



**BOERNE ATHLETICS**  
**CHEER AND TUMBLING**

2025-2026 TEAM INFORMATION PACKET

INFO@BOERNEATHLETICS.COM



## **WELCOME TO BOERNE ATHLETICS**

AS WE KICK OFF OUR INAUGURAL SEASON AT BOERNE ATHLETICS FOR 2025-2026, WE ARE BEYOND EXCITED TO WELCOME ALL ATHLETES AND FAMILIES TO OUR PROGRAM! TO THOSE WHO HAVE PLACED THEIR TRUST IN US FROM THE VERY BEGINNING, THANK YOU FOR BEING PART OF THIS JOURNEY. YOUR DEDICATION AND PASSION WILL HELP SHAPE THE FOUNDATION OF OUR GYM.

AT BOERNE ATHLETICS, WE ARE COMMITTED TO BUILDING A CULTURE OF EXCELLENCE, TEAMWORK, AND PERSEVERANCE. OUR MISSION IS TO EMPOWER ATHLETES TO REACH THEIR FULL POTENTIAL—BOTH ON AND OFF THE MAT—BY PROVIDING TOP-TIER TRAINING, UNWAVERING SUPPORT, AND A POSITIVE, FAMILY-ORIENTED ENVIRONMENT. WHETHER YOU'RE HERE TO COMPETE AT THE HIGHEST LEVEL OR BUILD CONFIDENCE THROUGH THE SPORT OF CHEER, WE ARE DEDICATED TO HELPING YOU GROW, THRIVE, AND SUCCEED.

THIS IS JUST THE BEGINNING OF SOMETHING INCREDIBLE, AND WE CAN'T WAIT TO CREATE LASTING MEMORIES TOGETHER. WELCOME TO THE FIRST-EVER SEASON OF BOERNE ATHLETICS CHEER AND TUMBLING!

## WHY CHOOSE BOERNE ATHLETICS CHEER AND TUMBLING?

AT BOERNE ATHLETICS, WE ARE DEDICATED TO PROVIDING AN EXCEPTIONAL CHEER EXPERIENCE WHERE ATHLETES CAN GROW, EXCEL, AND ACHIEVE THEIR GOALS. OUR PROGRAM IS DESIGNED TO PRIORITIZE TOP-TIER TRAINING, EXPERT COACHING, AND A FAMILY-ORIENTED ATMOSPHERE THAT FOSTERS CONFIDENCE, TEAMWORK, AND SUCCESS.

### ★ PROFESSIONAL CHOREOGRAPHY & SKILL DEVELOPMENT

OUR ELITE TEAMS PARTNER WITH RENOWNED CHOREOGRAPHERS TO DEVELOP INNOVATIVE, HIGH-QUALITY ROUTINES THAT ELEVATE THE ATHLETE'S EXPERIENCE. THROUGHOUT THE SEASON, WE BRING IN SPECIALTY CHOREOGRAPHERS AND SKILL EXPERTS TO REFINE AND ENHANCE ROUTINES, ENSURING OUR TEAMS REMAIN COMPETITIVE AND PERFORM AT THEIR HIGHEST LEVEL.

### ★ STRUCTURED & TRANSPARENT PAYMENT SYSTEM

WE PROVIDE A CLEAR, STRUCTURED PAYMENT PLAN THAT BREAKS FEES INTO MANAGEABLE MONTHLY INSTALLMENTS TO ASSIST FAMILIES. ALL COACHING FEES FOR END-OF-SEASON EVENTS, INCLUDING MAJOR COMPETITIONS, ARE INCLUDED IN OUR FINANCIAL STRUCTURE—NO UNEXPECTED COSTS LATER IN THE SEASON!

### ★ EXCLUSIVE TRAINING OPPORTUNITIES

OUR ATHLETES HAVE ACCESS TO SPECIALIZED TRAINING CAMPS AND CLINICS LED BY TOP INDUSTRY EXPERTS TO ENSURE THEY ARE WELL-PREPARED FOR COMPETITION SEASON. WE PRIORITIZE BOTH SKILL MASTERY AND CONFIDENCE-BUILDING TO HELP ATHLETES REACH THEIR FULL POTENTIAL.

### ★ END-OF-SEASON CHAMPIONSHIP EXPECTATIONS

AT BOERNE ATHLETICS, WE TRAIN WITH SUMMIT, US FINALS, AND OTHER PRESTIGIOUS EVENTS IN MIND. UNLIKE OTHER GYMS, QUALIFYING FOR END-OF-SEASON EVENTS IS EXPECTED AND COVERED BY BOERNE ATHLETICS, ELIMINATING LAST-MINUTE FINANCIAL SURPRISES.

