

2026 February

THEME: Heart Coherence & Emotional Reset

(All times listed in Pacific Time)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
6:30-6:35am - Dance Party Day 649	6:30-6:35am - Dance Party Day 650	6:30-6:35am - Dance Party Day 651	6:30-6:35am - Dance Party Day 652	6:30-6:35am - Dance Party Day 653	6:30-6:35am - Dance Party Day 654	6:30-6:35am - Dance Party Day 655
AC/DC - Back in Black	ELO - Don't Bring Me Down	Ambrosia - Biggest Part of Me	Hot Chelle Rae - Tonight Tonight	Ian Janco - Life	Proud Mary – Tina Turner	The Coasters - Yakety Yak
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!			Sacred 7 - Session II - 8am
				6pm - HERO - Week 5		
8	9	10	11	12	13	14
6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day
Earth, Wind and Fire - September	ELO - Don't Bring Me Down	Ella Langley - You Look Like You Love Me	Janis Joplin - Me and Bobby McGee	Kool & The Gang - Jungle Boogie	Proud Mary – Tina Turner	Letters To Cleo - I Want You To Want me
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!			
	7am - PQ Integration (Invitation Only)			6pm - HERO - Week 6		
15	16	17	18	19	20	21
6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day
Little Richard - Long Tall Sally	ELO - Don't Bring Me Down	Michael Franti & Spearhead - Good Shit Happens	Sly and The Family Stone - Everyday People	Shawn Mendes - Stitches	Proud Mary – Tina Turner	Mira - Come With Me
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!			
		6pm - 7pm PT HERO Monthly Integration Call (Graduates)		6pm - HERO - Week 7		
22	23	24	25	26	27	28
6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day	6:30-6:35am - Dance Party Day
Pitbull, Ke\$ha - Timber	ELO - Don't Bring Me Down	Redbone - Come and Get Your Love	Myles Smith ft. Lainey Wilson - Nice to Meet You	The Four Seasons - Sherry	Proud Mary – Tina Turner	Sigala - Lullaby
	7am - PQ Integration (Invitation Only)	7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!			
		6pm - 7pm PT The Sacred 7 Monthly Integration (Invitation Only)		6pm - HERO - Week 8		