

2026
METROPLEX
YOUTH FOOTBALL ASSOCIATION
BY-LAWS and RULES
(Effective July 1, 2026)

PLAYER CERTIFICATION & WEIGH-IN DATE
SATURDAY, AUGUST 8, 2026

MAKE UP PLAYER CERTIFICATION & WEIGH-IN DATE
SUNDAY, AUGUST 23, 2026

FIRST GAME DATE
SATURDAY, SEPTEMBER 5, 2026

WEEK 1 PLAYOFF GAMES
SATURDAY, NOVEMBER 7, 2026

MYFA SUPER BOWL GAMES

Hosted By Cleburne Football League
SATURDAY, NOVEMBER 21, 2026



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2026 Metroplex Youth Football Association Board of Directors, Officers, TASO Official & Advisory Board

<u>AZLE</u>	<u>GRANBURY</u>	<u>MYFA PRESIDENT</u>
Chris Iglesias	Truxton Fox	Marshall Miller
chrisiglesias@gmail.com	truxtonfox1@gmail.com	marshallwmiller@live.com
972-689-6319	210-313-4737	817-727-5964
<u>BBGC</u>	<u>JOSHUA</u>	<u>MYFA VICE PRESIDENT</u>
Chris Dixon	Michael Krug	Daniel Hawkins
chris@iamfirststate.com	krug_123@yahoo.com	dhawkins@eatonyouthsports.com
214-616-5449	817-542-2452	817-896-6100
<u>CLEBURNE</u>	<u>MINERAL WELLS</u>	<u>MYFA SECRETARY</u>
Jonathan Rubio	Randy Brown	Talitha Davis
Jlr03baby@yahoo.com	Srbrown25@yahoo.com	Tcook10.tc@gmail.com
817-964-5500	559-916-4204	817-800-8985
<u>CROWLEY</u>	<u>SAGINAW</u>	<u>MYFA TREASURER</u>
Antwinet Douglas	Shane Rager	Quisha Spann
shantaedouglas1@gmail.com	kingsathleticsinc@gmail.com	qspann214@gmail.com
254-459-0734	417-622-1623	817-202-3307
<u>DIAMOND HILL</u>	<u>WEATHERFORD</u>	<u>MYFA RULES CHAIRMAN</u>
Gerald Shelbon	Travis Kelly	Travis Kelly
dhnsyouth@gmail.com	tktxas27@gmail.com	tktxas27@gmail.com
817-368-2730	682-229-7946	682-229-7946
<u>EATON</u>	<u>WHITE SETTLEMENT</u>	ADVISOR
Lance Warneke	Ke Shelton	
lwarneke@eatonyouthsports.com	wsyfpresident@gmail.com	
817-706-0558	682-288-6962	
		HEAD OFFICIAL
		James Russell

Metroplex Youth Football Association

2026 By-Laws & Rules

ARTICLE I -- NAME

Section 1

The name of this entity is the “Metroplex Youth Football Association”

Section 2

The Metroplex Youth Football Association may be referred to herein, and in general usage as MYFA.

ARTICLE II -- PURPOSE

Section 1

The purpose and goals of MYFA are:

(A) To teach the fundamentals of football.

(B) To develop good character within each player.

(C) To create a healthy competitive spirit among the players.

(D) To ensure the safety of each player.

Section 2

The motto of MYFA is: **“The Child First, The Sport Second!”**

ARTICLE III -- ORGANIZATIONAL STRUCTURE

Section 1

The period of duration for MYFA is perpetual.

Section 2

MYFA is a nonprofit corporation organized exclusively for such purposes that qualify MYFA as an exempt organization under section 501(c)3 of the Internal Revenue Code, or corresponding section of any future federal tax code.

Section 3

No part of any net earnings that MYFA shall inure to the benefit of, or be distributable to its members, trustees, officers, or other private persons, except that MYFA shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in the MYFA By-Laws and Rules. No substantial part of the activities of MYFA shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and MYFA shall not participate in or intervene in (including the publishing or distribution of statements) any political campaign on behalf of or in opposition to any candidate for public office. Notwithstanding any other provision on (a) by a corporation exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future tax code, or (b) by a corporation, contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code, or the corresponding section of any future federal tax codes. Moreover, notwithstanding any other provision of these By-Laws, this corporation shall not, except to an insubstantial degree, engage in any activities or exercise any powers that are not in furtherance of the purposes of this corporation.

Section 4

Fiscal Year: The fiscal year shall be the calendar year.

Section 5

Indemnification: This corporation does hereby save and hold harmless and indemnify the officers and directors of the Association to the fullest extent allowed by law while acting reasonable within the scope of their capacity as an officer. This indemnification shall be considered to act secondarily and in excess to any coverage afforded to any officer under any validity collectible insurance policy from any source.

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Section 6

Dissolution: Upon the dissolution of MYFA, assets shall be distributed for one or more exempt purposes within the meaning of section 501 (c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code, or shall be distributed to the federal government, or to a state or local government, for a public purpose. Any such assets not so disposed of shall be disposed of by a Court of Competent Jurisdiction of the country in which the principal office of the corporation is then located, exclusively for such purposes or to such organization or organizations, as said Court shall determine, which are organized and operated exclusively for such purposes.

ARTICLE IV -- MEMBERSHIP

Section 1

MYFA membership is open to non-profit organizations that can field one or more football teams in each division. Application for membership in MYFA must be in writing and presented at a regularly scheduled meeting for discussion. All applications must be submitted by the May meeting, unless approved by a unanimous vote of all towns. The vote to accept or decline an application will take place at the meeting, pending a 30-day investigation period of applicant.

Section 2

Annual Membership Fees – Each member association of MYFA will pay an annual non-refundable fee of \$100.00 per team (*flag & tackle*) along with an additional \$150 per team Film Fee (tackle only and film licensing may be subject to change). All fees are payable no later than the MYFA first August meeting. Any town that does not pay their association team fees and film fees by the specified deadline shall forfeit their association's rights to host or participate in the MYFA playoffs for that year.

Section 3

Any expenses incurred by MYFA shall be equally shared by all active member associations of MYFA.

ARTICLE V – BACKGROUND CHECKS

Section 1

It is the goal of the Metroplex Youth Football Association (***MYFA***) to ensure the safety of the children that participate in all MYFA football activities. The coaches, directors, officers of each MYFA member organization and the MYFA Officers will be of good character and exhibit behavior that ensures child safety.

(A) MYFA Representatives shall select an independent company to conduct background checks of all coaches, directors, officers and cheerleader coaches. MYFA Representatives will report results of each association only to Town Representative. All background checks shall go back a minimum of sixty (60) month period for review.

(B) Each member association shall monitor their volunteers' behavior to ensure that this goal is attained. Each member association shall discipline or remove any person whose behavior or background is inconsistent with this goal.

(C) If a Town Representative or MYFA Representative is made aware of a situation in which the safety of a child is at risk or may be at risk, a MYFA Representative must be notified so that the appropriate action may be taken to protect the child.

(D) If the member association fails to act in the appropriate manner and allows a coach who failed to pass or submit a Background Check form, the Head Coach of the team shall be banned for the remainder of the season and the following year.

MYFA Executive Board shall also be authorized to take the disciplinary action that they deem appropriate against the individual or member organization, up to and including removal, banning, forfeiture of games and disassociation.

(E) Any person convicted of or accepting deferred adjudication for an alcohol related offense within the past twelve months may not transport any MYFA participants other than their own children.

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(F) Any person convicted of or accepting deferred adjudication for a first DWI or misdemeanor within the past thirty-six months may not transport any MYFA participants other than their own children.

(G) Any person convicted of or accepting deferred adjudication for a second DWI, a misdemeanor for illicit or illegal drugs, assault or a felony within the past sixty months may not participate in any MYFA activities other than being a spectator.

(H) Any person convicted of, on probation for, or accepting deferred sentencing for any sexual offense, injury to a child, or any child related offense from the time that the person was seventeen years of age until the present time may not participate in any MYFA activities other than being a spectator. Any person convicted of, on probation for, or accepting deferred sentencing for assault or domestic violence related offenses may appeal the denial to the Executive Board and then to the Town Representatives. It is understood that the standard for approval of an appeal is exceptionally high.

(I) Member organizations shall pay the following for background checks: \$25 per application received during the bi-annual open enrollment (*see section M below*) and \$30 per application received outside of the open-enrollment period.

(J) Failure to disclose information on a Background Check Form is grounds for denial.

(K) If a person's background check application is denied they shall **NOT** be allowed to appeal the denial. Any coaches that were able to have their denials overturned within the last 24 months will be allowed to participate as an approved MYFA volunteer.

(L) If any person is found to be a threat based on past or current behavior, to the safety of the children, spectators or coaches or their main purpose is the disruption of games and safety of the participants may be removed from any MYFA and member association activity by a majority vote of the MYFA Board of Directors. This shall be enforced by each association and upheld for the remainder of that season or a specified time voted on by the Directors.

