Public Burden Statement A Federal agency may not conduct or sponsor, and the Paperwork Reduction Act unless that collection of information is estimated to be approximately 25 responses to this collection of information are man Medical Programs Division, Federal Motor Carrier S	n of information displays a current valid OMB Co 5 minutes per response, including the time for re ndatory. Send comments regarding this burden o	ntrol Number. The OMB Control Number for the viewing instructions, gathering the data needer estimate or any other aspect of this collection of	is information collect ed, and completing ar	ion is 2126-0006. Pu nd reviewing the co	Iblic reportin	ig for this collection formation. All
Medical Programs Division, Federal Motor Carrier S U.S. Department of Transportation Federal Motor Carrier Safety Administration	Medical Exami	nation Report Form Driver Medical Certification)				
				MEDICA	L RECO	ORD #
SECTION 1. Driver Information (to be fil	led out by the driver)			(or	sticker,	
PERSONAL INFORMATION						
Last Name:						
Street Address:	City:	St	ate/Province:	Zi	p Code:	
Driver's License Number:						
E-Mail (optional):		CLP/CDL Applicant/Ho	older*: Ye	s No		
		Driver ID Verified By**	:			
Has your USDOT/FMCSA medical certific	ate ever been denied or issued f	or less than 2 years? Yes	No No	ot Sure		
*CLP/CDL Applicant/Holder: See instructions for definitions.		**Driver ID Verified By: Record what type of pho	to ID was used to verify t	he identity of the drive	r, e.g., CDL, dri	ver's license, passport.
DRIVER HEALTH HISTORY						
Have you ever had surgery? If "yes," pleas	se list and explain below.			Yes	No	Not Sure
Are you currently taking medications (pro If "yes," please describe below.	escription, over-the-counter, herbal	remedies, diet supplements)?		Yes	No	Not Sure

This document contains sensitive information and is for official use only. Improper handling of this information could negatively affect individuals. Handle and secure this information appropriately to prevent inadvertent disclosure by keeping the documents under the control of authorized persons. Properly dispose of this document when no longer required to be maintained by regulatory requirements.

Form MCSA-5875

.ast Name:	First Name	:		DOB: Exam Date:			
DRIVER HEALTH HISTORY (continued))						
Do you have or have you ever had:		Yes No	Not Sure		Yes	No	No Sur
1. Head/brain injuries or illnesses (e.g.,	concussion)			16. Dizziness, headaches, numbness, tingling, or memory			
2. Seizures/epilepsy				loss			
3. Eye problems (except glasses or conta	acts)			17. Unexplained weight loss			
4. Ear and/or hearing problems				18. Stroke, mini-stroke (TIA), paralysis, or weakness			
5. Heart disease, heart attack, bypass,	or other heart			19. Missing or limited use of arm, hand, finger, leg, foot, toe			
problems				20. Neck or back problems			
 Pacemaker, stents, implantable dev procedures 	ices, or other heart			21. Bone, muscle, joint, or nerve problems			
7. High blood pressure				22. Blood clots or bleeding problems			
8. High cholesterol				23. Cancer			
9. Chronic (long-term) cough, shortne	ess of breath or			24. Chronic (long-term) infection or other chronic diseases			
other breathing problems				 Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring 			
10. Lung disease (e.g., asthma)				26. Have you ever had a sleep test (e.g., sleep apnea)?			
 Kidney problems, kidney stones, or with urination 	pain/problems			27. Have you ever spent a night in the hospital?			
2. Stomach, liver, or digestive problem	ıs			28. Have you ever had a broken bone?			
3. Diabetes or blood sugar problems				29. Have you ever used or do you now use tobacco?			
Insulin used				30. Do you currently drink alcohol?			
4. Anxiety, depression, nervousness, o problems	ther mental health			31. Have you used an illegal substance within the past two years?			
5. Fainting or passing out				32. Have you ever failed a drug test or been dependent on an illegal substance?			
Other health condition(s) not described	d above:			Yes N	o N	Not	Sure

Did you answer "yes" to any of questions 1-32? If so, please comment further on those health conditions below: Yes No Not Sure

CMV DRIVER'S SIGNATURE

I certify that the above information is accurate and complete. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certificate, that submission of fraudulent or intentionally false information is a violation of <u>49 CFR 390.35</u>, and that submission of fraudulent or intentionally false information may subject me to civil or criminal penalties under <u>49 CFR 390.37</u> and <u>49 CFR 386</u> Appendices A and B.

