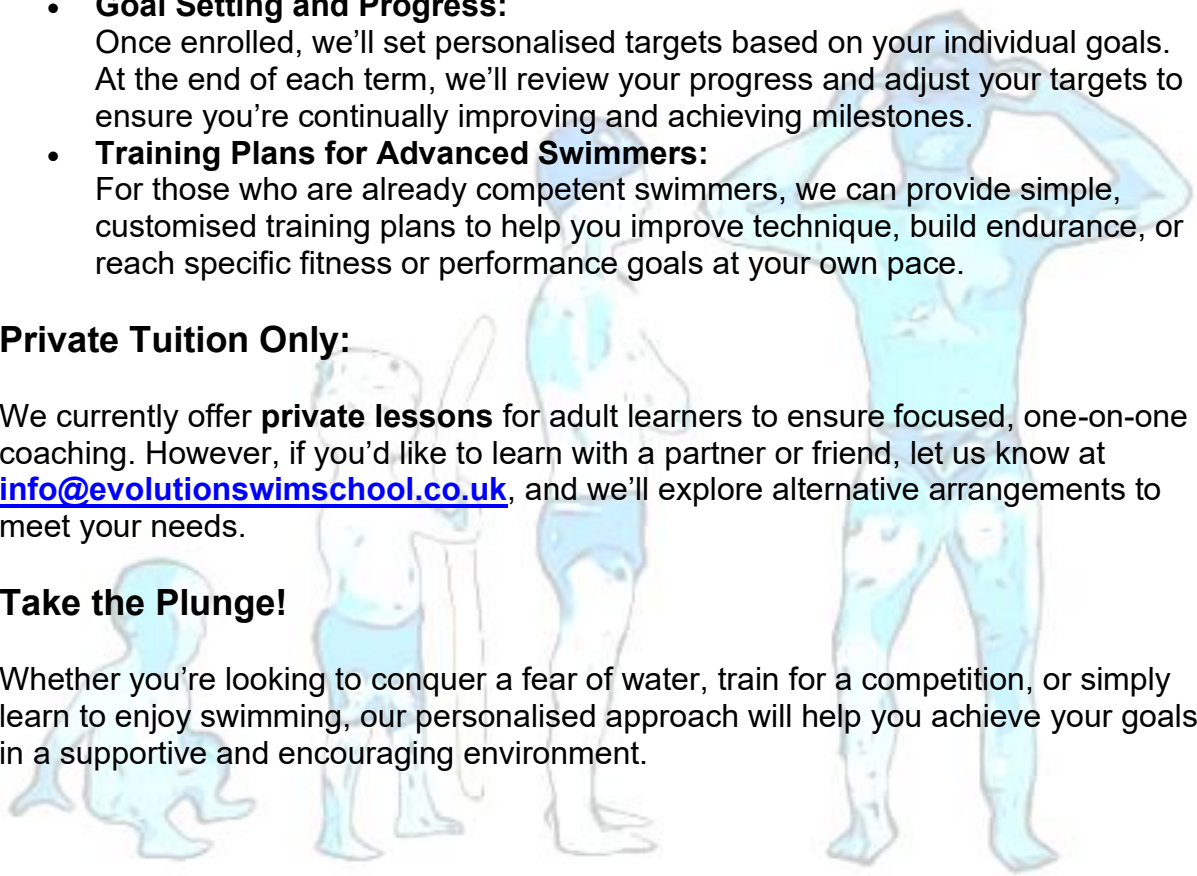
- **Flexible Learning:**
Unlike rigid programmes, our adult lessons give you the opportunity to influence what you want to focus on—be it mastering basic water confidence, improving stroke technique, or building endurance.
- **Goal Setting and Progress:**
Once enrolled, we'll set personalised targets based on your individual goals. At the end of each term, we'll review your progress and adjust your targets to ensure you're continually improving and achieving milestones.
- **Training Plans for Advanced Swimmers:**
For those who are already competent swimmers, we can provide simple, customised training plans to help you improve technique, build endurance, or reach specific fitness or performance goals at your own pace.