### ★ PERSONALIZED ATHLETE EXPERIENCE

EVERY ATHLETE AT BOERNE ATHLETICS RECEIVES CUSTOM APPAREL THROUGHOUT THE SEASON, INCLUDING PRACTICE WEAR AND EXCLUSIVE END-OF-SEASON GEAR. OUR GOAL IS TO CELEBRATE OUR ATHLETES AND ENSURE THEY FEEL VALUED EVERY STEP OF THE WAY.

### ★ PASSIONATE & EXPERIENCED COACHING STAFF

OUR COACHING STAFF BRINGS YEARS OF HIGH-LEVEL EXPERIENCE AS BOTH ATHLETES AND COACHES, CREATING A KNOWLEDGEABLE AND SUPPORTIVE ENVIRONMENT.

AT BOERNE ATHLETICS, WE BELIEVE IN BUILDING CHAMPIONS—ON THE MAT AND IN LIFE. JOIN US FOR AN UNFORGETTABLE SEASON OF HARD WORK, GROWTH, AND SUCCESS!

# PROGRAM OVERVIEW

## **ELITE TEAM PRACTICES**

ELITE TEAMS ARE REQUIRED TO PRACTICE FOR 4 HOURS PER WEEK, WITH ATHLETES EXPECTED TO ATTEND ALL PRACTICES. JOINING THE BOERNE ATHLETICS ELITE PROGRAM ENTAILS A YEAR-LONG COMMITMENT, WHERE ATHLETES ARE EXPECTED TO PRIORITIZE THEIR PARTICIPATION AND FULLY COMMIT TO ATTENDING ALL SCHEDULED PRACTICES.

## **EXTRA PRACTICES**

EXTRA PRACTICES MAY BE NECESSARY THROUGHOUT THE SEASON. WE TYPICALLY SCHEDULE EXTRA PRACTICES WELL IN ADVANCE, AND ATTENDANCE IS MANDATORY. PLEASE KEEP SCHEDULES FLEXIBLE IN THE MONTHS OF FEBRUARY, MARCH, AND APRIL DUE TO ROUTINE UPGRADES WITH CHOREOGRAPHERS, WHICH MAY REQUIRE ADDITIONAL OR EXTENDED PRACTICES.

## **BLACKOUT DATES**

WE ASK ATHLETES TO BE AVAILABLE FOR EXTRA PRACTICES TWO WEEKENDS PRIOR TO ANY SHOW-OFF OR COMPETITION, IF NEEDED.

## **ATTENDANCE POLICY**

ATHLETES ARE EXPECTED TO ATTEND ALL PRACTICES. WE ENCOURAGE PARTICIPATION IN SCHOOL CHEER AND WILL DO OUR BEST TO SCHEDULE TEAM PRACTICES THAT DO NOT CONFLICT WITH SCHOOL CHEER. TIME MANAGEMENT IS IMPORTANT, AND COMMITMENT TO THE TEAM DURING SCHEDULED PRACTICE TIMES MUST COME FIRST. LAST-MINUTE ABSENCES DUE TO ILLNESS MUST BE DIRECTLY COMMUNICATED TO THE COACH, WHO WILL DETERMINE WHETHER OR NOT THE ABSENCE IS APPROVED. PLEASE INFORM US OF VACATION PLANS OR PLANNED ABSENCES BY EMAILING [MARCUS@BOERNEATHLETICSCHEER.COM](mailto:MARCUS@BOERNEATHLETICSCHEER.COM). PLEASE DO YOUR BEST TO PLAN VACATIONS DURING THE GYM CLOSURE SCHEDULE ON PAGE 7 OF THIS PACKET. WE VALUE THE COMMITMENT OF EVERY ATHLETE, PARENT, AND COACH, AND WOULD LIKE TO ENSURE ALL PRACTICES ARE PRODUCTIVE.

**MISSING PRACTICES FOR OTHER CLUB SPORTS, BIRTHDAY PARTIES, ETC., IS NOT PERMITTED.**

## **COMPETITION ATTENDANCE POLICY**

ATHLETES ARE NOT PERMITTED TO MISS PRACTICE DURING THE WEEK OF A COMPETITION OR ON COMPETITION DAYS. IT IS ESSENTIAL THAT THEY ARRIVE ON TIME, FULLY DRESSED, AND PREPARED TO PERFORM TO ENSURE THE TEAM'S SUCCESS.

