

# HELPFUL OT SUPPLIES

1

A computer or tablet rather than a mobile phone so that we can share our screen for online activity use.



2

Paper, crayons, scissors (child size), markers.



3

Play doh and/or putty.



4

Space for moving (jumping jacks, small obstacle course, etc.)



5

Yoga ball (if you have one)



6

Please let us know if you have access to a printer for additional activities for your child's session