(M) Open enrollment periods for background check applications will have a spring period and summer/fall period. 7-on-7 background check applications will be opened in the spring for a duration as determined by the Board. Tackle background check applications will be accepted in the summer/fall for a duration as determined by the Board. Open enrollment periods will help guarantee adequate time for volunteer badges to be produced and distributed. It is not guaranteed that background check applications will be processed outside of open-enrollment.

ARTICLE VI – OFFICERS/EXECUTIVE COMMITTEE

Section 1

The Officers of MYFA shall consist of the President, Vice President, Secretary, Treasurer and Rules Chairman. The Officers shall be non-voting members of the Board of Directors. No two offices may be held by the same person.

Section 2

Elections of Officers for each season will be held by the Board of Directors during the last meeting of the year preceding the year in which Officers shall serve.

Section 3

If the office of President becomes vacant the Vice President shall assume the duties for the remainder of the elected term. If the offices of the Vice President, Secretary, Treasurer, or Rules Chairman become vacant the Board of Directors shall appoint a replacement to serve for the remainder of the elected term.

Section 4

Duties of the Officers:

(A) The **President** shall be the principle executive officer of MYFA and subject to control of the Board of Directors. He shall determine the location and time of all

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MYFA meetings and instruct the Secretary to notify the Board of Directors and Officers. President shall preside at all meetings, call special meetings, establish the meeting agendas as needed and shall perform all other duties of the office as necessary.

(B) The Vice President shall perform such duties from time to time that may be assigned to him/her by the President. In the President's absence, or in the event of his/her inability or refusal to act, the Vice President shall perform the duties of the President and shall be subject to the control of the Board of Directors.

(C) The Secretary shall have custody of the MYFA By-Laws & Rules. He/she shall be responsible for maintaining the MYFA official meeting minutes, collecting all MYFA member association annual forms and all other related information. He/she shall be responsible for the MYFA official rosters and player certifications documents each season. He/she shall coordinate all official MYFA correspondence and notices as required to per the MYFA By-Laws.

(D) The Treasurer shall have custody of the MYFA Checkbook, and all other corporate and financial records of MYFA. He/she shall receive and disburse all funds with the approval of the MYFA Board of Directors. He/she shall keep an accurate record of all funds received and disbursed and shall submit a financial report at all MYFA Board of Directors meetings. He/she shall be responsible for corresponding with government agencies and filing any required reports. He/she shall transmit all corporate and financial records to any person elected to succeed him/her.

(E) The Rules Chairman shall be responsible for reviewing the MYFA By-Laws & Rules with the Board of Directors during the first quarter of each year. He is responsible for assisting the Board of Directors in interpreting the MYFA By-Laws & Rules. After July 1st through the end of the football season the Rules Chairman and the Officers are responsible for making all rules interpretations.

Section 5

Executive Committee:

(A) The Executive Committee shall be composed of the President, Vice President, Secretary, Treasurer and Rules Chairman.

(B) The Executive Committee shall establish the policies and procedures to ensure that the By-Laws and Rules passed by the Board are implemented and followed.

(C) Executive Committee shall determine and enforce the penalties established by the Board for violations of any Article, Section, Rule or Procedure.

(D) A 2/3 vote of the Board is required to annul or reverse a decision of the Executive Committee. In order to call for a 2/3 vote, two-thirds plus one of the total number of Board members must be present.

Section 6

MYFA Commissioners:

(A) The Executive Committee shall be granted the authority to appoint League Commissioners to oversee MYFA duties and events during the season.

(B) The appointment of any commissioner will require a majority approval of the Executive Committee before it may become official.

(C) The MYFA Commissioners shall be a non-voting position with MYFA.

(D) The Scheduling Commissioner shall be responsible for coordination and production of the official MYFA Game Schedule, Conference Format and Playoff Format each season. He/she shall gather all necessary information such as hosting sites and scheduling requests from member associations to produce a preliminary draft that shall be submitted to the Executive Committee. With approval from Executive Committee, He/she shall submit this information in a final written format before the MYFA Board of Directors for approval at the appropriate meetings as scheduled by the MYFA Secretary.

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(E) The **Certifications Commissioner** shall be responsible for the development, organization and coordination of the annual MYFA Player Certification events as scheduled by the MYFA Secretary. These duties include the finding a suitable hosting location, preparation and testing of the official scales and schedule. He/she shall work with the Secretary and Webmaster to ensure that MYFA certifications become an online event. He/she shall coordinate with the Secretary and Rules Chairman regarding creation of any and all forms for certification and verification process. He/she shall provide all information to the MYFA Board of Directors as requested by the MYFA Secretary at the appropriate meetings.

(F) The **Game Film Commissioner(s)** shall be responsible for all Game Film related activities involved with MYFA. He/she shall coordinate with Videographer to ensure all MYFA teams have been properly created and setup prior to the start of each season. He/she shall prepare and distribute the official MYFA Game Film Rules and Requirements to all member associations. He/she shall coordinate with all towns to ensure all game film is in accordance with MYFA requirements and acceptable. He/she shall be responsible for communicating with member associations to confirm uploads are completed in a timely manner. He/she shall be responsible for providing written violation reports to the MYFA Executive Committee if any member association violates the game film rules and requirements. The MYFA Executive Committee will be responsible for issuing violations regarding game film to the towns.

(G) The **Webmaster/Social Media Commissioner** shall be responsible for all content on the MYFA website and social media pages. He/she shall be responsible for creation, maintenance and updating of information and content on the MYFA website and social media pages. He/she shall coordinate with the member associations to gather necessary information along with scores to all MYFA games and update weekly standings. He/she shall coordinate with the MYFA Secretary to ensure all necessary information and details regarding MYFA events are provided on the website and social media regularly. He/she shall work to create sponsorship opportunities that will be featured on the MYFA website and social media.

(H) The **Officials Commissioner** shall be responsible for coordinating with the Head Officials to ensure all MYFA games have officials available and scheduled. He/she shall communicate with all officials the MYFA By-Laws and Rules and work with all officiating crews to make sure they are understood and followed. He/she shall be responsible for addressing any complaints regarding officiating or any complaints the crews may be submitting regarding towns, coaches, players, etc... He/she shall submit any concerns to the MYFA Executive Committee in writing that they need to be made aware. The Executive Committee will review those concerns and address those as deemed necessary by the Committee.

ARTICLE VII – BOARD OF DIRECTORS

Section 1

MYFA shall be managed by a Board of Directors. Each active member organization shall appoint one (1) individual to the MYFA Board of Directors. The appointed member of the MYFA Board of Directors shall be referred to as a Town Representative. the term of each Town Representative shall be determined by each member organization for their respective seat on the MYFA Board of Directors, and until a successor is elected, or appointed and qualified. An individual may not be both a Town Representative and MYFA Officer at the same time.

Section 2

Each member organization shall have only one vote (regardless of the number of teams) on all matters relating to MYFA. There will be no proxy vote. An alternative Town Representative shall be allowed to vote with a signed letter providing authority from the

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recognized Town Representative.

Section 3 The Board of Directors shall elect the Officers of the Executive Committee.

Section 4 The Board of Directors shall have authority over all matters of MYFA and shall write and/or amend the By-Laws and Rules and Regulations.

Section 5 Any suggested By-Law or Rules changes must be made for the Board's consideration before the start of the season. No changes shall be made after June 1st of that season.

Section 6 The Corporation may have up to ten (10) advisory board members. Advisory board members serve only in an advisory capacity without vote or other formal authority over the affairs of the Corporation. Advisory Board Members shall be notified of all meetings of the Corporation but are not required to attend. Advisory board members shall be elected for one-year terms or for the terms of the remainder of the current year.

ARTICLE VIII -- MEETINGS

Section 1 There shall be a Board of Directors meeting in the 1st Quarter of each year. The purpose of the meeting is to discuss the coming year's activities, problems with the previous year activities, review applications for membership in MYFA, and any proposed changes to the By-Laws and Rules.

Section 2 A quorum of the Board of Directors meeting is required to conduct any official MYFA business. Any and all changes, revisions or proposals to the annual By-Laws and Rules must be presented to the Board of Directors of MYFA for final approval.

Section 3 The location and time of all MYFA meetings shall be agreed upon by the Executive Committee Representatives.

Section 4 Notice of meetings shall be given by written notice, e-mail, telephone, or in person by the MYFA Executive Committee at least seven (7) days prior to the date of the meeting. Meeting Minutes shall be distributed to member associations by either paper or electronic copy for the approval at MYFA meetings. Delivery method shall be at the discretion of the MYFA Executive Board unless otherwise requested by a member association.

ARTICLE IX -- GATE ADMISSION

Section 1 Each Member Organization shall be allowed to collect gate fees for all MYFA games. These gate fees exclude MYFA 7on7 Season. Gate fees shall be determined annually and the charge shall be based on the towns' associated costs for hosting in 2026.