Private Tuition Only:

We currently offer **private lessons** for adult learners to ensure focused, one-on-one coaching. However, if you'd like to learn with a partner or friend, let us know at info@evolutionswimschool.co.uk, and we'll explore alternative arrangements to meet your needs.

Take the Plunge!

Whether you're looking to conquer a fear of water, train for a competition, or simply learn to enjoy swimming, our personalised approach will help you achieve your goals in a supportive and encouraging environment.

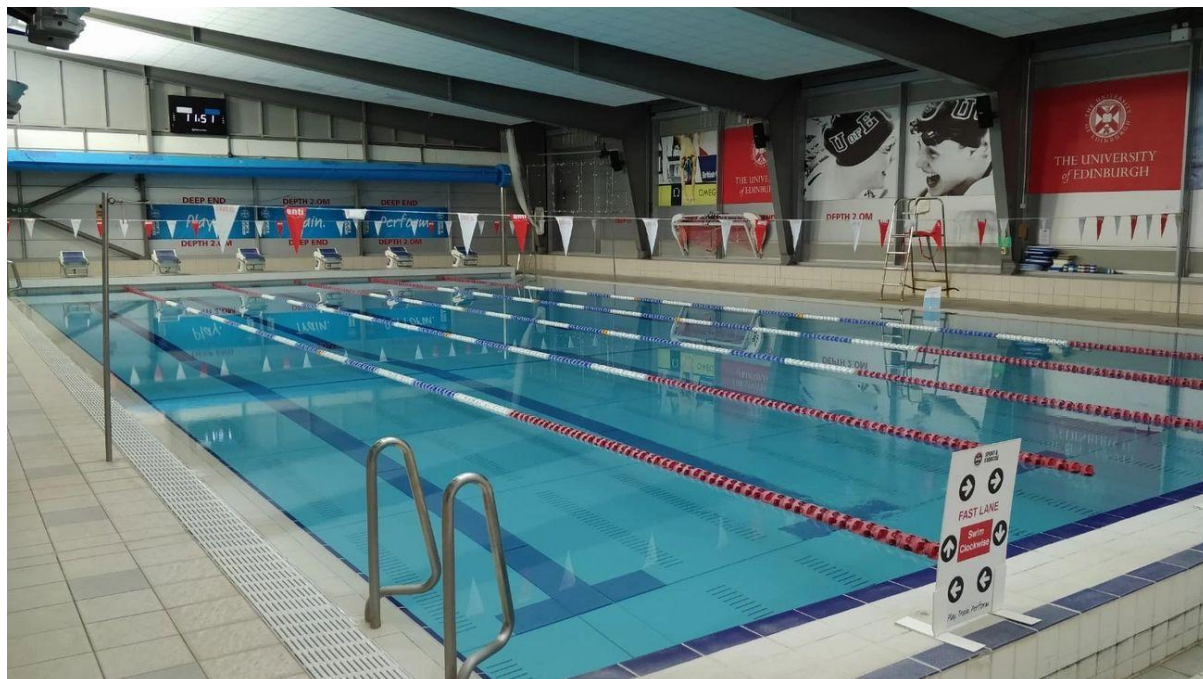


Locations and Days

St Leonard's Land

Monday & Tuesday 5pm – 7pm

Saturday 9am – 11am



St Leonard's Land has a 6 lane 25m swimming pool that has a 1.2m shallow end and 2m deep end. Children can build their confidence in the shallow end and there is always the option to take lessons into the deep end once they are ready.

St Leonard's Land is located in Edinburgh city centre a stone's throw away from the Royal Mile. This is a state-of-the-art facility perfect for swimming lessons for all ages and abilities. There is both on site a street parking available.

For directions to St Leonard's Land [click here](#)

We currently run both private and group learn to swim lessons for all ability groups.