Driver's Signature:

Date:

SECTION 2. Examination Report (to be filled out by the medical examiner)

DRIVER HEALTH HISTORY REVIEW

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

Form MCSA-5875						ОМВ	3 No.: 2126-0006	Expiration	Date: 03/31/2028	
Last Name:		First Name:			DOB:		Exam Date:			
TESTING										
Pulse Rate:	Pulse rhy	/thm regular:	Yes No		Height:feetinche	s Weight:	pounds			
Blood Pressure	S	ystolic	Diasto	lic	Urinalysis	Sp. Gr.	Protein	Blood	Sugar	
Sitting					Urinalysis is required.					
Second reading (optional)					Numerical readings must be recorded.					
Other testing if in	dicated				Protein, blood, or sugar in th rule out any underlying med			n for further	testing to	
Vision Standard is at least At least 70° field of v corrective lenses sho	rision in horizonta	l meridian méa	sured in each eye. T		Hearing Standard: Must first perceive hearing loss of less than or e					
Acuity	Uncorrected	Corrected	Horizontal Field	d of Vision	Check if hearing aid used	for test:	Right Ear	Left Ear	Neither	
Right Eye:	20/	20/	Right Eye:	_ degrees	Whisper Test Results			-	Ear Left Ear	
Left Eye:	20/	20/	Left Eye:	_ degrees	Record distance (in feet) fr whispered voice can first		t which a force	ed		
Both Eyes:	20/	20/		Yes No	OR					
Applicant can rec signals and device					Audiometric Test Result Right Ear:	ts	Left Ear:			
Monocular vision					500 Hz 1000 Hz 2	2000 Hz	500 Hz	1000 Hz	2000 Hz	
Referred to ophth	almologist or op	otometrist?								
Received docume	ntation from op	hthalmologis	t or optometrist?		Average (right):		Average (lef	t):		
PHYSICAL EXAN										

The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen, or is readily amenable to treatment. Even if a condition does not disqualify a driver, the Medical Examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if neglecting the condition could result in a more serious illness that might affect driving.

Check the body systems for abnormalities.

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General			8. Abdomen		
2. Skin			9. Genito-urinary system including hernias		
3. Eyes			10. Back/spine		
4. Ears			11. Extremities/joints		
5. Mouth/throat			12. Neurological system including reflexes		
6. Cardiovascular			13. Gait		
7. Lungs/chest			14. Vascular system		
Discuss any apportant answers in detail in the space bel	ow and indi	cata whathar it	would affect the driver's ability to operate a CMV		

Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

Form MCSA-5875						OMB No.: 2126-0006	Expiration Date: 03/31/2028		
Last Name:	Last Name: DOB: Exam Date:								
Please complete only on	e of the follow	wing (Federal or :	State) Me	dical Examiner Dete	rmination sect	ions:			
MEDICAL EXAMINER D	ETERMINAT	ION (Federal)							
Use this section for examin	nations perfori	med in accordance	e with the	Federal Motor Carrier	Safety Regulati	ons (<u>49 CFR 391.41-391.49</u>):			
Does not meet standa	ards (specify red	ason):							
Meets standards in 49	<u>) CFR 391.41</u> ; c	qualifies for 2-yea	r certifica	te					
Meets standards, but	periodic mon	itoring required (specify rea	son):					
Driver qualified for:	3 months	6 months	1 year	other (specify):					
Wearing corrective	Wearing corrective lenses Wearing hearing aid Accompanied by a waiver/exemption (specify type):								
Accompanied by a Skill Performance Evaluation (SPE) Certificate									
Driving within an exempt intracity zone (see <u>49 CFR 391.62</u>) (Federal)									
Determination pending (specify reason):									
Return to medical exam office for follow-up on (must be 45 days or less):									

If the driver meets the standards outlined in 49 CFR 391.41, then complete a Medical Examiner's Certificate as stated in 49 CFR 391.43(h), as appropriate.

Medical Examiner's Address: _____ City: _____ State: ____ Zip Code: _____

I have performed this evaluation for certification. I have personally reviewed all available records and recorded information pertaining to this

Advanced Practice Nurse

Medical Examination Report amended (specify reason):

(if amended) Medical Examiner's Signature: _____ Date: _____

Medical Examiner's Telephone Number: ______ Date Certificate Signed: ______

evaluation, and attest that, to the best of my knowledge, I believe it to be true and correct.