Section 2 **Single tickets shall be sold for:**
(A) ADULTS (18 and older) -----\$8.00
(B) CHILDREN & STUDENTS (17 & Under)----- No Charge

Section 3 The income gained from gate sales less the payment for game officials shall go to the hosting Member Association.

Section 4 **Playoff Game Tickets.** The Member Association hosting the Playoff/Championship Game Series shall be responsible for selling Game Tickets for that day. All the income from ticket sales less the payment for the game officials shall go to hosting Association.
Playoff/Championship tickets shall be sold for:
(A) ADULTS -----\$8.00
(B) CHILDREN & STUDENTS (17 & Under)----- No Charge

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- Section 5** **Championship/Super Bowl Game Tickets.** The Member Association hosting the Championship/Super Bowl Game Series shall be responsible for selling Game Tickets for that day. All the income from the ticket sales less the payment for the game officials shall go to hosting Member Association. **Championship/Super Bowl tickets sold for:**
(A) ADULTS-----\$10.00
(B) CHILDREN & STUDENTS (17 & Under)-----No Charge
- Section 6** **Spring 7x7 Single tickets shall be sold for:**
(A) ADULTS (18 and older) -----\$5.00
(B) CHILDREN & STUDENTS (17 & Under) -----No Charge

ARTICLE X -- LEAGUE STRUCTURE

- Section 1** Active Member Associations of MYFA:
(A) Azle Youth Sports Association
(B) BBGC Youth Football and Cheer Association
(C) Cleburne Football League
(D) Crowley Football Association
(E) Diamond Hill North Side Youth Athletic Association
(F) Eaton Youth Sports Association
(G) Granbury Youth Football Association
(H) Joshua Youth Sports Association
(I) Mineral Wells Youth Sports Association
(J) Kings Athletics Inc.
(K) Weatherford Youth Association
(L) White Settlement Youth Sports Association

ARTICLE XI – DIVISIONS

- Section 1** MYFA shall consist of **(5) Tackle Football Divisions and (2) Flag Divisions.** All divisions are based on the age the player will be in during the season. Each division shall maintain an age cap.
- Section 2** The **12U Tackle Division** teams shall meet the following requirements:
(A) Each player may not be older than 12 years old on or before September 1st in the year of the upcoming season. **No seventh (7th) grade players will be allowed.**
(B) Any player that weighs more than 135 pounds (in shorts) at the time of the weigh-in shall be classified as a **Restricted Player.**
- Section 3** The **10U Tackle Division** teams shall meet the following requirements:
(A) Each player may not be older than 10 years old on or before September 1st in the year of the upcoming season.
(B) Any player that weighs more than 115 pounds (in shorts) at the time of the weigh-in shall be classified as a **Restricted Player.**
- Section 4** The **9U Tackle Division** teams shall meet the following requirements:
(A) Each player may not be older than 9 years old on or before September 1st in the year of the upcoming season.
(B) Any player that weighs more than 105 pounds (in shorts) at the time of the weigh-in shall be classified as a **Restricted Player.**
- Section 5** The **8U Tackle Division** teams shall meet the following requirements:
(A) Each player may not be older than 8 years old on or before September 1st in the year of the upcoming season.

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(B) Any player that **weighs more than 95 pounds** (in shorts) at the time of the weigh-in shall be classified as a **Restricted Player**.

Section 6

The **7U Tackle Division** teams shall meet the following requirements:

(A) Each player **may not be older than 7 years old on or before September 1st** in the year of the upcoming season.

(B) Any player that **weighs more than 85 pounds** (in shorts) at the time of the weigh-in shall be classified as a **Restricted Player**.

Section 7

The **6U Flag Division** teams shall meet the following requirements:

(A) Each player **may not be older than 6 years old on or before September 1st** in the year of the upcoming season.

Section 8

The **5U Flag Division** teams shall meet the following requirements:

(A) Each player **may not be older than 5 years old on or before September 1st** in the year of the upcoming season.

Section 9

All players have the option of removing clothing with the exception of shorts prior to weigh-in. Once a player is on the scale, the weight displayed will be considered official weight. Player will not have the option to remove further clothing. Player does have the option to verify weight on another scale, in identical clothing. Lowest registered weight displayed between the two scales will be considered the official weight for the season.

ARTICLE XII - SCHEDULES & GAME SITES

Section 1

All regular season and playoff schedules shall be determined by the MYFA Executive Committee.

Section 2

Divisions with more than 8 teams shall be at least an 8-game schedule plus a Playoff/Championship Game Series. Divisions with 8 teams or less shall play the most possible games that a 9-week schedule will allow. All scheduled games shall count towards the end of season standing/seeding.

Section 3

Any town having a problem getting a field after the schedule is set must go to the other town to play, if possible, or accept the decision of the MYFA Executive Committee. **MYFA Executive Committee must receive notification by 8 PM Thursday prior to game time**. The Executive Committee will decide the outcome; reschedule, declare forfeit, etc.

Section 4

The MYFA football season is from July 1 through December 31.

Section 5

All member associations are responsible for providing security personnel at locations.

(A) Each member association will have one (1) board member designated as the association's Director on Duty (DOD).

(B) Each member association will have at least one (1) board member or Law Enforcement Officer on site at its events that will be identifiable as a person(s) responsible for the event's security.

Section 6

All member associations will be expected to monitor the weather when hosting MYFA games and events. It will be the responsibility of the hosting associations to implement a Temperature & Lightening Policy for games when hosting.

(A) The Temperature to start all games must be 105 degrees or lower. Any games that exceed this temperature at the scheduled start times will be delayed until the temperature falls to or below 105 degrees. All associations will use the Weather Bug App for uniformity to determine the temperature at any of the hosting locations during the season

(B) Each member association will have a severe weather policy in place. If a member association utilizes a facility with a functional weather alert system, that member association shall be

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allowed to utilize that system to determine incoming severe weather. Any member association that does not utilize a facility with a functioning weather alert system (ISD or City field), that member association must use the Weather Bug App.

- (C) Each member association will have at least one (1) board member or Law Enforcement Officer on site at its events that will be identifiable as a person(s) responsible for the event's security.

Section 7

The use of any type of pneumatic air horns being used in the stands (*home or visitor*) during any MYFA games or other events is prohibited. Any violation of this rule may warrant expulsion from the location. Multiple violations of the rule may warrant an individual being banned from attending any MYFA games or events for the remainder of that year. Cattle Bells and other homemade noise makers will be allowed.

Section 8

The use of Video Drones will be allowed for use at all MYFA hosting locations with the written permission of the hosting town prior to the day of use. All operators of any drones must have completed and passed an MYFA background check.

ARTICLE XIII -- PLAYOFF/CHAMPIONSHIP GAMES

Section 1

The location of the Playoff/Championship Game Series shall be determined each year according to listed rotation of towns. The opportunity to host Playoff/Championship Game Series shall be rotated between all member associations of MYFA. The Member Association that has first choice shall host the higher standing games. If that Member Association declines to host the Playoff/Championship Game Series that year, the next Member Association listed in the table shall be given the opportunity to host the games. The Member Association that determined to host the MYFA Super Bowl games must have a venue with a turf field and access to separate home and away stands. The number of Towns hosting games shall be determined each year based upon the required games to be played. If teams from Towns that are both hosting games are playing each other in the Playoff/Championship Game Series, the team with the highest ranking in the Standings shall choose their game site. If both teams have the same ranking in the Standings a coin toss shall determine which team gets to choose their game site. If a town is hosting a Playoff/Championship Game its teams will be on the Home Team side, regardless of standings. A coin toss shall determine which shall be the home team if teams from Towns that are both hosting games are to play in the Playoff/Championship Game Series. If a new association joins the MYFA, they shall be added to the end of the rotation table listing.