Portobello High School

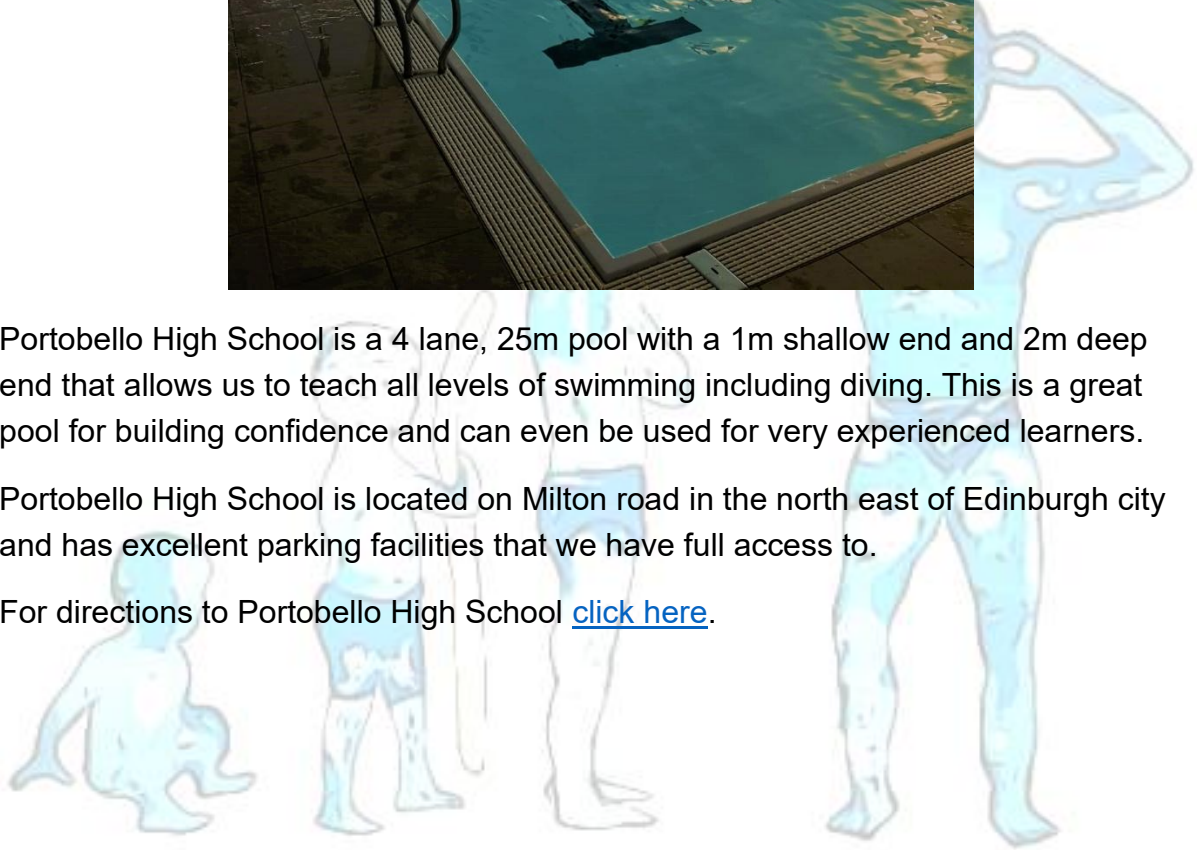
Wednesday 4pm – 7pm



Portobello High School is a 4 lane, 25m pool with a 1m shallow end and 2m deep end that allows us to teach all levels of swimming including diving. This is a great pool for building confidence and can even be used for very experienced learners.

Portobello High School is located on Milton road in the north east of Edinburgh city and has excellent parking facilities that we have full access to.

For directions to Portobello High School [click here](#).



Abbeyhill Primary School

Thursday 3.30pm – 6pm



Abbeyhill Primary School is a 2 lane 15m pool that is, 1m at the shallow end and 1.5m at the deep end allowing us to accommodate all ranges of abilities (Up to Learn Gold). Children can build their confidence in the shallow end and build up to swimming full lengths independently.

Abbeyhill Primary is located at the bottom of the Royal Mile and is an excellent location for those looking for swimming lessons in the city centre. The nearest bus stop a two minute walk away.