Medical Examiner's State License, Certificate, or Registration Number:

Physician Assistant Chiropractor

Other Practitioner (specify):

National Registry Number: _____

Medical Examiner's Name (please print or type):

Incomplete examination (specify reason):

Medical Examiner's Signature:

MD

DO

Issuing State: _____

Medical Examiner's Certificate Expiration Date:

Last Name:	First Name:	_ DOB:	Exam Date:					
MEDICAL EXAMINER DETERMINATION	(State)							
Use this section for examinations performed variances (which will only be valid for intrast		er Safety Regulations (<u>49 CFI</u>	<u>R 391.41-391.49</u>) with any applicable State					
Does not meet standards in 49 CFR 391.41 with any applicable State variances (specify reason):								
Meets standards in <u>49 CFR 391.41</u> with a	any applicable State variances							
Meets standards, but periodic monitorin	ng required (specify reason):							
Driver qualified for: 3 months 6	months 1 year other (specify): _							
Wearing corrective lenses We	earing hearing aid Accompanied	by a waiver/exemption (spe	ecify type):					
Accompanied by a Skill Performance	Evaluation (SPE) Certificate Grandf	athered from State require	ments (State)					
If the driver meets the standards outlined	in <u>49 CFR 391.41</u> , with applicable State varia	nces, then complete a Medica	al Examiner's Certificate, as appropriate.					
I have performed this evaluation for certific evaluation, and attest that, to the best of m			information pertaining to this					
Medical Examiner's Signature:								
Medical Examiner's Name (please print or typ	ne):		_					
Medical Examiner's Address:			State: Zip Code:					
Medical Examiner's Telephone Number: Date Certificate Signed:								
Medical Examiner's State License, Certificat	e, or Registration Number:		Issuing State:					
MD DO Physician Assistant	Chiropractor Advanced Practice Nurs	se						
Other Practitioner (specify):								
National Registry Number:	N	ledical Examiner's Certificat	te Expiration Date:					

Instructions for Completing the Medical Examination Report Form (MCSA-5875)

I. Step-By-Step Instructions

Driver:

Section 1: Driver Information

- **Personal Information:** Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, driver's license number and issuing state.
 - CLP/CDL Applicant/Holder: Check "yes" if you are a commercial learner's permit (CLP) or commercial driver's license (CDL) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
 - **Driver ID Verified By:** The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
 - Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.
- Driver Health History:
 - **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
 - Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
 - **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
 - **Other Health Conditions not described above:** If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
 - Any yes answers to questions #1-32 above: If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

Medical Examiner:

Section 2: Examination Report

- Driver Health History Review: Review answers provided by the driver in the driver health history section and discuss any "yes" and "not sure" responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver's physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver's physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Carrier Safety Administration medical exemption, please record that on the driver's Medical Examiner's Certificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.
- Testing:
 - **Pulse rate and rhythm, height, and weight:** record these as indicated on the form.
 - **Blood Pressure:** record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
 - Urinalysis: record the numerical readings for the specific gravity, protein, blood and sugar.
 - Vision: The current vision standard is provided on the form. When other than the Snellen chart is used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as normal. Record the vision acuity results and indicate if the driver can recognize and distinguish among traffic control signals and devices showing red, green, and amber colors; has monocular vision; has been referred to an ophthalmologist or optometrist; and if documentation has been received from an ophthalmologist or optometrist.
 - **Hearing:** The current hearing standard is provided on the form. Hearing can be tested using either a whisper test or audiometric test. Record the test results in the corresponding section for the test used.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver's ability to safely operate a commercial motor vehicle.

In this next section, you will be completing either the Federal or State determination, not both.

- Medical Examiner Determination (Federal): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>). Complete the medical examiner determination section completely. When determining a driver's physical qualification, please note that English language proficiency (<u>49 CFR part 391.11</u>: General qualifications of drivers) is not factored into that determination.
 - **Does not meet standards:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in <u>49 CFR 391.41</u>.
 - **Meets standards in <u>49 CFR 391.41</u>; qualifies for 2-year certification:** Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting "other" specify the time frame.
 - Determination that driver meets standards: Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).
- Determination pending: Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
 - MER amended: A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver's medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination has been made. The driver is required to obtain a new physical examination and a new Medical Examination Report Form, MCSA-5875, should be completed.
- Incomplete examination: Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- Medical Examiner information, signature and date: Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- Medical Examiner's Certificate Expiration Date: Enter the date the driver's Medical Examiner's Certificate (MEC) expires.
- Medical Examiner Determination (State): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.
 - Does not meet standards in <u>49 CFR 391.41</u> with any applicable State variances: Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in <u>49 CFR 391.41</u> with any applicable State variances.
 - **Meets standards in <u>49 CFR 391.41</u> with any applicable State variances:** Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified for, and if selecting "other" specify the time frame.
 - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).
- Medical Examiner information, signature and date: Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, signature and date.
- Medical Examiner's Certificate Expiration Date: Enter the date the driver's Medical Examiner's Certificate (MEC) expires.
- II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850, to the National Registry, and the most recent dated exam will take precedence.
- III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at <u>http://www.fmcsa.dot.gov/regulations/medical</u>.