

Guided Tour

THE MANUEL ANTONIO NATIONAL PARK



INFORMATION

262-336-6662



506 ADVENTURE TEAM

POWERED
BY
NATURE

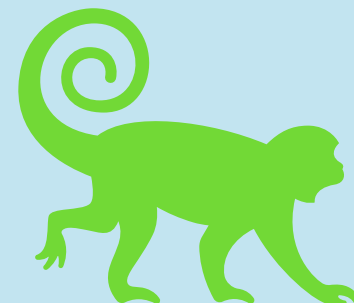


With the establishment of Manuel Antonio National Park in 1972, the people of Costa Rica decided to preserve for future generations one of the most beautiful and bio-diverse areas in the world. Although it is the country's smallest national park, the stunning beauty and diversity of wildlife in its 683 hectares is unmatched. Besides, you will have more opportunity to spot wildlife in a shorter time!

Manuel Antonio National Park contains a charming combination of rain forest, beaches, and coral reefs. These beaches are the most beautiful in the country, lined with lush forest. The forest is home to 2 and 3 fingered sloths, toucans, iguanas, the rare and adorable squirrel monkeys, millions of colorful little crabs, and much more. The trail that winds around Punta Cathedral offers some spectacular views. The park is easy to reach, just south of the town of Quepos in the Puntarenas province, and is near a great selection of villas, hotels and restaurants.

In this particular tour, you will hike through the rain forest along 1,500 meters of easy-access trails in an estimated time of 2.5 to 3 hours, with an experienced & bilingual naturalist interpreter, certified by the Costa Rican Tourism Board. Your guide, equipped with a high-powered spotting scope, will help you locate the vast variety of flora and fauna in their natural habitat, you can also use their telescope to take pictures of the animals up close. You will have the chance to spot Howler, white-faced, and Squirrel Monkeys, plus Agutis, and, if you are lucky, the beautiful Poison Dart Frog (*Dendrobates auratus*), all while learning about the diet, habits, and many more facts about the variety of species you'll encounter during this incredible nature adventure.

Be sure to bring an aluminum or glass water bottle (no single-use plastic permitted in the park).



INCLUDED

GUIDED TOUR

- PRICE \$60 ADULTS / \$50 CHILDREN
- ROUND TRIP TRANSFER FROM MANUEL ANTONIO AREA
- SNAKS, WATER AND ENTRANCE FEES TO THE PARK
- PROFESSIONAL CERTIFIED BY COSTA RICA CHAMBER OF TOURISM
- AN UNFORGETTABLE LIFETIME EXPERIENCE



Manuel Antonio's hidden history

Ponce de León, the Spanish explorer, whose futile search for the Fountain of Youth became his signature expedition, is rarely recognized for one of his greatest discoveries – Quepos and Manuel Antonio – which he put on the charts in 1519. So abundant are the riches of Costa Rica's Central Pacific coast, that he might have found his fabled fountain had he gone ashore and explored the region.

Pick Up: Hotel or Location in Manuel Antonio

Departure Time: 7:30 AM and 12:30 PM

Difficulty: Moderate

What to Bring: Suntan lotion, camera, sunglasses, hiking shoes (beach towel and bathing suit are optional).

Tour Includes: Transportation from and to hotel, bilingual guides, park entrance fee and snacks.

Important:

Manuel Antonio National Park is closed on Tuesdays.

- **Duration:** 4 Hours (approx.)
- **Location:** Quepos, Puntarenas





WHY A GUIDED TOUR

1 – You will see more animals

The guides are certified experts, they know the animal habits and every corner of the Park. You may be able to spot some of them by yourself, but you will miss many of them, hidden in the heights or too small to be seen by yourself only.

2 – Get to know everything about them

Your guide is a knowledge fountain, he will know from the location, to their food habits and even the slightest detail of every species. These animals are really special and interesting, and some of them have unique specificities, do not let the opportunity to discover more about them get in the way!

If you book a guided tour with an experienced & bilingual naturalist, be sure he/she is certified by the Costa Rican Tourism Board.

3 – See the wildlife more closely

Every guide will have with him/her a high-powered spotting scope and they will adjust it for you so you can see the animals from afar. A two-toe sloth with her baby high in the trees? No problem, with the scope you will be able to see them as if they were next to you! Even the smallest bats, camouflaged on a branch, you will see them easily.

4 – Be able to take great pictures

By using the telescope, you will be able to take beautiful pictures of your tour and of the animals you have seen. The lens is adapted for smartphones camera, spot the wildlife, and capture the moment without having to zoom x200 and get a pixelated picture.

5 – Benefit from all their advices & tips of the area

Our guides are locals and they know the area very well. If you are looking for a great beach, or a delicious restaurant they will recommend you the best places to go. Also, they are really friendly and make you feel comfortable during the tour and do everything they can to make your experience amazing!