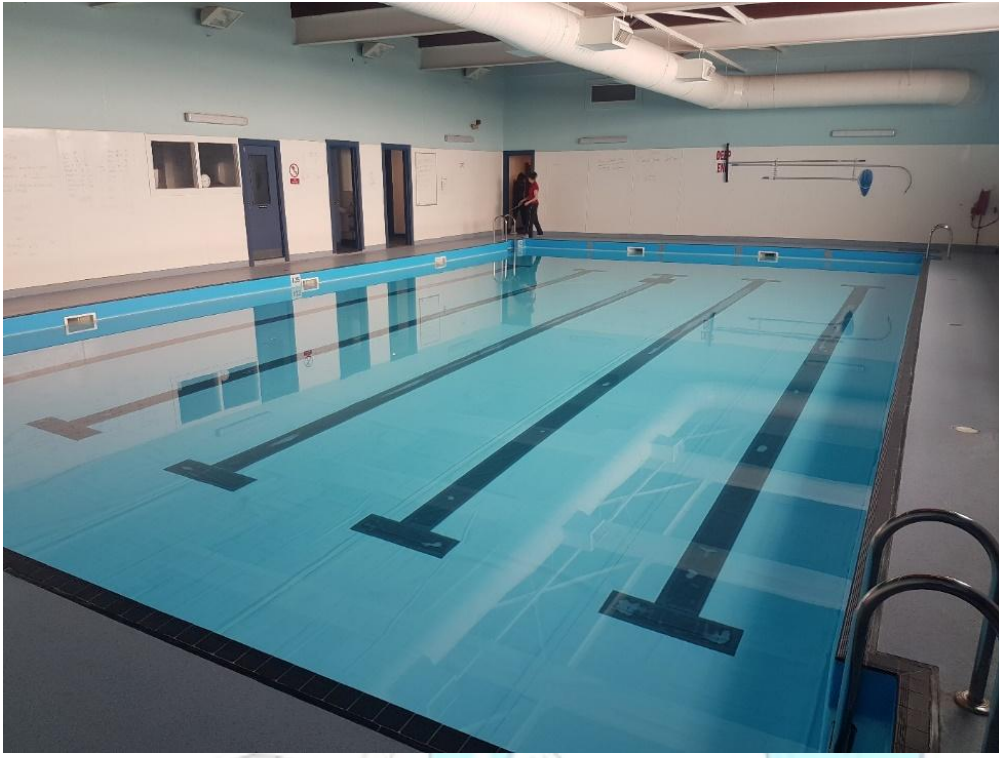
We currently run private and group swimming lessons at Abbeyhill on Thursday afternoon 3.30pm – 6pm

During lessons we have sole access to the pool, this will ensure there is no distractions going on in the background and there is an abundant amount of space for everyone to enjoy their lessons.

For directions to Abbeyhill Primary School [click here](#).

Royal High School

Friday 4pm – 8pm



Royal High School is a 5 lane 20m pool that is, 1.1m at the shallow end and 1.73m at the deep end allowing us to accommodate all ranges of abilities. Children can build their confidence in the shallow end and there is always the option to take lessons into the deep end once they are ready.

During lessons we have sole access to the pool, this will ensure there is no distractions going on in the background and there is an abundant amount of space for everyone to enjoy their lessons.

For directions to Royal High School [click here](#).

We currently run Learn to Swim lessons for all ability groups on a Friday evening.

Term Dates

Lesson Schedule and Term Dates

At Evolution Swim School, our lessons run continuously throughout the year, following school term times and holidays: **Autumn, Winter, Spring, and Summer**. This schedule ensures consistency in learning while accommodating family routines.