## **COMPETITION INFORMATION**

AT BOERNE ATHLETICS, WE TRAIN WITH SUMMIT, US FINALS, AND OTHER PRESTIGIOUS EVENTS IN MIND. IT IS NOT JUST OUR GOAL, BUT OUR EXPECTATION TO QUALIFY AND COMPETE AT THESE EVENTS. BOERNE ATHLETICS WILL PROUDLY COVER THE REGISTRATION AND COACHES' FEES FOR THESE END-OF-SEASON EVENTS. ATHLETES ARE REQUIRED TO ATTEND ALL AWARDS CEREMONIES, DRESSED IN FULL UNIFORM. CELL PHONES ARE NOT ALLOWED ON THE AWARDS STAGE.

## **BOERNE ATHLETICS LOGO USAGE AND GUIDELINES**

GUIDELINES FOR THE USE OF THE BOERNE ATHLETICS LOGO(S) HAVE BEEN ESTABLISHED TO HELP ACHIEVE CONSISTENT VISUAL BRANDING. ONLY THROUGH THE CONSISTENT AND CORRECT USAGE OF OUR LOGOS CAN WE STRENGTHEN AND PROTECT OUR BRAND. BY ENROLLING YOUR ATHLETE, YOU AGREE TO THE FOLLOWING:

ALL BOERNE ATHLETICS LOGOS, NAMES, TEAM NAMES, MUSIC LYRICS, AND BRANDS ARE PROPERTY OF BOERNE ATHLETICS. USAGE OF ANY OF THESE WILL REQUIRE EXPRESSED WRITTEN CONSENT FROM [TRAE@BOERNEATHLETICS.COM](mailto:TRAE@BOERNEATHLETICS.COM). MERCHANDISE FEATURING ANY IDENTIFIABLE BOERNE ATHLETICS LOGO, GYM NAME (INCLUDING ABBREVIATIONS), TEAM NAMES, OR SLOGANS THAT IS NOT PURCHASED THROUGH AN APPROVED SOURCE IS NOT PERMITTED. INDEPENDENTLY SELLING OR DISTRIBUTING ITEMS WITH THE BOERNE ATHLETICS LOGOS OR IMITATION LOGOS WILL BE IN VIOLATION OF OUR PARENT CODE OF CONDUCT. FOR ANY QUESTIONS, PLEASE CONTACT TRAE AT [TRAE@BOERNEATHLETICS.COM](mailto:TRAE@BOERNEATHLETICS.COM).

# TUMBLING SKILLS BY LEVEL

## LEVEL 1

### STANDING TUMBLING:

- BWO
- BWO SERIES
- BWO SWITCH LEG
- VALDEZ

### RUNNING TUMBLING:

- CW - BWO SERIES
- FWO - CW - BWO SERIES
- FWO - CW
- HS - FR - CW - BWO SERIES

## LEVEL 2

### STANDING TUMBLING:

- BWO SWITCH LEG - BHS
- BWO - BHS STEP OUT - BWO
- BHS STEP OUT - BWO - BHS
- VALDEZ - BHS

### RUNNING TUMBLING:

- CW - BHS SERIES
- RO - BHS SERIES
- FWO - RO - BHS/BHS SERIES
- RO - BHS STEP OUT - BWO - BHS

### ABBREVIATIONS:

**BWO** - BACK WALKOVER, **FWO** - FRONT WALKOVER, **BHS** - BACK HANDSPRING, **RO** - ROUND OFF, **CW** - CARTWHEEL, **FHS** - FRONT HANDSPRING, **PF** - PUNCH FRONT, **HS** - HANDSTAND, **FR** - FORWARD ROLL

## LEVEL 3

### STANDING TUMBLING:

- BHS SERIES
- BHS STEP OUT - BHS SERIES
- BHS STEP OUT - BWO - BHS SERIES
- BWO - BHS - JUMP - BHS SERIES

### RUNNING TUMBLING:

- FWO - AERIAL
- RO - BHS - TUCK
- FWO - RO - TUCK
- FHS - PF

## LEVEL 4

### STANDING TUMBLING:

- BHS/BHS STEP OUT - TUCK
- JUMP - BHS SERIES - TUCK
- JUMP - BHS - TUCK

### RUNNING TUMBLING:

- RO - BHS - LAYOUT/STEP OUT
- FWO - RO - LAYOUT
- RO - ONODI - TO - LAYOUT
- RO - WHIP/TUCK - LAYOUT
- FHS - PF - LAYOUT