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Section 2 **CONSOLATION/PLAYOFF/CHAMPIONSHIP HOSTING ROTATION**

2026 Cleburne	2030 Azle
2027 Joshua	2031 White Settlement
2028 Burleson	2032 Saginaw
2029 Eaton	2033 Granbury
	2034 Diamond Hill

Section 3 **PLAYOFF SCHEDULE**

2026 MYFA Playoff Game Schedule

Week 1 - Playoff Games

Saturday, November 7, 2026

Hosting Location 1 – Azle					
Division	Visitor	Home	Bracket	Location	Game Time
5U Flag			Championship	Azle	9:00am
6U Flag			Championship	Azle	10:00am
7U Tackle			Championship	Azle	11:00am
8U Tackle			Championship	Azle	1:00pm
9U Tackle			Championship	Azle	3:00pm
10U Tackle			Championship	Azle	5:00pm
12U Tackle			Championship	Azle	7:00pm

Hosting Location 2 – Eaton					
Division	Visitor	Home	Bracket	Location	Game Time
5U Flag			Championship	Eaton	9:00am
6U Flag			Championship	Eaton	10:00am
7U Tackle			Championship	Eaton	11:00am
8U Tackle			Championship	Eaton	1:00pm
9U Tackle			Championship	Eaton	3:00pm
10U Tackle			Championship	Eaton	5:00pm
12U Tackle			Championship	Eaton	7:00pm

Week 2 – Playoff Games

Saturday, November 14, 2026

Hosting Location 3 – Burleson					
Division	Visitor	Home	Bracket	Location	Game Time
5U Flag			Championship	Burleson	9:00am
6U Flag			Championship	Burleson	10:00am
7U Tackle			Championship	Burleson	11:00am
8U Tackle			Championship	Burleson	1:00pm
9U Tackle			Championship	Burleson	3:00pm
10U Tackle			Championship	Burleson	5:00pm
12U Tackle			Championship	Burleson	7:00pm

Hosting Location 4 – Joshua					
Division	Visitor	Home	Bracket	Location	Game Time
5U Flag			Championship	Joshua	9:00am
6U Flag			Championship	Joshua	10:00am
7U Tackle			Championship	Joshua	11:00am
8U Tackle			Championship	Joshua	1:00pm
9U Tackle			Championship	Joshua	3:00pm
10U Tackle			Championship	Joshua	5:00pm
12U Tackle			Championship	Joshua	7:00pm

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Higher Seeded Teams are considered the Home Team even if their opponent is playing at home

If a team's town is hosting and they are the higher seeded team, they will be allowed to play at home

****Chains & Down Marker is always on the Visitor Sideline (lowest seed).****

***** Only Approved Volunteers are allowed inside the field boundaries*****

Week 3 - MYFA 2026 SUPER BOWL GAMES

Saturday, November 21, 2026

Hosting Location 5 – Cleburne					
Division	Visitor	Home	Bracket	Location	Game Time
5U Flag			Championship	Cleburne	9:00am
6U Flag			Championship	Cleburne	10:00am
7U Tackle			Championship	Cleburne	11:00am
8U Tackle			Championship	Cleburne	1:00pm
9U Tackle			Championship	Cleburne	3:00pm
10U Tackle			Championship	Cleburne	5:00pm
12U Tackle			Championship	Cleburne	7:00pm

Things To Know About Playoff Hosting:

- 1) All hosting locations for playoff games must be turf fields.
- 2) All locations must have lights available.
- 3) All locations must have a fully functioning scoreboard.
- 4) All locations must provide location to film all games (Including Flag).
- 5) The gate admission for playoffs will remain the same as regular season.
- 6) Super Bowl Admission increases to \$10 adult & \$5 seniors.
- 7) Hosting Locations do not determine where teams play.
- 8) Playoff Officials – Each location will have (4) officials on the field & (1) official on the clock for tackle.
- 9) Super Bowl Officials – Officials will be working the chains and the down marker.
- 10) Hosting locations are responsible for pay of all officials and game film at their location.

ARTICLE XIV -- PARENTAL PERMISSION AND INSURANCE

Section 1 All players must supply written permission from their parent(s) or legal guardian(s) to participate in the MYFA.

Section 2 Member associations are required to have a General Liability Insurance and Excess Accident Medical Insurance Plan. Players and cheerleaders for each association will be covered under this insurance plan.

(A) Insurance policies will be required to cover players and cheerleaders during a member association's official organized practices, activities and games. All member associations will have coverage in place no later than the annual official start date of August 1st for each season.

(B) All member associations' insurance policies are set up to coordinate with the family insurance policies of players. Family insurance policies shall be the primary carrier and any member association insurance coverage shall be secondary for any occurrence. This policy is considered usual and typical coverage for these activities.

(C) All bills that are not covered or paid by the family personal insurance policy or member association will be the responsibility of the family.

(D) Each member association is responsible for providing families with a claim form when requested and then verifying the information listed on the claim form is accurate and complete prior to submitting to the insurance provider. A duplicate copy of each claim submitted must be sent to their Member Organization Secretary for record keeping purposes.

ARTICLE XV – PLAYER RESIDENCE REQUIREMENTS & SPECIAL CONSIDERATIONS

Section 1 Only players living in or attending schools in a Member Association's school district, including private schools, can play for that Member Association's teams. Sign-up forms shall specify the name of the school that the player attends, the name of the school district in which the player resides and be signed by a parent or legal guardian.

(A) **Live-In (LI)** - means that a **player lives in the designated district** of the member association. (*Primary designation for most players*)

(B) **Attends (ATT)** - means a player **does not live in the designated district** of the member association, **but attends a school that is located in the district** of the member association.

(C) **Non-Resident Player (NRP)** – means a player that does not meet MYFA's Live-In or Attends requirements and does not reside within the boundaries of an MYFA member association. An "NRP" will be eligible to play for any MYFA Member Association. A Non-Resident Player will remain with the "NRP" designation for certification purposes unless that player moves into a member association district or attends a member association school. Teams will be prohibited from having more than twenty percent (20%) of their team's roster consist of Non-Resident Players (NRP) (*Decimal percentages will not be recognized.*). Roster checks will be done at the request of each coach, no closer than fifteen (15) minutes before the start of each game. A game will not be delayed due to roster checks. If the rosters cannot be checked before the start of the game, the coaches may elect to have the rosters checked following the game. No coach may deny a roster check request. A violation of this 20% rule will result in the forfeiture of the game by the offending team, and a

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score of 31-0 will be submitted as the official score.

(D) All “Returning Players” and “Special Consideration Players” shall be considered as an NRP if they do not meet MYFA’s “Live-In” or “Attends” requirements of the association that they registered to play with this season.

(E) MYFA may determine that an ISD boundary is not a suitable residency boundary for a potential MYFA member. In that case, MYFA members may determine a suitable alternative residency boundary with approval of unanimous consent of all MYFA Members.

Section 2

Special Consideration Process

(A) Every Special Consideration request must be submitted on a **Special Consideration Form** and approved by the Town Representative of the Member Association the player resides in. Special Consideration must be presented and approved before the player is allowed to be Certified & Weighed In. All Special Considerations will be submitted for approval no later than the first MYFA Certification & Weigh-in. Special Considerations Forms will not be allowed after the first Official Weigh-In.

(B) There is one type of Special Consideration: Residence Special Consideration

(C) A **Special Consideration** allows a child who does not “**Live-In**” or “**Attend**”, but does “**Live-In**” or “**Attend**” within another member association’s school district boundaries.

(1) Reason for request must be stated by the child’s parent/guardian and supporting documentation presented at the time of the request: proof of address and school district which the player attends

(i.e., copies of utility bills, property tax statement, school letter).

(2) The **approval date of the Special Consideration Request must be stated on the Team Roster.**

(3) Once a **Special Consideration Request** has been approved it will be valid for as long as the player remains active in MYFA and resides within the same school district. The player must continue to play for the Member Association that presented the **Special Consideration Request** unless the player moves to a different school district.

(D) A copy of the **Approved Special Consideration Form**, signed by a MYFA Executive Committee Officer, **must be kept in the Coaches Book**; a copy of the form must also be kept by the Secretary of the Member Association.

(E) If a team is found to have one or more players that did not meet the residential requirements and for whom a Special Consideration was not approved, the offending team will not be allowed to participate in the MYFA Playoffs. The next team listed below the offending team in the Standings will take the offending team’s playoff spot.

Section 3

A player may be added to the MYFA Team Roster after the Player Certification & Weigh-In, if he/she met the “Live-In” or “Attends” requirements at the time the Player Certification & Weigh-In was conducted with the approval of the member associations.

Section 4

No player shall be refused to sign-up until 24 hours prior to the Player Certification & Weigh-In, except for physical reasons or if a member association declares an earlier sign up cutoff date. No sign ups may be made after the declared date unless approved as a Special Consideration.

Section 5

Penalties

(A) Any players who attempt to certify through non-compliance of any MYFA Residency By-Law requirements will be prohibited from participating in MYFA

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football activities for the current and following season.

(B) Any coach who attempts to forego the requirements as outlined by MYFA residency requirements or who attempts to certify a player through fraudulent means (*i.e. falsification of documents or providing false information*) will be suspended from participating in MYFA activities in any volunteer capacity and will be allowed to only be spectators at MYFA events. Suspensions will be enforced immediately after MYFA learns of a violation regardless of the amount of time from which the violation occurred.

(C) If a team is found to have one or more players that fraudulently certified after the start of the season, the offending team will not be allowed to participate in the MYFA Playoffs for that year. The next team listed below the offending team in the standings shall take the offending team's spot in the playoffs.

(D) Advertising or conducting registration within another member association's boundaries is prohibited. Any Member Association found in violation of this will be declared ineligible to participate in the MYFA Playoffs for the year in which the violation occurred.

ARTICLE XVI -- PLAYERS EQUIPMENT

Section 1

All players are required to wear helmets with an appropriate face mask and four-point chin guard, shoulder pads, and football pants equipped with a complete set of pads. All players must wear a full mouthpiece that is attached to the helmet or face mask, unless the mouthpiece is doctor prescribed. A letter from the doctor must be with player's photo in Team Book. No replaceable or metal cleats shall be allowed.

