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COSMETOLOGY CURRICULUM

2024-2025

COSMETOLOGY CURRICULUM (1,000 Clock Hours)

The curriculum for students enrolled in a cosmetology program consist of One thousand (1,000) clock hours of technical instruction and practical operations covering all practices constituting the art of cosmetology pursuant to Section 7362.5(a) of the Barbering and Cosmetology Act. Technical and Practical instruction means instruction given by demonstration, lecture, classroom participation, or examination. Practical operation shall mean actual performance by the student of a complete service on another person or mannequin. Such technical instruction and practical operations shall include:

Minimum Specified Technical and Practical Operations Hours:

HOURS	SUBJECT
50	Health and Safety
50	Board Approved Health and Safety Course (B&P 7389(a))
150	Disinfection and Sanitation
200	Chemical Hair Services
200	Hair Styling Services
150	Skin Care
50	Hair Removal and Lash and Brow Beautification
150	Manicure and Pedicure

Cosmetology Program **(1,000 Clock Hours)**

Subject of Technical and Practical Instruction

1. Health and Safety/Hazardous Substances: Training in chemical and health in establishments, material safety, data sheets, protection from hazardous chemicals and preventing chemical injuries, health and safety laws and agencies, and ergonomics. Training in communicable diseases, including HIV, AIDS, and Hepatitis B	50
2. Board Approved Health and Safety Course (B&P 7389(a)) Including instruction on hazardous substances, basic labor laws, and physical and sexual assault awareness.	50
3. Disinfection and Sanitation: Procedures to protect the health and safety of the consumer as well as the technician. Operations shall entail performing all necessary functions for disinfecting instruments and kit as specified in Section 979 and 980.* Disinfection should be emphasized through-out the entire training period and must be performed before use of all instruments and kit.	150
4. Hair Coloring and Bleaching: Hair analysis, predisposition tests, safety precautions, formula mixing, tinting, bleaching, and the use of dye removers.	100
5. Chemical Straightening & Waving: Hair analysis and the use of sodium hydroxide and other base solutions. Curl reformation and effective perm techniques. Including chemical reactions and alkaline waves and True acid waves.	100

6. Wet Hair Styling: Hair analysis, shampooing, finger waving, pin, curling, comb-outs.	50
8. Thermal Hair Styling Hair analysis, non-chemical straightening, waving, curling with hot combs, and hot curling irons, and blower styling. A. Thermal Styling B. Press and Curl	50
9. Hair Cutting: Hair analysis and the use of the razor, scissors, electric clippers, and thinning shears, for wet and dry cutting.	75
10. Scalp and Hair Treatments: Hair and Scalp analysis, scientific brushing, electric and manual scalp manipulation, and other hair treatments.	25
11. Skin Care: including instruction of beautifying the face, scalp, neck or body by the use of hands using antiseptics, lotions, tonics, or creams that do not result in ablation or destruction of live tissue. Facials: Manual – Cleansing and exfoliating , scientific manipulations, packs and masks, Electrical – The use of all electrical modalities, including dermal lights and electrical apparatus, for facials and skin care purposes. (However, machines capable of producing an electrical current shall not be used to stimulate to contract, or for the purpose of contracting, the muscles of the body or face.) Make-Up: Skin analysis, complete and corrective make-up.	50
12. Hair Removal and Lash and Brow Beautification : The use of wax, tweezers, electric or manual and depilatories for the removal of superfluous hair. Eyelash and brow tinting and perming and the application of false eyelashes.	50
13. Manicuring and Pedicuring: Water and Oil Manicure, including nail analysis, and hand and arm massage. Complete Pedicure, including nail analysis, and foot and ankle massage. Artificial Nails Liquid and Powder Brush-on Artificial Nail Tips Nail Wraps and Repairs	20 20 50 50 10

Additional training will be given in the following subjects matters:

Salon management, communication skills, which includes professional ethics, salesmanship, decorum, record keeping, client service record cards.

Preparing a resume, employment development, modeling, desk and reception, and care and other subjects relating to Cosmetology field.

Cosmetology Performance Objective:

1. Acquire knowledge of laws and regulations of California's cosmetology establishment practices
2. Acquire the knowledge of sanitation and sterilization as related to all phases of hair, skin, and nails.
3. Acquire business management techniques common to cosmetology
4. Acquire knowledge of general theory relative to cosmetology including anatomy, physiology, chemistry and theory.

Potential Occupations After Completion:

Hair stylist, Esthetician, Manicurist, make-up artist, cosmetic or beauty product representative and some areas of dermatology and plastic surgery.

Skills to be developed:

The proper use of implements relative to all cosmetology services. Acquire the knowledge of analyzing the scalp, face and hands prior to all services to determine any disorders. Learn the procedures and terminology used in performing all cosmetology services. Learn the application of daytime and evening make-up to include the application of individual and strip eyelashes. Learn the proper procedure of manicuring to include water and oil manicure and pedicuring. Learn the Application of brush-on nails, nail wraps, and nail tips.

Attitudes and Appreciation to Be Developed:

Be able to appreciate good workmanship common to cosmetology, possess a positive attitude towards the public and fellow workers, appreciate honesty and integrity and have improved personality in dealing with patrons and colleagues.

Requirements for Satisfactory Completion of Program:

Students have completed Theory and Operations required by Board of Barbering and Cosmetology with a grade average of "C" (70%) or better. **NO FINAL EXAM IS REQUIRED; NO INTERSHIP OR EXTERNSHIP IS REQUIRED.**

Graduation Requirements:

When a student has completed the required theory hours and practical operations in the Cosmetology Program with a GPA of "C" (70%) or better, a diploma is awarded certifying his or her graduation. The College assists students with completing the necessary documents to file with the appropriate Barbering and Cosmetology Examination.

