

2025 August

THEME: The Alchemy of Awareness - Translation: Wake the hell up to your own inner soap opera!

(All times listed in Pacific Time)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Day 460	Day 461	Day 462	Day 463	Day 464	Day 465	Day 466
Music Travel Love (At Al Ain) - Stand By Me	Jamiroquai - Canned Heat	Opus - Live is Life (na na na na na)	Stevie Wonder – Signed, Sealed, Delivered (I'm Yours)	Village People – Y.M.C.A.	The Jacksons - Enjoy Yourself	Pseudo Echo - Funky Town
	7am - PQ Integration (Invitation Only)	7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone! THEME: The Alchemy of Awareness			
3	4	5	6	7	8	9
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Day 467	Day 468	Day 469	Day 470	Day 471	Day 472	Day 473
Fine Young Cannibals - She Drives Me Crazy	Walk The Moon - Shut Up and Dance	Meghan Trainor - Made You Look	Roxette - Joyride	John Denver – Sunshine on My Shoulders	The Jacksons - Enjoy Yourself	The Doors - Love Me Two Times
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone! THEME: The Alchemy of Awareness		2-6pm - Reiki in the Creek with Carole	8:30am The Sacred 7 - Session II
	8:30am HERO Monthly Integration Call	10-11am PST - Rock Your Talk Meeting!!				
10	11	12	13	14	15	16
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Day 474	Day 475	Day 476	Day 477	Day 478	Day 479	Day 480
Katy Perry - I Kissed a Girl	Walk The Moon - Shut Up and Dance	Roy Orbison - Pretty Woman	Kid Rock - All Summer Long	The Ventures - Wipe Out	The Jacksons - Enjoy Yourself	Lou Bega - Mambo Number 5
	7am - PQ Integration (Invitation Only)	7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone! THEME: The Alchemy of Awareness		2-6pm - Reiki in the Creek with Carole	
	9-11am - The Sacred 7 - Session I					
	3-5pm - The Sacred 7 - Session I		6-8pm - The Sacred 7 - Session I			
17	18	19	20	21	22	23
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Day 481	Day 482	Day 483	Day 484	Day 485	Day 486	Day 487
The Righteous Brothers – Unchained Melody	Walk The Moon - Shut Up and Dance	The Buggles - Video Killed the Radio Star	Santana ft. Rob Thomas - Smooth	Rudamental, Jess Glynne - Back to Me	The Jacksons - Enjoy Yourself	One Republic - Sunshine
	8:30-9:30am - Hero's Journey Integration (for HERO graduates only)	7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone! THEME: The Alchemy of Awareness		2-6pm - Reiki in the Creek with Carole	
24	25	26	27	28	29	30
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Day 488	Day 489	Day 490	Day 491	Day 492	Day 493	Day 494
Patent Pending - It's All Good Today	Walk The Moon - Shut Up and Dance	Sheryl Crow - Soak Up The Sun	Rolling Stones - Satisfaction	Taylor Swift - Shake it Off	The Jacksons - Enjoy Yourself	will.i.am - Scream & Shout ft. Britney Spears
	7am - PQ Integration (Invitation Only)	7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone! THEME: The Alchemy of Awareness			
	9-11am - The Sacred 7 - Session II					
	3-5pm - The Sacred 7 - Session II		6-8pm - The Sacred 7 - Session II			
31	1	2	3	4	5	6
6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party	6:30-6:35am - Dance Party
Day 495	Day 496	Day 497	Day 498	Day 499	Day 500	Day 501
The Temptations – My Girl	Grease - Greased Lightning	Supertramp - Dreamer	The Beatles - Come Together	The Dead South - In Hell I'll Be In Good Company	The Proclaimers - I'm Gonna Be (500 Miles)	The Trashmen - Surfin Bird
		7am - Mike Dooley - TUT	7am - Soul Spa - Open to Everyone! THEME: Echoes of Other Lifetimes			