Section 2

Coaches are requested to inspect all equipment periodically throughout the season to make sure it is safe for competition.

Section 3

Only last name and/or first initial shall be allowed on jerseys, as it appears on official roster. Advertising may be placed on the front or sleeves of jerseys.

ARTICLE XVII -- UNIFORM COLORS

Section 1

Uniform Design

(A) All jerseys must have sleeves that completely cover the shoulder pads. It must not be altered or designed to tear. Jersey must be full-length and tucked into the pants or made even with the waistline. No other undergarment (e.g. t-shirts) shall extend below the waistline at the torso. It must cover all pads worn at or above the waist.

(B) Jerseys may not be taped or tied in any manner.

Section 2

Uniform Colors

(A) Players of opposing teams shall wear jerseys of contrasting colors. Players on the same team shall wear jerseys of the same color and design.

Section 3

Numerals

(A) The jersey must have clearly visible, permanent Arabic numerals measuring at least 8 to 10 inches in height front and back. The number must be of a color that itself is clearly in distinct contrast with the color of the jersey, irrespective of any border around the number.

(B) Teams wearing jerseys/numerals that do not conform to this rule will be asked to change into legal jerseys before the game and before the start of the second half. On the kickoff at the start of each half, if a team wears a jersey in violation of the conditions specified in Section 1, it is a foul for unsportsmanlike conduct.

Section 4

Game Forfeiture

If two (2) teams play that have like uniforms; **it is mandatory that the visiting team's uniform (Body of Jersey) differentiate for the games scheduled against each other.** If the visiting team's uniform does not differentiate at game time, the visiting team will forfeit the game and the home team shall receive a recorded win of 31-0.

MYFA UNIFORM EXAMPLE

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ARTICLE XVIII -- TEAM SIZE & DRAFT RULES

- Section 1** In any grade division, if **34 players** sign up there must be **two teams**; **three teams** if **68 players** are signed up; **four teams** if **99 players** sign up.
- Section 2** No player shall be cut from a team.
- Section 3** Member Associations that have 34 or more players in any single division will be required to split and conduct a team draft. The intent of the team drafting process is to equally distribute talent amongst all teams participating in the draft.
- (A) Each member association shall appoint an association board member as the designated coordinator of the draft. This board member may **NOT** be a coach in the same division of the draft or have a child that participates in the same division of the draft. The coordinator shall be required to sign the team draft forms following the completion of the draft.
- (B) Draft positions shall be determined by coin toss or drawing numbers.
- (C) Teams shall be required to conduct a “Snake” format draft to determine rosters (*e.g. Round 1 – Teams 1, 2, 3, 4, Round 2 – Teams 4, 3, 2, 1*).
- (D) Each team will be allowed to “protect” up to (6) players per roster.
- (E) The Head Coach and assistant coaches of each team will be required to “protect” their child if they participate in the same division the parent is a team coach. These coaches will be named on the official MYFA team roster per the By-Laws, Article XVIII – Section 3.
- (F) Each team that participated in the draft will be required to submit a completed MYFA draft form at the first scheduled MYFA Player Certification and Weigh-In. The form must be completed when submitted as required.

ARTICLE XIX -- COACHES

- Section 1** A Head Coach must be declared at the time of the weigh-in for each team.
- (A) A coach that is declared Head Coach of a team may not coach another team in the same division they were declared a Head Coach.
- Section 2** Only the Head Coach shall be allowed to discuss any game matters with an official.
- (A) All Head Coaches are responsible for their parents, spectators, and anyone on their side of the field.
- (B) All Head Coaches that are unable to maintain control of their sidelines are subject to being penalized by the game officials.
- 1st Offense** – Verbal Warning
- 2nd Offense** – 15-Yard Penalty
- 3rd Offense** – Ejection from Game (*Head Coach and Spectator(s)*). *The official may elect for only the spectator to be ejected from the game site. Ejection of the Head Coach due to spectator actions is at the discretion of the head official.*
- Section 3** Each team shall be allowed up to a total of (8) MYFA badged sideline personnel. The Head coach and all assistant coaches contact information must be listed on the official MYFA roster when submitted for player certification and weigh-in.
- Section 4** The penalty for a Head Coach found guilty of the violation of any Article, Section or Rule shall be determined by the MYFA Officers up to a maximum penalty of being barred from Coaching. The Head Coach of the team in question shall be notified as soon as possible by the President.
- Section 5** Anyone having direct communication with players and/or coaches from sidelines; (*i.e., via headphones, electronic devices, etc.*) will be considered a coach. Anyone with

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headphones, electronic devices, etc. must remain on sidelines between the 25-yard lines (not on the field or in the stands), excluding half-time.

Section 6

Any Coach pulling a team from the playing field during a game will be subject to NCAA and/or MYFA rules and discipline, as Executive Committee deems appropriate.

Section 7

(A) Any coach ejected from a game for any reason is suspended from the next game and is also suspended from all association activities for the week prior to that game. This includes practices and the next game. **THIS WILL BE ENFORCED BY THE LOCAL ORGANIZATIONS.** Any violation of this suspension will warrant further disciplinary actions by the Board of Directors, Town Representatives and Officers. After a coach's second ejection, he/she will be suspended for the remainder of season. (B) Any coach ejected from the final game of the season is suspended from the 1st game of the following year and is also suspended from the association activities for the week prior to that game. This includes all practice and the next game.

Section 8

If any **coach is ejected from a game**, both Town Representatives of the teams playing shall notify the MYFA Executive Board of the ejection.

Section 9

A coach that is ejected from a game may submit a written appeal to their association's Board of Director's for approval allowing the Town Representative to submit an appeal on behalf of the coach to the MYFA Executive Committee for consideration. Until the MYFA Executive Committee makes a determination regarding the appeal the coach must abide by the restrictions required by the ejection. See Section 12 below for the required appeal fee.

Section 10

There shall be no use of alcohol, drugs, or tobacco, in any form, by the Coaches during any event (*meetings, practices, or games*) associated with the MYFA activities.

Section 11

6-Play Rule. MYFA requires a Head Coach to play each player a minimum of 6 plays per game. Each Member Association will be responsible for requiring each of their Head Coaches to maintain accurate MYFA 6-Play Sheets for each game played. The Head Coach and two assistant coaches will be required to sign each 6-Play Sheet for each game to serve as witnesses that the information on the sheets is true and accurate. Each association will be required to forward all 6-Play Sheets to MYFA for that Saturday, no later than 8pm on the following Sunday. If a Head Coach fails to comply with the minimum play requirements for his team and players or does not submit a 6-Play Sheet weekly they will be subject to the following penalties by MYFA:

(A) **1st Offense** – One Week Suspension from all Association football related activities, including practices and games.

(B) **2nd Offense** - Suspension from all Association activities relating to MYFA for the remainder of the season and will be subject to further action or suspension if deemed necessary by MYFA.

(C) **3rd Offense** – Head Coach will be banned from coaching in MYFA.

(D) Any association that fails to submit 6-Play Sheets to MYFA before the next week's games will be subject to discipline of the MYFA Executive Board. Penalties could include an entire association being ineligible for the playoffs that season.

(E) In the event a 6-Play Sheet is questioned by another member association, it is the responsibility of the member association bringing the complaint to provide evidence of wrongdoing, which can include video evidence, parole evidence (statements from opposing team parents), or anything else to help prove the accusation. It is not the Executive Board's responsibility to perform the required investigation to rule on a 6-Play violation.

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Section 12 All coach's ejection appeals are required to submit a \$150.00 deposit (*cash, money order or electronic funds transfer to a MYFA account*) when submitting the appeal request. If the violation is overturned, the deposit shall be returned to the appealing party.

ARTICLE XX -- PRACTICES

Section 1 No team practices shall be held, other than organized football activities (*i.e., football camps, spring football, 7-on-7*), **before July 27th of 2026.**

Section 2 No more than one practice per day shall be allowed.

Section 3 No more than 4 practices (*including scrimmages*) in a 7-day period shall be allowed. During season this means 4 organized team activities, including games. Organized team meetings with no physical activity (*i.e., film sessions and/or team parties*) are not considered a practice or game and are not limited by this rule.

Section 4 **Practice Temperature Policy:**

- 1) The temperature must be 105 degrees or lower at the start of practice time for an association to hold a full pads practice with their players.
- 2) If the temperature is above 105 degrees at the start of practice time, the member associations will have "Helmets Only" practice until the temperature drops to or below 105 degrees and will provide water breaks every 15 minutes.
- 3) All associations will use the Weather Bug App for uniformity to determine the temperature and heat index at any of hosting locations during the season.

ARTICLE XXI -- PLAYER CERTIFICATION, WEIGH-INS & TEAM ROSTER

Section 1 There shall be only two Player Certification & Weigh-Ins per season. The date of Player Certification & Weigh-In is determined each year by the MYFA Executive Board.