## LEVEL 5

### STANDING TUMBLING:

- BHS - WHIP - TUCK
- BHS - LAYOUT
- JUMP - BHS/SERIES - LAYOUT
- BHS/SERIES - WHIP/TUCK - TO LAYOUT

### RUNNING TUMBLING:

- FRONT FULL
- FWO - RO - TO FULL
- PF STEP OUT - RO - TO FULL
- FRONT HANDSPRING - PF - TO FULL
- RO - TO WHIP - TO FULL



# TEAM PRICING

## ELITE TEAMS

\$50 ANNUAL REGISTRATION  
FEE

+

\$300 MONTHLY TUITION  
JUNE-APRIL

+

\$3495 ALL STAR FEES

MONTHLY TUITION INCLUDES:

TEAM PRACTICES (4 HRS)  
TUMBLING/STUNTING (2 HRS)  
ADDITIONAL PRACTICES  
COACHES FEES  
CHOREOGRAPH & MUSIC  
PURE PASSION CAMP  
COMPETITION FEES

ALL-STAR FEES INCLUDE:

CHEER SHOES  
PRACTICE WEAR (2 SETS)  
UNIFORM  
WARM-UP JACKET  
BOW  
PRACTICE SHIRT  
USASF

## PREP TEAM

\$50 ANNUAL REGISTRATION  
FEE

+

\$175 MONTHLY TUITION  
JUNE-APRIL

+

\$2595 PREP FEES

MONTHLY TUITION INCLUDES:

TEAM PRACTICES (2 HRS)  
TUMBLING/STUNTING (2 HRS)  
ADDITIONAL PRACTICES  
COACHES FEES  
CHOREOGRAPHY & MUSIC  
PURE PASSION CAMP  
COMPETITION FEES

PREP FEES INCLUDE:

CHEER SHOES  
PRACTICE WEAR (1 SET)  
UNIFORM  
WARM-UP JACKET  
BOW  
PRACTICE SHIRT  
USASF

## NOVICE TEAMS

\$50 ANNUAL REGISTRATION  
FEE

+

\$150 MONTHLY TUITION  
JUNE-APRIL

+

\$1995 NOVICE FEES

MONTHLY TUITION INCLUDES:

TEAM PRACTICES (1.5 HRS)  
TUMBLING/STUNTING (1.5 HRS)  
ADDITIONAL PRACTICES  
COACHES FEES  
CHOREOGRAPHY & MUSIC  
COMPETITION FEES

NOVICE FEES INCLUDE:

CHEER SHOES  
PRACTICE WEAR (1 SET)  
UNIFORM  
WARM-UP JACKET  
BOW  
PRACTICE SHIRT  
USASF

## SHOW TEAM

\$50 ANNUAL REGISTRATION  
FEE

+

\$95 MONTHLY TUITION  
JUNE-APRIL

+

\$1695 SHOW FEES

MONTHLY TUITION INCLUDES:

TEAM PRACTICES (1.5 HRS)  
TUMBLING/STUNTING (1.5 HRS)  
ADDITIONAL PRACTICES  
COACHES FEES  
CHOREOGRAPHY & MUSIC  
COMPETITION FEES

SHOW TEAM FEES INCLUDE:

CHEER SHOES  
PRACTICE WEAR (1 SET)  
UNIFORM  
WARM-UP JACKET  
COMP BOW  
PRACTICE SHIRT  
USASF



# PAYMENT OPTIONS

## ELITE TEAMS

**PAID IN FULL (5% DISCOUNT)**

\$3495 ALL STAR FEES

**PAID IN 6**

- June: \$613.13
- July: \$613.13
- August: \$613.13
- September: \$613.13
- October: \$613.13
- November: \$613.13

**+ MONTHLY TUITION**

\$300/month

## PREP TEAM

**PAID IN FULL (5% DISCOUNT)**

\$2595 ALL STAR FEES

**PAID IN 6**

- June: \$455.26
- July: \$455.26
- August: \$455.26
- September: \$455.26
- October: \$455.26
- November: \$455.26

**+ MONTHLY TUITION**

\$175/month

## NOVICE TEAMS

**PAID IN FULL (5% DISCOUNT)**

\$1995 ALL STAR FEES

**PAID IN 6**

- June: \$350.00
- July: \$350.00
- August: \$350.00
- September: \$350.00
- October: \$350.00
- November: \$350.00

**+ MONTHLY TUITION**

\$150/month

## SHOW TEAM

**PAID IN FULL (5% DISCOUNT)**

\$1695 ALL STAR FEES

**PAID IN 6**

- June: \$297.37
- July: \$297.37
- August: \$297.37
- September: \$297.37
- October: \$297.37
- November: \$297.37

