

RENO, NV - March 1st 2025

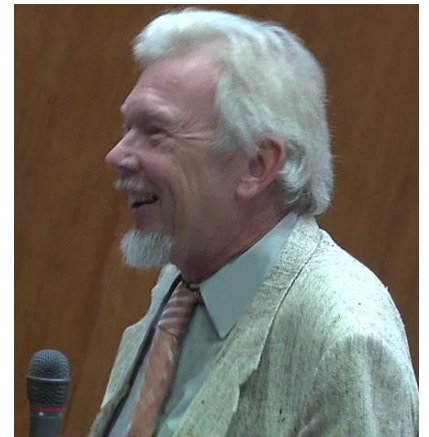


How Spherical Thinking can resolve the suffering from burnout in just 60 days or less.

Business coach and social psychologist, Dr. Andre Walton's 90-day 1-on-1 'Banish Burnout' program uses his unique Spherical Thinking™ to help clients overcome anxiety, stress and burnout. The final module of the program helps prevent recidivism and enables the early stages of burnout to be identified in others.

In pilot studies, over 85% of his clients experienced increased wellness and a significant reduction in stress in 30 days or less. At the conclusion of the 90-day course they reported 'feeling more energized and resilient', 'having better relationships at home and at work', 'sleeping better', and 'being more motivated, energetic and resilient than at any time in the past five years.'

"I started my research into these thinking processes nearly two decades ago and it is so exciting that many of my hypotheses have since been validated through fMRI imaging studies. Remodeling the way we view the world enables us to see our lives from a new perspective and to visualize more options. We all had these creative thinking skills when we were young, but through schooling and socialization they got buried. It is empowering to see clients that have been suffering stress, anxiety and other symptoms of this debilitating condition for far too long just come to life and tell me they haven't felt this great for a long time."



Dr. Andre Walton, Business and Burnout Coach.

Bio

Dr. Andre is a certified, accredited coach with a PhD in social psychology and specializes in helping people overcome burnout. Andre's unique approach has helped clients accomplish in just a couple of months what therapy and self-help have failed to accomplish in sometimes, years. Andre is a contributor to the Harvard Business Review and keynote talks and podcasts can be seen on his website www.plan4change.org/gallery.

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