Section 2 Required Documents:

Each player must provide a copy of birth certificate or other government document showing DOB. (*Only original copies for proof of DOB will be accepted in the event of protest*). All players must have a current photograph attached with their player certification form that fits within the designated area on the form.

Live-In Designation: Proof of Address showing the player lives within the Organization's Boundary – school enrollment documents, parent driver's license, utility bill

Attends ISD Designation: Proof of school enrollment or screenshot of ISD's Online Student Profile (Skyward).

NRP/RP: Proof of Address or School District Attending if residing within another Organization's Boundary along with a completed Special Consideration Form.

Section 3 The Town Representative shall complete the MYFA Roster Form prior to the date of the Player Certification & Weigh-Ins (**not during the weigh-in**). **PLAYERS ON THE MYFA ROSTER SHALL BE LISTED IN ORDER BY THEIR GAME JERSEY NUMBER.** The MYFA Representative shall verify the furnished MYFA Roster Form for the following information: (*See Official Roster included on Pg 35*)

- (A) Town
- (B) Division
- (C) Team Number (*Only applicable if a town has more than one team in a division*)
- (D) Assistant Coaches' Names & Phone Numbers

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(E) Game Jersey Number

(F) Player Name

(G) Age

(H) Grade

(I) Date of Birth

(J) Qualification Option - All players will be identified as one of the following:

“LI” for **Live-In**; “ATT” for **Attends**; “NRP” for **Non-Resident Player**; “RP” for **Returning Players** (*Players approved by Special Consideration previous year with MYFA*).

Section 4 The MYFA Representative shall **confirm** that the provided photo is the player to be weighed-in and also cross check the valid certificate of birth information. A MYFA Town Representative shall **conduct** the weighing of each player. There shall be a MYFA Roster Form provided to teams in every member association.

Section 5 All players shall be certified and weighed-in on the two specified dates. Any player remaining uncertified after the second date will be dropped from the roster.

Section 6 All players that attend the second date for Weigh-In and Certification will be required to pay a \$20 late certification fee per player.

Section 7 A copy of the official MYFA Roster Form, approved player certification form and a photo of each player must be carried to each game by the Head Coach (*either paper or electronic copies are acceptable*). This information must be made available for review upon request **only** by the opposing Head Coach or Referee at the game location. The request must be made prior to the start or after the end of the game. The review shall be requested in a timely manner as to not interfere with a scheduled kick-off time.

Section 8 Player jersey number and official weight shall be posted on the MYFA website. Posting players last names will be left to the discretion of the local association.

Section 9 **No player may be added to a roster after the first game.**

Section 10 The Secretary of each member association will keep copies of the official MYFA Roster Form for each team for 2 years.

ARTICLE XXII - GAME RULES & REGULATIONS

RULE 1 **GAME RULES.** MYFA games shall be played under NCAA rules except where MYFA rules differ.

RULE 2 **TASO OFFICIALS.** MYFA shall coordinate provision of four (4) TASO Officials for each regular season game and officials shall be paid by the Member Associations hosting the games. If only one official is present, the game shall be played. Should no officials show by the scheduled start time, both teams may leave and the game shall be rescheduled by the Town Representatives, if possible. If the Representatives cannot agree on a rescheduled time, the MYFA Officers shall determine the time and location of the game. Should a team not show up within 15 minutes of a scheduled start time, the ***“No Show”*** team shall forfeit the game.

(A) Official’s fees shall be determined each year by the TASO members. Four (4) officials should be provided for each tackle game. 2026 Official’s fee shall be:

(1) **Officials \$70.00 per official per game called.**

(B) TASO Officials, for a given season, cannot hold a position on MYFA Executive Committee, or be on the coaching staff or hold a position connected with any participating Town’s Association.

(C) **SCOREBOARD CLOCKS**

1. A TASO Official will be provided to run the clock for all Playoff Games.

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2. All member associations will be required to provide a visual game clock when hosting any MYFA football games. Hosting member associations will be responsible for providing a trained volunteer, minimum 18 years of age, as a designated game clock operator for regular season games.

(D) MYFA will provide officials with an overview of the MYFA Rules that they should know order to officiate MYFA games. The MYFA TASO Official will distribute a copy to any official that he assigns to work MYFA games. Member Associations may also provide copies for officials who work their games.

RULE 3

GAME TIME: All tackle football division games shall consist of 4 quarters.

(A) 7U games shall be 8 minute quarters on a regulation clock.

(B) 8U, 9U, 10U & 12U games shall be 10 minute quarters on a regulation clock.

(C) If a team should become 30 points behind in the second half of a game, the head coach of the trailing team may request the Referee to run the clock without stoppage where the clock would normally stop (*game clock will stop for injuries only*).

(D) Once a team falls 30 pts behind during any point in the game, the score of the game at that time will be determined as the final score of the game. The game play shall continue as normal, but no further scores will be reported from that point in game.

(E) If the game schedule for hosting location is running behind and a game has 30 point score differential, the hosting association can make the determination for the game clock to run for the remainder of the game.

(F) A referee time-out will be called at the 2-minute mark of each half for a **2-Minute Warning**. This shall be treated as a normal time out that will not count against either team, and play will resume on the referee's whistle.

RULE 4

BANTAM RULES: The following shall apply for the **7U Division Only**:

(A) One Coach per team shall be allowed on the field for offense and defense.

The Coach must be **at least 10 yards from the ball** at the time it is snapped. No verbal communication can be made by the Coach after the play has started, i.e., the ball is snapped. The offensive coach must be 10 yards behind the ball when snapped. The defensive coach must be 5 yards behind the deepest defensive player when the ball is snapped. A coach that violates these rules shall be penalized as follows:

a. 1st Offense – Warning

b. 2nd Offense – 5 yard penalty (*pre-snap penalty*)

c. 3rd Offense – 5 yard penalty and coach is replaced on the field for remainder of the game. Coach is allowed to remain on sidelines but not on the field.

(B) The playing field shall be **standard NCAA width and length** (100 yards).

RULE 5

LANGUAGE: Profane language and/or **trash talk** shall not be tolerated.

(A) 1st Offense is a warning to player/coach.

(B) 2nd Offense player/coach will be removed from the game for 4 plays, 15-yard penalty, dead ball foul.

(C) 3rd Offense is an automatic ejection of player/coach from the game, 15-yard penalty, dead ball foul.

RULE 6

PLAYER EQUIPMENT: The following are requirements are for a player's game equipment that is to be worn during a MYFA game. No equipment shall be worn that could endanger another player or attempt to confuse or deceive another player. If a player is found to be in violation of any of these equipment rules, that player will not be permitted to play until the equipment issue is corrected.

JEWELRY: No jewelry shall be worn. This is illegal equipment and there will be a 15-yard penalty.

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HELMET EYE SHIELDS & VISORS: All eye shields, visors, eyeglasses and goggles must be clear and possess no tint or reflective properties. No medical exceptions to this rule will be allowed.

RULE 7

RESTRICTED PLAYERS: Restricted Players shall follow these requirements:

(A) A restricted player **may play guard, center, or tackle and can be the tight end or end man on either end of the line of scrimmage on offense** at the time the ball is snapped but **cannot advance the ball on offense**. They may play any position on defense. **On defense, he/she may advance the ball by pass interception, fumble recovery, or cover a lateral**. All restricted players' helmets must display an official MYFA restricted player sticker (*Green Sticker – MYFA 2026*).

(B) A restricted player **may kickoff, attempt to punt; kick a field goal; or kick a point after touchdown**. Restricted players **cannot, in any case, advance the ball past the scrimmage line or attempt to pass the ball**. The restricted player **must attempt to do what the playing position indicates** (*i.e., no attempt to confuse the defense*).

(C) On kickoff return, a Restricted Player may lineup on the front line **ONLY**. If the ball is kicked at the Restricted Player while on kickoff return, the Restricted Player **WILL BE ALLOWED** to return the kick for the receiving team. The Restricted Player will **NOT** be allowed to go beyond 5 yards of their front line position to recover the kick and be eligible to return the kick. The Restricted Player **MAY NOT** receive the ball from another player during the kick return play.

i. Any violation of this rule will result in a Unsportsmanlike Conduct 15-yard penalty on the restricted player and Head Coach with a loss of down.

ii. If the violation occurs again during the same game or in any future games, the Head Coach of the violating team will be subject to further disciplinary action from the MYFA Executive Committee that may include being suspended for the rest of the season and future seasons. The violating team may also be subject to forfeiture of the games and removal of playoff eligibility.

(D) On special teams' plays, a restricted player will not be allowed to advance the ball.

(E) A player shall be determined restricted at the time of the Player Certification & Weigh-in only. If a player gains weight after the weigh-in, he/she shall play the remainder of the season as an unrestricted player.

(F) A restricted player not properly marked (*see above Section B*), automatically sets out for four plays and must be properly marked before entering game.

