

# ESTHETICIAN 600 CLOCK HOURS

## ESTHETICIAN CURRICULUM DESCRIPTION

Completing 600 hours of applied effort and the following technical and operational requirements, a student will learn the art and science of skin care which includes all skin care procedures.

Graduates, once licensed, can secure positions as a skin care specialist, spa technician, make-up artist. Successful graduates will have the knowledge and skills needed to pass the required California State Board examination for Esthetician licensure.

## COURSE GOALS

- Knowledge of State Board Rules and Regulations, laws, and other administrative requirements of cosmetology practices.
- Assimilation of knowledge in skin care, principles of electricity as they apply to all Skin care treatments.
- Demonstrations by students that they have met all the state behavioral objectives prescribed for the course preparatory to state licensure examinations.

## COURSE MATERIALS

- Milady Standard Skin Care, 10th Edition - Milady Publishing Corporation
- 2024 Barbering and Cosmetology Act and Regulations - California Department of Consumer Affairs
- Esthetician kit
- Instructor Handouts

## MAJOR SEGMENTS OF COURSE CONTENT

Required by the California Board of Barbering and Cosmetology in preparation to take the licensing exam:

| <b>SUBJECT</b>                                         | <b>Minimum Hours of Technical Instruction</b> | <b>Minimum Practical Operations</b> |
|--------------------------------------------------------|-----------------------------------------------|-------------------------------------|
| Cos. Act. Rules, and Regulations, Laws                 | 20                                            |                                     |
| Cosmetology Chemistry                                  | 20                                            |                                     |
| Health and Safety/Anatomy                              | 30                                            |                                     |
| Electricity                                            | 5                                             |                                     |
| Disinfection and Sanitation                            | 20                                            | 100                                 |
| Infection Control/Biology                              | 25                                            |                                     |
| Facials – Manual                                       | 15                                            | 75                                  |
| Facials – Electrical                                   | 15                                            | 75                                  |
| Chemical Facials                                       | 10                                            | 50                                  |
| Eyebrow Arching and Hair Removal & Lash Beautification | 25                                            | 50                                  |
| Make-Up                                                | 15                                            | 50                                  |
| <b>TOTAL HOURS:</b>                                    | <b>200 THEORY</b>                             | <b>400 PRACTICAL</b>                |

## LEARNING METHODS

Lectures and discussions, demonstrations, guest lectures and experts, audio and visual instructional aids, actual on-the-floor practice with 100% supervision. Students are eligible to work in the clinic after successfully completing 25% of their program hours (150 hours: depending on instructor's recommendations could be between 150 – 175 hours) and the associated practical and written tests.

## GRADED ACTIVITIES

Written objective examinations

Practical demonstrations and evaluations of student performance

Practical Assessments

## GRADE CHART

|            |   |                |
|------------|---|----------------|
| 95% - 100% | A | Excellent      |
| 85% - 94%  | B | Good           |
| 75% - 84%  | C | Passing        |
| Below 70%  | D | Unsatisfactory |
| -          |   |                |