

IN-PERSON SOUL CARE RETREATS

Come Experience Deep, Rapid Transformation



Facilitated by:

Danielle Lew, MSW, CPC, APSATS-CCPS
Trauma-Informed Coach & Betrayal Specialist,
Gottman Level I, Certified Brainspotting Practitioner,
Jesus-lover, Wife, Mom,
Betrayal Trauma Overcomer

A Personalized- Integrated Approach

Dani will partner with you to determine the needs, goals, & focus for your soul care experience!. This non-clinical personalized experience will equip you with the clarity, tools, & a solid plan moving forward. We integrate Christian Values with evidence-based, trauma-informed practices, so that you can be confident that you are honoring your Faith while getting solid tools to move forward in a direction unique to you and where you feel God is leading you! We will use Prayer, Brainspotting, & activities to engage Body, Mind, and the Holy Spirit!

**Held Virtually or
In-Person Gettysburg, PA
Specific location provided upon registration**

½ Day to 3 -Day Soul Care Retreats Fully Customized For You

(Discussed at Consult & Pre-Retreat Planning Session!)

Investment

\$1200 for one-day
\$2300 for two-day
\$3400 for three-day



A non-refundable \$500 deposit is required at the time of registration. Intake forms are provided at the time of registration and must be completed no later than one week prior to your soul care retreat date.

Contact

Email

hello@rootedrefinedandrestored.com
with questions or to schedule.

Visit: www.rootedrefinedandrestored.com

The Soul Care Retreats are designed to help equip you to walk in the Spirit of God by identifying the lies that have gotten stuck through the “fiery trials” of life! This is not therapy. It is non-clinical. There is no diagnosing of any conditions or clinical interventions for any mental health diagnoses.

Please note: The soul care retreat is not a good fit for Individuals who are currently suicidal, active in any kind of addiction, or highly dysregulated. You can ask for therapist to refer you for collaboration pre & post retreat!

Transportation, lodging, and food are not included, but recommendations will be provided upon request.

Soul Care Retreat includes:

Personalized Approaches that are Holy-Spirit Led, Non-Clinical, though Trauma-Informed to allow your Mind and Body to Come Into Alignment with Truth & Love of God!

- Reviewing your story work that you completed
- Map out the plan for which areas your soul needs attention
- Use the Bible and Spiritual tools to find “lies” and “truths”
- Use Inner Healing Prayer and Brainspotting modality to step more fully into the truth
- There are personalized exercises throughout the time to help with you knowing your Identity, Your Passions, Your Purpose, & Catch a Vision for Where God is leading you!