Summer Camps

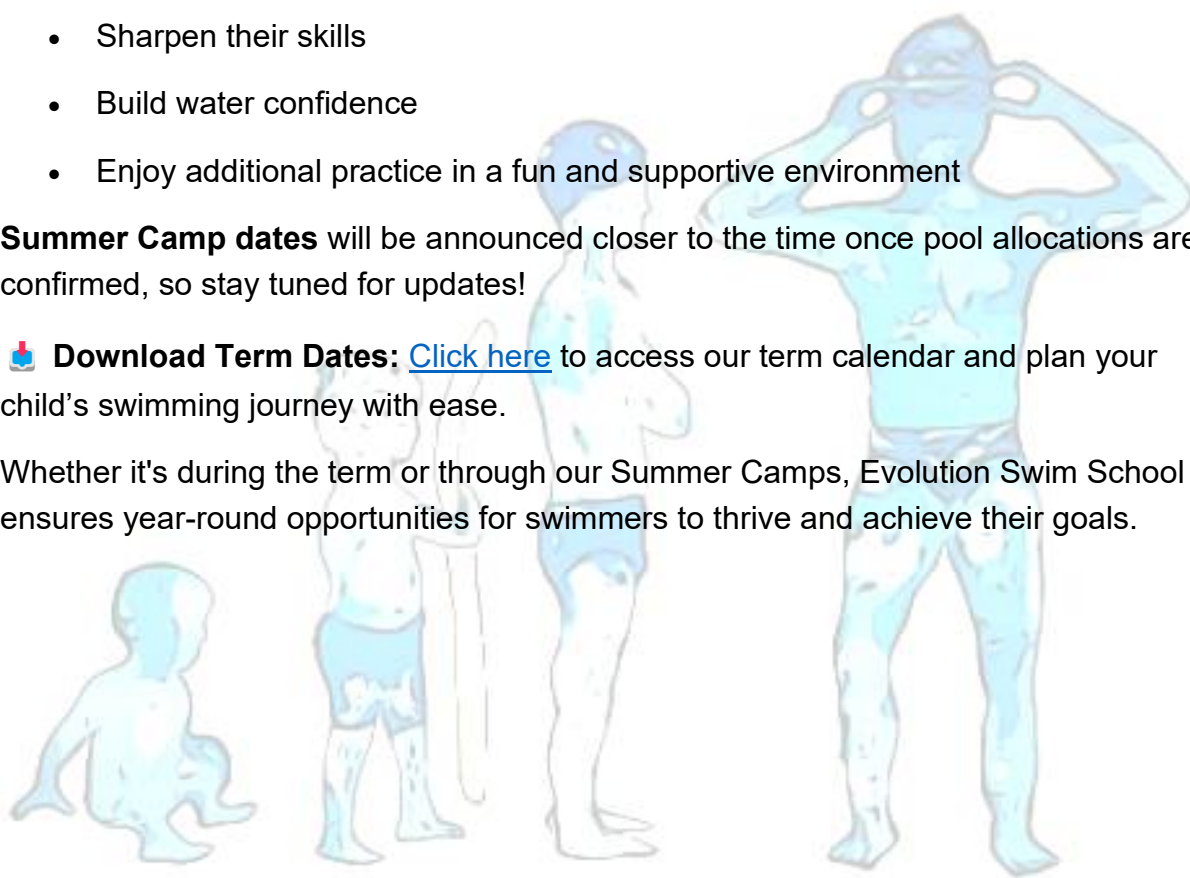
In addition to our regular lessons, we offer exciting **Summer Camps** during the school summer holidays. These camps provide an excellent opportunity for swimmers to:

- Sharpen their skills
- Build water confidence
- Enjoy additional practice in a fun and supportive environment

Summer Camp dates will be announced closer to the time once pool allocations are confirmed, so stay tuned for updates!

📄 **Download Term Dates:** [Click here](#) to access our term calendar and plan your child's swimming journey with ease.

Whether it's during the term or through our Summer Camps, Evolution Swim School ensures year-round opportunities for swimmers to thrive and achieve their goals.



Payment Information

At Evolution Swim School we have two options for our adult learners to suit everyone's needs.

Monthly Direct Debit:

- **£122/month for a weekly 1 : 1 lesson**
- Payments are collected on the **1st of each month**, except for July when no weekly lessons take place.
- If you join partway through a month, you'll receive an instant payment link to cover the remainder of that month's lessons. Your direct debit will then begin on the following **1st of the month**.
- The cost is calculated based on 40 lessons delivered over an 11-month period, taking into account pre-planned holiday breaks and term dates.
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Block Booking:

- **£33.55/lesson**
- Minimum 6 lessons booking required
- Can be extended at the end of your block booking

We're committed to making swimming lessons accessible, transparent, and straightforward for all!