Licensing Requirements: Applicants must be 17 years of age or older and have completed the 10th grade. The State of California will grant a Cosmetology license only after the student has successfully completed and graduated from the Cosmetology program as described above and passed the licensing exam with an overall average of 75%.

Learning Strategy:

Students will read assigned chapters of textbook and other materials in school library, attend scheduled theory classes, lectures, and demonstrations, prepare written procedures on practical operations, perform practical operations on another person and/or a mannequin.

Instructors:

As in all phases of any profession everyone has specialties within his/her training and acquired skills. The school makes every attempt to best utilize the special skills of each instructor to provide the best education available. Class assignments are posted on bulletin boards on a daily basis. Based on the curriculum.

Grading System:

Students are evaluated on a regular basis on theory, practical and supervisory skills. The evaluations are measured on a standard percentile basis and the percentage equated to a letter grade. Students must maintain a (70%) "C" average or better to maintain satisfactory academic status. The System detailed below is the system utilized in the school.

ACADEMIC GRADING WORK

100% - 90%	A....Superior Performance
89% - 80%	B....Above Average
79% - 70%	C....Average
69% - 60%	D....Unsatisfactory
59% - 00%	F Fail

POINT GRADES FOR PRACTICAL

(GPA 4)	04 Points = A
(GPA 3)	03 Points = B
(GPA 2)	02 Points = C
(GPA 1)	01 Points = D
(GPA 0)	00 Points = F

Definition of terms:

Technical instruction means instruction by demonstration, lecture, classroom participation, studying textbooks and related material, the writing of outlines, classroom use of audio and visual film, tapes, slides and examination. Practical Operations means the actual performance by the student of complete services on another person or a mannequin.

Instructional Techniques and Methods: Students will attend regularly scheduled theory classes (lecture), read assigned chapters of their textbooks, must take and pass assigned tests with a grade point average of 70% (C) or better.

Classroom Theory and Clinic Floor Instructions:

Freshman students are scheduled in the classroom daily for theory and practical experience for two weeks. Students begin at the clinic floor on their third week of the program. Students do not work on paying clients until they have completed at least 10% of the total training hours of the course. Full-time and a.m. part-time students have theory class daily for one and a half hours. Part-time p.m. students receive theory class every Saturday. During the clinical floor period, students will be given a daily operation sheet that requires specific operation to be completed daily and submitted upon completion of the sheet with required operations. Students are responsible for professionally cleaning and sanitize their work area upon completion of each operation.

1. The board recommends that schools provide training in communication skills that includes professional ethics, salesmanship, decorum, record keeping, and client service record cards.
2. No credit of any type shall be given for time spent in laundering towels or in washing or scrubbing floors, walls, woodwork, toilets, or windows.

Instructional Methods:

Instructional methods include but not limited to question-and-answer, problem solving, visual aids (projector and PowerPoint presentation), video presentations, vendor-product demonstrations, field trips.

Cosmetology Course Minimum Requirements

Business and Professions Code (B&P) section 7362.5(a) states:

“A course in barbering or cosmetology established by a school shall consist of not less than

1,000 hours of practical and technical instruction in the practice of barbering or cosmetology...”

Pursuant to B&P 7362.5© the curriculum for a cosmetology course shall, at a minimum, include technical and practical instruction in the following areas:	MINIMUM HOURS
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Health and Safety: Including instruction on hazardous substances, chemical safety, safety data sheets, protection from hazardous chemicals, preventing chemical injuries, health and safety laws and regulations, and preventing communicable diseases.	100
Board Approved Health & Safety Course (B&P 7389(a)): Including instruction on hazardous substances, basic labor laws, and physical and sexual assault awareness.	
Disinfection and Sanitation: Including instruction on disinfection procedures to protect the health and safety of consumers as well as the technician and proper disinfection procedures for equipment used in establishments.	100
Chemical Hair Services: Including instruction on coloring, straightening, waving, bleaching, hair analysis, predisposition and strand tests, safety precautions, formula mixing, and the use of dye removers.	200
Hairstyling Services: Including instruction on arranging, blow drying, cleansing, curling, dressing, hair analysis, shampooing, waving, and nonchemical straightening, and hair cutting, including the use of shears, razors, electrical clippers and trimmers, and thinning shears, for wet and dry cutting.	200
Skin Care: Including instruction on chemical and manual facials and massaging, stimulating, exfoliating, cleansing, or beautifying the face, scalp, neck, or body by the use of hands, esthetic devices, cosmetic products, antiseptics, lotions, tonics, or creams that do not result in the ablation or destruction of the live tissue.	150
Hair Removal and Lash and Brow Beautification: Including instruction on tinting and perming eyelashes and brows and applying eyelashes to any person, and includes removing superfluous hair from the body of any person by use of depilatories, tweezers, sugaring, nonprescription chemicals, or waxing, or by the use of devices and appliances of any kind or description, except by the use of lasers or light waves, which are commonly known as rays.	50
Manicure and Pedicure: Including instruction on water and oil manicures, hand and arm massage, foot and ankle massage, nail analysis, and artificial nail services, including, but not limited to, acrylic, liquid and powder brush-ons, dip, tips, wraps, and repairs.	100
<p>Once the minimum required hours have been met, it is up to the school to determine what subject(s) they will allocate additional hours to meet the 1000-hour requirement for the course.</p> <p>PLEASE SEE PRIOR OUTLINE FOR WHERE THE REMAINING 100 HOURS ARE ALLOCATED.</p>	