## **SOAR: A WOMEN'S 3-DAY**Betrayal Trauma Healing Retreat

- She: is burdened by the pain of betrayal, feeling broken, ashamed, and anxious.
- OVERCOMES: through faith-based workshops, connection, and expert-led EMDR Therapy sessions.
- A ARISES: she is given a safe space to heal, find hope and confidence. She stands tall.
- RENEWED: she is free & no longer captive to her pain. She is empowered & armed with truth!

Led by Danielle Lew, MSW, CPC, APSATS-CCPS of Danielle Nicole Coaching, LLC, and Michele Montenegro, MSW, LCSW, of arKardia Counseling & Consulting, LLC, this one-of-a-kind program brings over 50 years of combined, unparalleled expertise in domestic violence, narcissistic relationships, infidelity, addiction, and betrayal trauma. Danielle, an APSATS-trained coach, empowers women to navigate healing and reclaim their strength, while Michele, a certified EMDR therapist, helps women break free from the bondage of pain and live with renewed freedom.

## Check Website for Details, Dates, and Locations