



May 2025 Newsletter

Avocet Health Partners

Success at Abu Dhabi Global Health Week 2025

Last month, Dr. Brent Gibson attended Abu Dhabi Global Health Week as a Delegate alongside healthcare leaders from around the world. It was a powerful reminder that innovation, collaboration, and human-centered care are driving the future of healthcare.

Read our full reflection to discover how these global trends connect to Avocet's mission of advancing healthcare for vulnerable and underserved populations.

[Read the full article →](#)



Addressing the Mental Health Crisis Among Healthcare Workers

May is Mental Health Awareness Month – a timely reminder that our nation's health workers are facing a growing mental health crisis. According to the CDC, nearly half of healthcare workers reported feeling burned out in 2022, and 44% are considering leaving their jobs altogether. Rising harassment, fatigue, and stress are taking a profound toll.

At Avocet Health Partners, we recognize the urgent need for supportive, resilient healthcare environments. Through strategic advisory services, leadership development, and operational improvements, we help organizations build more efficient and effective systems that protect both their teams and their patients. Together, we can strengthen the future of healthcare from the inside out.

[Learn more about our services →](#)



Strengthening Suicide Prevention in Correctional Facilities

Suicide is the leading cause of death in local jails and a significant contributor to deaths in state prisons. Meta-analyses have demonstrated the effectiveness of prevention programs in correctional facilities, reducing suicide deaths by approximately 65%. Multi-component programs that incorporate prevention activities such as staff training, supervision, and mental health treatment have proven to be the most effective.

As nationally-recognized experts in suicide prevention within correctional settings, we provide guidance on implementing evidence-based best practices, staff training programs and bespoke facility protocols.

[Contact us to learn more about our comprehensive approach →](#)



Mental Health Resources

Mental health challenges are particularly acute among vulnerable populations. Bookmark these key resources to use and share:

- **988 Suicide & Crisis Lifeline:** Dial or text 988 for free, 24/7 confidential support for individuals in distress.
- **NAMI Helpline:** Reach the National Alliance on Mental Illness Helpline at 1-800-950-NAMI (6264) or text "NAMI" to 62640 for emotional support, mental health information, and other resources.
- **SAMHSA Behavioral Health Treatment Locator:** Find local mental health and substance use services at findtreatment.samhsa.gov.