

Evolution Swim School

Company No. **SC751912**

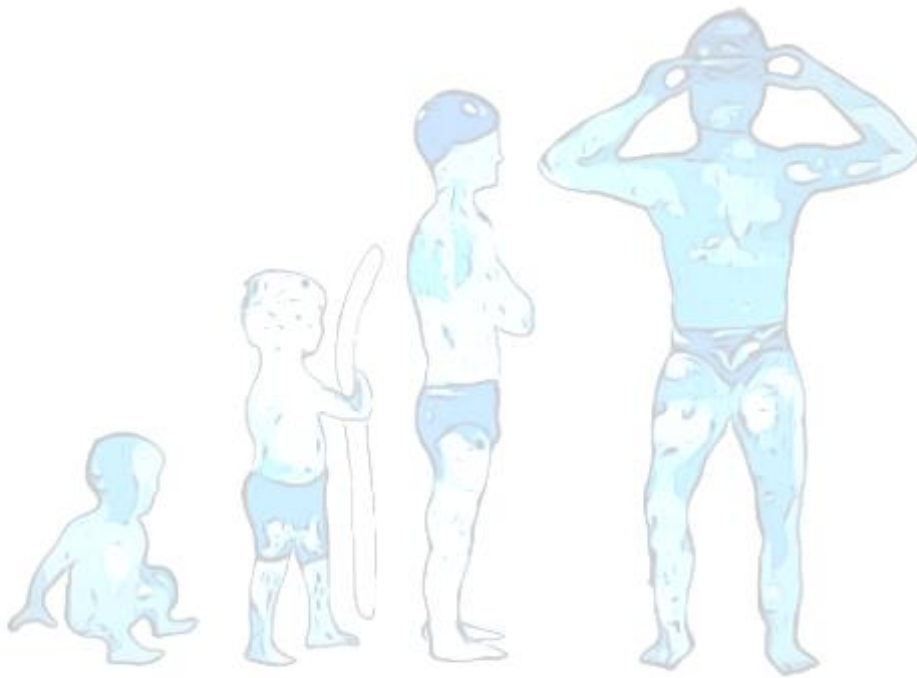


Welcome Pack - Falkirk

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Welcome!

Welcome to Evolution Swim School and thank you for choosing us to help fulfil your swimming goals. This is a short welcome pack to help you get to know our company and how we operate. If there is anything in the pack that you do not understand please contact us at info@evolutionswimschool.co.uk.

Evolution Swim School is a private learn to swim company (est. 2018) set up by Kieran McGuckin that aims to deliver the highest quality lessons possible for a reasonable price.

After competing for Scotland at the 2018 Commonwealth Games, Gold Coast Australia, and helping Scotland achieve its first ever Medal in the 4x100m Freestyle Relay Kieran decided to open Evolution Swim School.

Having nearly 20 years' experience competing and 10 years' teaching, Evolution Swim School aims to combine both the professional and fun aspect of swimming to provide a unique way of learning to swim. From beginners all the way through to club level athletes we will provide the right programme to meet your desired results.

At Evolution Swim School we aim to try and help swimmers become confident and safe in the water, while also providing a platform so that they can one day progress to the level they desire.

We follow the Scottish Swimming, the National Governing Body, Learn to Swim Framework which aims to raise standards and achieve consistency in swimming programmes across Scotland.

At Evolution Swim School we aim to provide a personal experience to all those taking part in lessons and always make sure everyone is taught in a safe and fun environment.

This means all teachers who are under a contract of service with Evolution Swim School must be part of the PVG scheme, had proper training regarding child protection and hold at minimum a level 1 UKCC accredited Teaching Aquatics qualification.

