

MANICURING 400 CLOCK HOURS

MANICURING CURRICULUM DESCRIPTION

Completing 400 hours of applied effort and the following technical and operational requirements, a student will learn the art and science of manicuring which includes all related to nail care procedures.

Graduates, once licensed, can secure positions as a manicuring specialist and nail technician. Successful graduates will have the knowledge and skills needed to pass the required California State Board examination for Manicuring licensure.

COURSE GOALS

- Knowledge of State Board Rules and Regulations, laws, and other administrative requirements of cosmetology practices.
- Assimilation of knowledge in nail chemistry, principles of electricity as they apply to manicuring and principles of hand and feet skin composition care, nail.
- Demonstrations by students that they have met all the state behavioral objectives prescribed for the course preparatory to state licensure examinations.

COURSE MATERIALS

- Milady Standard Nail Care, 8th Edition - Milady Publishing Corporation
- 2024 Barbering and Cosmetology Act and Regulations - California Department of Consumer Affairs
- Manicuring kit
- Instructor Handouts

MAJOR SEGMENTS OF COURSE CONTENT

Required by the California Board of Barbering and Cosmetology in preparation to take the licensing exam:

SUBJECT	Minimum Hours of Technical Instruction	Minimum Practical Operations
Cos. Act. Rules, and Regulations, Laws	20	
Cosmetology Chemistry	20	
Health and Safety/Anatomy	30	
Electricity	5	
Disinfection and Sanitation	20	100
Infection Control/Biology	25	
Manicuring	5	40
Pedicuring	5	20
Artificial Nails, Wraps, and Acrylics	20	100
TOTAL HOURS:	140 THEORY	260 PRACTICAL

LEARNING METHODS

Lectures and discussions, demonstrations, guest lectures and experts, audio and visual instructional aids, actual on-the-floor practice with 100% supervision. Students are eligible to work in the clinic after successfully completing 25% of their program hours (80 hours: depending on instructor's recommendations could be between 80– 100 hours) and the associated practical and written tests.

GRADED ACTIVITIES

Written objective examinations

Practical demonstrations and evaluations of student performance

Practical Assessments

GRADE CHART

95% - 100%	A	Excellent
85% - 94%	B	Good
75% - 84%	C	Passing
Below 70%	D	Unsatisfactory
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