RULE 8

PLAYER EJECTIONS: Any player ejected from a game for any reason is suspended from their team's next scheduled game that follows the ejection. **THIS WILL BE ENFORCED BY THE MEMBER ASSOCIATIONS**. Any violation of suspension will warrant further disciplinary actions by the MYFA Executive Committee.

(A) A player that is ejected from a game may submit a written appeal from their head coach to their association's Board of Director's for approval to allow the Town Representative to submit on behalf of the player to the MYFA Executive Board for consideration. Until the MYFA Executive Committee makes a determination regarding the appeal, the player must abide by the restrictions following an ejection.

(B) All player ejection appeals are required to submit a \$150.00 deposit (cash, money order or electronic funds transfer to a MYFA account) when submitting an appeal request. If the violation is not upheld the deposit is returned to the appealing party.

(C) Any player receiving two (2) Unsportsmanlike Conduct penalties will be automatically ejected from the game and follow the ejection protocol included in this section.

(D) Any player received three (3) Personal Foul penalties will be automatically ejected

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from the game and follow the ejection protocol included in this section.

RULE 9

TIE GAME: In the case of a tie game during Regular Season there shall be Overtime. Before the start of Overtime, the officials shall conduct a coin toss with the visiting team's captain making the "Call". The winner of the coin toss shall have the opportunity to choose either an Offensive or Defensive start. The team that elects for offense shall start 1st and Goal from the opponent's 10-yard line. That team shall have 4 legal downs to attempt to score (*i.e. - touchdown or kick a field goal*). Regardless of the outcome of the first offensive attempt to score, the other team shall then be given the same situation on the same end of the field. If both teams do not score or if still tied, the 1st & goal situation is repeated. If after 2 opportunities for each team to score, the game is still tied, the game is officially a **TIE game**.

(A) Penalties will be the same as a regular game.

(B) Extra points will be attempted after each touchdown.

(C) The defense can score same as a regular game.

(D) If there is a turnover, then the defensive becomes the offense.

(E) Time-outs- ONE (1) time-out per team in overtime

RULE 10

STANDINGS AND TIE-BREAKER: Conference standings and end of season seedings will be based on the following format:

1. Winning Percentage
2. Head-to-Head
3. Head-to-Head Differential
4. Total Points Against
5. Total Points For
6. Total Points Differential
7. Lowest Number of Forfeits
8. Coin Toss

If at the end of the season the conference records do not determine the final standings, the tiebreaker will be as follows. In the case of a three-way tie, if one of the teams has defeated the other two teams during the regular season, then that team shall have the highest position. If the other two teams have played, and one has defeated the other, then that team shall have the next highest position.

If there still remains a tie, the following guidelines will be used to break the tie.

(A) A plus/minus system will be used. Margin of victory or margin of defeat will decide a team's plus or minus rating.

(B) All games played between the tied teams will be used in this tiebreaker.

(C) The cap for margin of victory is 30 points.

(D) The highest rated team will be the highest seed. The next team with the best rating will be the next seed.

(E) If two teams are still tied, a head to head winner will decide the highest seed.

(F) If teams are still tied, then a coin toss will determine the highest seed.

(G) Any team that elected to forfeit a game during the season shall receive a -31 score.

(H) Any team awarded a win by forfeit during the season shall receive a +31 score.

Examples:

Team A 24	Team A 12	Team B 22
<u>Team B 16</u>	<u>Team C 30</u>	<u>Team C 14</u>
Team A is + 8	Team A is - 18	Team B is + 8
Team B is - 8	Team C is + 18	Team C is - 8

Team A total = + 8 - 18 = - 10

Team B total = - 8 + 8 = 0

Team C total = - 8 + 18 = + 10

** Team C is the highest seed based on rating.

** Team B is the next seed based on rating.

** If A and B would have tied based on ratings, Team A would be the next seed based on head to head competition.

RULE 11 **PLAYOFF TIES:** In Championship Games the regular season format shall be adhered to for the breaking of ties. All Consolation Games, if tied, will remain tied.

RULE 12 **DELAYS & CANCELLATIONS:** Games shall be played during inclement weather. If a temporary weather event requires a game to delay, the players, coaches, and spectators shall leave the field of play until the Director on Duty gives permission to resume the game. Games shall delay as long as possible before they are cancelled. The latest game start time shall be 8pm. Depending on the site schedule that day, games shall be delayed until the final game of the day reaches a start time of 8pm. Once that happens, games in a delay will start to be cancelled. **Games shall only be cancelled by the Hosting Association once started in the event of severe weather** and shall immediately announce to both Head Coaches. All teams shall go to the scheduled game location where the decision to play shall be made. Games once started and then stopped due to weather or other circumstances will continue later and proceed where game was when stopped. If a game cannot be continued on the scheduled day, the Referee shall report the following to the Head TASO Official -- time remaining in the game, the score, the location of the ball on the field, the name of the team in possession of the ball, remaining timeouts, and the number(s) or name(s) of any players or coaches who were ejected from the game. Elected Officers and Referees will confer about cancellation during Championship play.

RULE 13 **WATER BREAKS:** There will be one (1) water break per quarter called by the officials at approximately the middle of the quarter.

RULE 14 **FORFEITURE OF GAME:**

(A) A game shall be ruled as a forfeit if one or both teams fail to take the field at the scheduled time of the game. The score of the game shall be 31-0 and the team that failed to show up will be given a loss. If both teams fail to take the field, both teams will be given a loss.

(B) Each team shall participate in the scheduled Consolation/Playoff post-season game(s) unless there are an odd number of teams in a Division, in which case the last place team in the Conference with the largest number of teams shall not be scheduled a Consolation game.

(C) Penalties

(1) Regular Season and Playoff Games

(a) The Association of the forfeiting team shall reimburse the Association hosting the games the total cost of the TASO Official for the

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forfeited game plus pay MYFA an additional \$200 fine.

(b) The penalties for the Head Coach shall be the same as if he/she were ejected for regular season games.

(c) Forfeit of a Playoff Game will result in the Head Coach shall being banned from coaching in MYFA for the remainder of the season and the entire next season.

(2) Reimbursement for Regular Season game forfeitures must be paid by the last regular MYFA meeting at which time post-season games are scheduled.

(3) Reimbursements or fines to MYFA due as a result of playoff game forfeitures must be paid by the first regular MYFA meeting of the next season.

RULE 15 **DEFENSIVE PLAYER ALIGNMENT:** A defensive player may align directly over the offense's center or in either gap offset the center. The defensive player may engage the center permitting that no deliberate contact is made to the head of the center.
(A) If it is determined that a defensive player is making deliberate contact to the center's head the foul shall be a 15-yard Unsportsmanlike penalty.

RULE 16 **DISTANCE & DOWN MARKER VOLUNTEERS:** The visiting team must provide three (3) volunteers for the distance and down markers on the visiting team's sideline.

RULE 17 **GAME BALLS & PLACE KICKING TEES:**
(A) Each town shall provide an official **GAME BALL** for each team that meet the requirements listed below. Game balls are to be used for **Games Only** and are **not for practice purposes**.
(B) The official game ball for 10U & 12U Divisions shall be the Wilson TDJ leather or composite football.
(C) The official game ball for Divisions Flag through 9U shall be the Wilson K-2 leather or composite football.
(D) Both Head Coaches shall meet with the Head Official at the coin toss before the game and certify that the Game Ball(s) meets the above requirements. If additional footballs are needed because of poor weather conditions, they must also meet the above requirements.
(E) Place kicking tees are optional.

RULE 18 **POINTS AFTER TRY (PAT):**
(A) The PAT is an opportunity for either team to score two points while the game clock is stopped after a touchdown.
(B) The PAT shall be played at the midway point between the hash marks on the opponents 3-yard line. The offensive team may attempt to score 2 points by running an offensive play and the football reaching the opponent's end zone
(C) Or the scoring team may declare a field goal attempt for 2 points by attempting a field goal and the ball successfully passes over the crossbar and between the uprights of the defensive team's goal.

- The defensive team may not rush on a declared field goal attempt. The defensive team is required to stand with their arms raised (no leaving their feet).
- If the kick is blocked or does not cross the back line of the end zone, the ball will be blown dead. The defense may not return a blocked or missed field goal attempt.
- In the event the holder drops the snap or the snap fails to make it to the holder, the holder has the ability to pick up the ball and place it

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for the kick attempt without a rush. If the holder has to leave his spot/position to get the ball from a bad snap, the play will be blown dead and the attempt is no good.

- (D) If the defensive team on the non-field goal PAT forces a turnover the defensive team may attempt to return the ball the offensive team's end zone to receive 2 points.