**+ MONTHLY TUITION**

\$95/month



# SCHEDULE

## IMPORTANT DATES

TRYOUTS!	MAY 30TH
PRACTICE STARTS	JUNE 9TH
CHOREOGRAPHY	JULY 21ST - 25TH
UNIFORM PAYMENT DUE	JUNE 13TH
PURE PASSION STUNT CAMP	JUNE 23RD - 24TH TIME: TBA
UNIFORM & WARMUP JACKET FITTING	MAY 27TH - JUNE 13TH

## BLACKOUT WEEKS

JUNE 9TH - 20TH JULY 7TH - 18TH
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TRYOUT CLINIC 5/27 & 5/28	LEVEL 1 & 2 5:00PM - 7:00PM	LEVEL 3 & UP 7:00PM - 9:00PM
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## GYM CLOSURE DATES

MAY 25TH - 27TH	MEMORIAL DAY WEEKEND (ALL TEAMS)
JUL 1ST - 6TH	JULY 4TH BREAK (ALL TEAMS)
AUG 8TH - 11TH	AUGUST BREAK (ALL TEAMS)
AUG 30TH - SEPT 2ND	LABOR DAY WEEKEND (ALL TEAMS)
NOV 24TH - 28TH	THANKSGIVING BREAK (ALL TEAMS)
DEC 20TH - JAN 4TH	CHRISTMAS & NEW YEARS (ALL TEAMS)
MAR 9TH - 13TH	SPRING BREAK (ALL TEAMS)
APR 5TH	EASTER SUNDAY (ALL TEAMS)

PLEASE PLAN ACCORDINGLY, AS THERE WILL BE NO TEAM PRACTICES OR TUMBLING CLASSES ON THESE DATES.





# CLASS OPTIONS

## TINY TUMBLERS

\$50 ANNUAL REGISTRATION  
FEE

+

\$75 MONTHLY TUITION

\*Duration: 45 minutes\*

\*Class Time: 4:30 PM - 5:15 PM\*

Our Tiny Tumblers program is designed to introduce young athletes to the fundamentals of tumbling, with a strong emphasis on developing motor skills. This engaging class fosters a love for movement while laying the groundwork for future athletic success.

## TUMBLING CLASS

\$50 ANNUAL REGISTRATION  
FEE

+

\$75 MONTHLY TUITION

\*Duration: 1 hour\*

We offer a tumbling class once a week with a low instructor-to-student ratio of 1:5. This tailored approach allows each athlete the best opportunity for progress and personalized instruction.

Tumbling Levels

- Basic Tumbling
- Level 1
- Level 2
- Tucks Class
- Layouts and Fulls

## 6-WEEK STUNT CAMP

\$50 ANNUAL REGISTRATION  
FEE

+

\$110 TUITION

\*Basic to Elite Level Stunting\*

Our 6-week stunt camp operates on a first-come, first-served basis, with each session lasting 45 minutes.

This comprehensive camp includes our Hyperflex Stretching Curriculum, designed to enhance flexibility, master body positions, and improve stunting abilities. Each session is divided into three distinct levels:

- Beginner
- Intermediate
- Advanced

## JUMP CLASS

\$50 ANNUAL REGISTRATION  
FEE

+

\$50 MONTHLY TUITION

\*Duration: 45 minutes\*

Our Jump Class is specifically designed to enhance jump performance and technique. This comprehensive curriculum incorporates targeted conditioning and specialized drills aimed at improving strength, flexibility, and overall jump execution. Athletes will engage in a variety of activities that not only focus on jump height but also on proper form and landing mechanics.



# COMPETITION SCHEDULE

EVENT PRODUCER	LOCATION	DATE
CHEER POWER - HALLOWEEN CHALLENGE	<i>San Antonio, TX</i>	10/25/2025
ENCORE	<i>Houston, TX</i>	12/12-14/2025
CHEER POWER - CASH BASH SHOWDOWN	<i>Galveston, TX</i>	1/10-11/2026
ACA GRAND NATIONALS	<i>Fort Worth, TX</i>	1/31-2/1/2026
SOUTHERN NATIONALS	<i>San Antonio, TX</i>	2/7-8/2026
CHEERSPORT	<i>Atlanta, GA</i>	2/13-15/2026
NCA CLASSICS	<i>San Marcos, TX</i>	2/15/2026
NCA	<i>Houston, TX</i>	2/27-3/1/2026

2025-2026 END OF YEAR COMPETITIONS		
THE YOUTH SUMMIT	TBA	TBA
THE D2 SUMMIT	TBA	TBA