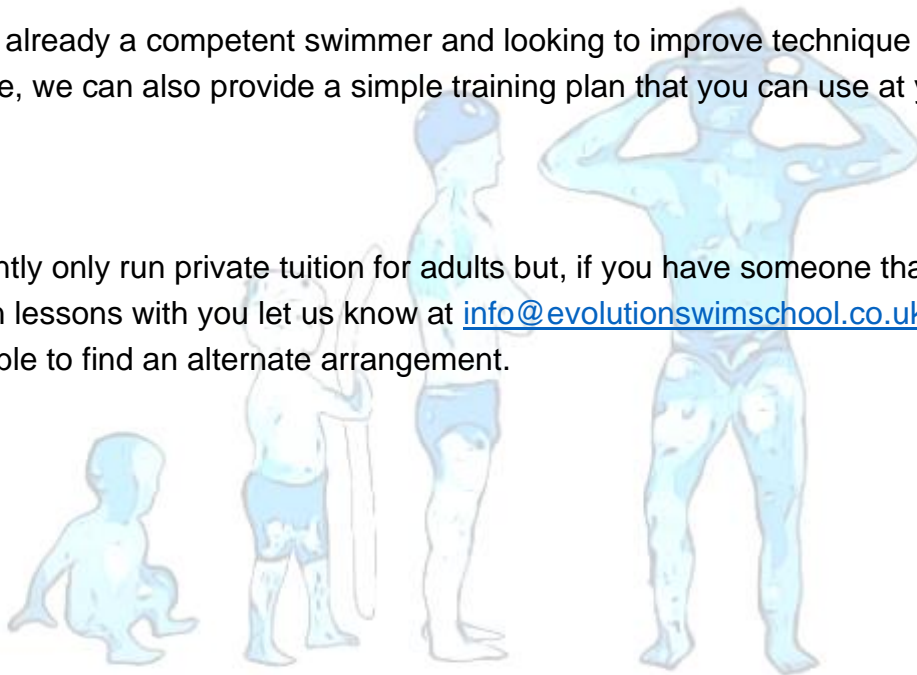
Adult Lessons

At Evolution Swim School we cater to all levels of Adult learners, from novice to triathlete and aim to help everyone achieve their own individual goals. Instead of following a rigid learn to swim programme, adult learners will be given the opportunity to have input to what they want to learn.

Once you have signed up for a term of lessons, we will set specific targets that you will aim to achieve. At the end of each term we will assess how much progress has been made and give us the opportunity to add/change the goals you are aiming to achieve.

If you are already a competent swimmer and looking to improve technique or endurance, we can also provide a simple training plan that you can use at your own leisure.

We currently only run private tuition for adults but, if you have someone that would like to join lessons with you let us know at info@evolutionswimschool.co.uk and we may be able to find an alternate arrangement.



Locations and Days

Falkirk

Larbert High School

Wednesday 5.15pm – 8.30pm, Thursday 4pm – 6.15pm



Larbert High School is a 5 lane 25m pool that is, 0.7m at the shallow end and 1.8m at the deep end. This allows us to accommodate all ranges of abilities. Building confidence in the shallow end and there is always the option to take lessons into the deep end once ready.

During lessons we have sole access to the pool, this will ensure there is no distractions going on in the background and there is an abundant amount of space for everyone to enjoy their lessons.

For directions to Larbert High School [click here](#).

We currently run Learn to Swim lessons for all ability groups on a Wednesday and Thursday evening.

Graeme High School

Sunday 9am – 5pm



Graeme High School is a 6 lane 20m pool that is, 0.8m at the shallow end and 1.6m at the deep end. This allows us to accommodate all ranges of abilities, building confidence in the shallow end and practicing advanced skills in the deep end.

During lessons we have sole access to the pool, this will ensure there is no distractions going on in the background and there is an abundant amount of space for everyone to enjoy their lessons.

For directions to Graeme High School [click here](#).

We currently run private and group lessons for all ability groups on a Sunday.

Term Dates

Lessons are run over 4 blocks which mirror the School term times; Autumn, Winter, Spring and Summer. With the addition of Summer Camps that run over the course of the school Summer Holidays. Summer Camp dates will be released closer to the time once there has been pool time allocated.

You can download our term dates [here](#).

Payments

Payments will be made via monthly direct debit. Each payment will be collected on the 1st of each month excluding July as there are no weekly lessons. The cost has been calculated by the number of lessons over the 11-month period and includes all the pre-planned holiday dates. If you join mid-way through a month, you will be sent an instant payment link for the remainder of the lessons for that month with the direct debit starting the following 1st.

40 lessons will be delivered within a 12-month calendar year.

Cost:

Private: £112.50/month

