

2024 NOVEMBER - All times listed in Pacific Daylight Time

<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
27	28	29	30	31	1	2
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
CCR - Up Around the Bend	Andy Grammer - Good to Be Alive (Hallelujah)	Cream - I Feel Free	Michael Jackson - Thriller	Ray Parker Jr - Ghostbusters	Justin Timberlake - Can't Stop The Feeling	PSY - Gangnam Style
	7am - Soul Spa Group A - CLASS FULL	7am - Mike Dooley - TUT	7am - Soul Spa Group A - MONTHLY WORKSHOP - Energy Awareness		7am - Soul Spa Group A - CLASS FULL	8:30am - The Hero's Journey - WEEK 6 - Falling Asleep in the Fields of Poppies
		10-11:30am - TOASTMASTERS Meeting!!				
		3pm - Soul Spa Group B - open to everyone!		5pm - Breathwork w/Jared @Sparks of Consciousness		
3	4	5	6	7	8	9
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Aretha Franklin - Chain of Fools	Andy Grammer - Good to Be Alive (Hallelujah)	Gretchen Wilson - Redneck Woman	Buddy Holly - Its So Easy + Everyday	S Club - Bring It All Back	Justin Timberlake - Can't Stop The Feeling	Gotye - Somebody That I Used to Know
	7am - Soul Spa Group A - CLASS FULL	7am - Mike Dooley - TUT	7am - Soul Spa Group A - WILDCARD WEDNESDAY Energy Awareness - OPEN TO EVERYONE!		7am - Soul Spa Group A - CLASS FULL	8:30am - The Hero's Journey - WEEK 7 - A Horse of a Different Colour
		9:30am - Joel Salomon - Money Miracles				
		3pm - Soul Spa Group B - open to everyone!		5pm - Breathwork w/Jared @Sparks of Consciousness		
10	11	12	13	14	15	16
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Iggy Pop - The Passenger	Andy Grammer - Good to Be Alive (Hallelujah)	Sam & Dave - Hold on, I'm Comin + Soul Man	Queen & David Bowie - Under Pressure	Simon & Garfunkle - Mrs. Robinson	Justin Timberlake - Can't Stop The Feeling	The Marcells - Blue Moon
	7am - Soul Spa Group A - CLASS FULL	7am - Mike Dooley - TUT	7am - Soul Spa Group A - WILDCARD WEDNESDAY Energy Awareness - CLASS FULL		7am - Soul Spa Group A - CLASS FULL	8:30am - The Hero's Journey - WEEK 8 - When Flying Monkeys Swoop In
		10-11:30am - TOASTMASTERS Meeting!!				
		3pm - Soul Spa Group B - open to everyone!		5pm - Breathwork w/Jared @Sparks of Consciousness		
17	18	19	20	21	22	23
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Venga Boys - We Like To Party	Andy Grammer - Good to Be Alive (Hallelujah)	Tommy Richman - Million Dollar Baby	The Beatles - I Saw Her Standing There + Love Me Do	Tears For Fears - Everybody Wants to Rule the World	Justin Timberlake - Can't Stop The Feeling	Jelly Roll - Liar
	7am - Soul Spa Group A - CLASS FULL	7am - Mike Dooley - TUT	7am - Soul Spa Group A - WILDCARD WEDNESDAY Energy Awareness - CLASS FULL		7am - Soul Spa Group A - CLASS FULL	8:30am - The Hero's Journey - WEEK 9 - The Wizard of Us
		9:30am - Joel Salomon - Money Miracles				
		3pm - Soul Spa Group B - open to everyone!		5pm - Breathwork w/Jared @Sparks of Consciousness		
24	25	26	27	28	29	30
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Karol G - Si Antes Te Hubiera Conocido	Andy Grammer - Good to Be Alive (Hallelujah)	Lynard Skinner - Sweet Home Alabama	Madonna - Vogue	Little Eva - The Locomotion	Justin Timberlake - Can't Stop The Feeling	Jive Bunny - The Real Videos In The Mood
	7am - Soul Spa Group A - CLASS FULL	7am - Mike Dooley - TUT	7am - Soul Spa Group A - MONTHLY WORKSHOP - OPEN TO EVERYONE!!		7am - Soul Spa Group A - CLASS FULL	9am - The Hero's Journey - WEEK 10 - Celebration
		10-11:30am - TOASTMASTERS Meeting!!				
		3pm - Soul Spa Group B - open to everyone!		5pm - Breathwork w/Jared @Sparks of Consciousness		