

2025 JANUARY - All times listed in Pacific Standard Time

<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
29	30	31	1	2	3	4
6:30-6:35am - Dance Party <i>Bob Marley - Could You Be Loved</i>	6:30-6:35am - Dance Party <i>Andy Grammer - Good to Be Alive (Hallelujah)</i>	6:30-6:35am - Dance Party <i>Cheap Trick - I Want You to Want Me</i>	6:30-6:35am - Dance Party <i>Billy Joel - We Didn't Start the Fire</i>	6:30-6:35am - Dance Party <i>Elvis Presley - All Shook Up + Hound Dog</i>	6:30-6:35am - Dance Party <i>Justin Timberlake - Can't Stop The Feeling</i>	6:30-6:35am - Dance Party <i>Talking Heads - Once in a Lifetime</i>
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!		7am - Soul Spa - Open to Everyone!	
		7am - Soul Spa - Open to Everyone!	5pm - Breathwork w/Jared - Sparks of Consciousness			
5	6	7	8	9	10	11
6:30-6:35am - Dance Party <i>LMFAO - Party Rock Anthem</i>	6:30-6:35am - Dance Party <i>Andy Grammer - Good to Be Alive (Hallelujah)</i>	6:30-6:35am - Dance Party <i>Madonna - Ray of Light</i>	6:30-6:35am - Dance Party <i>The Clash - Train in Vain</i>	6:30-6:35am - Dance Party <i>The Dixie Cups - Iko Iko + The Crystals - Da Doo Ron Ron</i>	6:30-6:35am - Dance Party <i>Justin Timberlake - Can't Stop The Feeling</i>	6:30-6:35am - Dance Party <i>Toploader - Dancing in the Moonlight</i>
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!		7am - Soul Spa - Open to Everyone!	8am - The Hero's Journey - WEEK 1 - Journey of the Compassionate Hero
		10-11:30am - TOASTMASTERS Meeting!!	5pm - Breathwork w/Jared - Sparks of Consciousness			
		7am - Soul Spa - Open to Everyone!				
12	13	14	15	16	17	18
6:30-6:35am - Dance Party <i>Van Halen - Dancing in the Streets</i>	6:30-6:35am - Dance Party <i>Andy Grammer - Good to Be Alive (Hallelujah)</i>	6:30-6:35am - Dance Party <i>Zach Bryan - Whiskey fever</i>	6:30-6:35am - Dance Party <i>Wham - Wake Me Up</i>	6:30-6:35am - Dance Party <i>The Box - Ordinary People</i>	6:30-6:35am - Dance Party <i>Justin Timberlake - Can't Stop The Feeling</i>	6:30-6:35am - Dance Party <i>The Isley Brothers - Shout</i>
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!		7am - Soul Spa - Open to Everyone!	8am - The Hero's Journey - WEEK 2 - Follow the Yellow Brick Road
		7am - Soul Spa - Open to Everyone!	5pm - Breathwork w/Jared @Sparks of Consciousness			
19	20	21	22	23	24	25
6:30-6:35am - Dance Party <i>This is Where the Adventure Begins - All We Need is an Open Road</i>	6:30-6:35am - Dance Party <i>Andy Grammer - Good to Be Alive (Hallelujah)</i>	6:30-6:35am - Dance Party <i>Toto - Africa</i>	6:30-6:35am - Dance Party <i>Van Morrison - Brown Eye'd Girl</i>	6:30-6:35am - Dance Party <i>Stealers Wheel - Stuck in the Middle with You</i>	6:30-6:35am - Dance Party <i>Justin Timberlake - Can't Stop The Feeling</i>	6:30-6:35am - Dance Party <i>The Beach Boys - Barbara Ann + The Beach Boys - Surfin USA</i>
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone!		7am - Soul Spa - Open to Everyone!	8am - The Hero's Journey - WEEK 3 - If I Only Had a Brain
		10-11:30am - TOASTMASTERS Meeting!!	5pm - Breathwork w/Jared - Sparks of Consciousness			
		7am - Soul Spa - Open to Everyone!				
26	27	28	29	30	31	1
6:30-6:35am - Dance Party <i>Sam Cooke - Wonderful World</i>	6:30-6:35am - Dance Party <i>Andy Grammer - Good to Be Alive (Hallelujah)</i>	6:30-6:35am - Dance Party <i>Steve Winwood - Bring Me a Higher Love</i>	6:30-6:35am - Dance Party <i>Sly and the Family Stone - Dance to the Music</i>	6:30-6:35am - Dance Party <i>Zach Bryan - Revival</i>	6:30-6:35am - Dance Party <i>Justin Timberlake - Can't Stop The Feeling</i>	6:30-6:35am - Dance Party <i>Shaboozey - A Bar Song</i>
		10:30am - TM BONUS Session - Meet Your Saboteurs				
		7am - Mike Dooley - TUT	7am - Soul Spa - MONTHLY WORKSHOP - REGISTER TODAY!		7am - Soul Spa - Open to Everyone!	8am - The Hero's Journey - WEEK 4 - The Heart of the Matter
		3pm - Soul Spa - MONTHLY WORKSHOP - REGISTER TODAY!	5pm - Breathwork w/Jared @Sparks of Consciousness			