ARTICLE XXIII – 5U & 6U FLAG DIVISION RULES

- RULE 1** **NUMBER OF PLAYERS:** Each Team shall play with a maximum of 8 players on the field. If a team falls below the minimum number of (5) players, the opposing coach is encouraged to play the same number of players to make the teams equal.
- RULE 2** **GAME BALL:** A Wilson composite or genuine leather K2 sized football shall be used.
- RULE 3** **LENGTH OF GAME:** The game shall consist of (2) 20 minute halves. A ten (10) minute halftime shall separate the two halves. The twenty-minute halves will have a continuous running clock. Game Referee will maintain a 60 second play clock that is started on the referee's whistle or marking of the ball. Game clock shall be displayed on hosting location scoreboard during the duration of the game, except when there is more than one game being played at the location. In that circumstance the officials will keep the time on the field. Each team shall receive (1) timeout per half. Game clock will stop during timeouts for each half. Timeouts will be 60 second timeouts only.
- RULE 4** **FIELD DIMENSIONS:** The field shall be 45 yards in length and standard width. The ball shall be placed at the **40 YARD LINE TO START ALL OFFENSIVE POSSESSIONS.** If an offensive player with possession of the football goes beyond the 45 yard line during a live play, that player shall be ruled out of bounds and the ball shall be placed at the 40 yard line with a change of down for the offensive team's possession.
- RULE 5** **POSSESSION:** A coin toss will determine who shall receive the choice of possession at the beginning of each game.
- RULE 6** **LINE OF SCRIMMAGE:** The Offensive Team must have a minimum of 4 players set on the line of scrimmage at the time of the snap of the ball. Players in motion do not count as players on the line of scrimmage. Once the center has placed his hands on the ball, no offensive player may enter the neutral zone. Following the ready for play whistle and until a legal snap, no defensive player may encroach, touch the ball, stand in, or in any other way interfere with the offensive team. No defensive player may line up directly over the center or in the A Gap. Linebackers must be a minimum of 3 yards off the ball if lined up in front of the center.
- RULE 7** **FUMBLES:** Any ball that is fumbled during a down will be dead by rule. Possession shall remain with the team in control of the ball prior to the fumble. A rolling or fumbled snap will not be an immediate dead ball, instead, the runner is allowed one (1) opportunity to cleanly field the ball to keep the play alive. If the runner fails to cleanly field the ball from a rolling or muffed snap, then it will be blown dead. This will be at the sole judgement/discretion of the referee.
- RULE 8** **BLOCKING:** Blocking is allowed. Arms may be extended with hands placed below the neck and above the waist while a block is engaged. Normal NCAA holding rules will apply.
- RULE 9** **OBSTRUCTION OF THE RUNNER:** Obstruction of the Runner – A defensive

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player shall not hold, grasp or otherwise obstruct the forward progress of the runner when attempting to remove the runner's flag.

- RULE 10** **UNIFORMS AND FLAG BELTS:** All jerseys must be tucked in and are not permitted to hang over the player's flag belt. All players are required to have three (3) flags on their belt at all times; one on each side and one on the back of the player. Runners shall not flag guard by using any part of the body or ball to deny the defense the opportunity to pull or remove a flag.
- RULE 11** **MOVING THE BALL:** Each team shall begin possession at the 40-yard line. Both teams move towards the same end zone while on offense. Cones or markers shall be placed on the 40, 25 and 10-yard lines along the field sidelines. Each team has 3 downs in which to move the ball to the next zone of downs (i.e. a team starts possession at the 40-yard line and has 3 plays to reach the 25-yard line.). Once a team reaches the 10 yard line, they will then have 4 downs to score a touchdown from inside the 10. QB Sneaks are not allowed. All plays must be run outside the guard position of the offensive line. No ball carriers are allowed to run the ball in the A-Gap. A gap is defined as 1 yard either side of the ball. Defense shall not be allowed to blitz the A-Gap at any time.
- RULE 12** **END OF PLAY:** A player will be considered down when one of the player's flags is removed or falls off. If the runner's knee touches the ground the play will be blown dead at the spot the runner's knee touched.
- RULE 13** **OFFICIALS:** Each game shall have (2) TASO officials. Official shall be responsible for keeping the official score, enforcing penalties and overall game management. Flag officials shall be paid **\$40 per official per game**.
- RULE 14** **PENALTIES:** Penalties shall be enforced in the same manner as a tackle game. If the offensive team is unable to have the full yardage of a penalty marked off, the offensive team will receive a loss of down instead.
- RULE 15** **SCORING:** A touchdown is scored in the same manner as in tackle football. The scoring team will be awarded 6 points for touchdowns. The scoring team may then elect to attempt the PAT from the 3 yard line for 1 point or from the 7 yard line for 2 points.
- RULE 16** **ORGANIZED ACTIVITIES:** Flag Teams will not be allowed more than three (3) organized team activities within a one (1) week period, including games. Practices shall be no more than (1) hour in length.
- RULE 17** **GAME SCHEDULES:** The Flag Football Season shall consist of a minimum of eight (8) games. Flag season shall start the same weekend as the tackle season. All Flag games will attempt to be scheduled to begin in the morning prior to the start of any tackle games. Game times are subject to change.
- RULE 18** **COACHES:** All Flag Football coaches will be required to have a background check performed by MYFA. Coaches will not be allowed on the field without having their MYFA badge present. No more than two (2) coaches will be permitted on the field at any time per team. Coaches are prohibited from any verbal communication with the players during a live play.
The offensive coach must be 10 yards behind the ball when snapped. The defensive coach must be 5 yards behind the deepest defensive player when the ball is snapped. A coach that violates these rules shall be penalized as follows:
- a. 1st Offense – Warning
 - b. 2nd Offense – 5 yard penalty (pre-snap penalty)
 - c. 3rd Offense – 5 yard penalty and coach is replaced on the field for remainder

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of the game. Coach is allowed to remain on sidelines but not on the field.

RULE 19

MOUTH PIECES: All players are required to have mouth pieces at all times during the play of the game.

RULE 21

DRESS CODE: Players will not be allowed to wear caps, hats, visors or sunglasses (*excluding prescription*) on the field during the game.

ARTICLE XXIV -- 7on7 FOOTBALL

RULE 1

AGE GROUPS & DIVISIONS: Divisions will be established as defined below. If a division fails to make a 4-team minimum, it may be combined with another division.

(A) 7U Division: Players may not turn the age of 7 before September 1st.

(B) 8U Division: Players may not turn the age of 8 before September 1st.

(C) 9U Division: Players may not turn the age of 9 before September 1st.

(D) 10U Division: Players may not turn the age of 10 before September 1st.

(E) 12U Division: Players may not turn the age of 12 before September 1st.

(The age cut-offs are based on the age of the player September 01, 2026.)

(F) 7on7 coaches must maintain a team book with a copy of a birth certificate or legal proof of birth along with a current picture of the child. This book must be available at all games and a challenging/opposing coach can request to review the book before or immediately after a game only. Failure to provide a team book upon request will be a violation and subject to normal punishment by MYFA officers as regulated by the MYFA By-Laws.

(G) Any player residing within a MYFA Member Association area that does not offer or participate in the MYFA 7on7 League, are eligible to play for other MYFA Member Associations for 7on7 only.

RULE 2

FIELD DIMENSIONS:

(A) Field Length

1. 7U & 8U Divisions – 30 Yards

2. 9U, 10U, 12U Divisions – 40 Yards

(B) Field Width--160 feet (60 feet to hash mark, 40 feet between)

(C) End Zone—10-yards deep

RULE 3

STARTING THE GAME:

(A) Both games (when both ends of the field are being utilized) will begin at the same time. The official shall blow his whistle indicating the game has begun. The game time will be displayed on a visible scoreboard.

(B) Visitors *(TBD before kickoff)*, will always align their team on the right sideline facing the end zone. Home always align their team on left sideline facing the end zone.

(C) Ball is placed on the right hash mark or the center of the field when at the 40-yard line *(30-yard line for 7U and 8U divisions)*.

(D) Referee announces score and time remaining before an offensive possession begins.

RULE 4

MOVING THE BALL:

(A) No kicking/punting is allowed.

(B) The fields will be marked in (3) separate intervals with cones or yard markers.

(C) 9U, 10U, 12U Divisions: Division will receive 4 downs at each interval.

1. The first interval will be from the 40-25-yard line.

2. The second interval will be from the 25-10-yard line.

3. The last interval, which is “Goal-To-Go”, 10-yard line to the End Zone.

4. If the offensive team fails to make a first down the opposing team will take possession of the ball at the 40-yard line.

(D) 7U & 8U Divisions: Each team will have 4 downs at each interval.

1. The first interval will be from the 30-20-yard line.

2. The second interval will be from the 20-10-yard line.

3. The third interval, which will be goal to go, 10-yard line to the End Zone.

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4. If the offensive team fails to make a first down the opposing team will take possession of the ball at the 30-yard line.

(E) Possession always begins at the 40-yard line (30-yard line for 7U/8U) at the right hash. No penalty can be assessed in excess of the 40/30-yard line. A loss of down will be assessed instead.

(F) Offenses always move in the same direction.

(G) All coaches, players and any other personnel on a team's sideline will not be allowed past the 10 yard line on that team's field of play. It is the responsibility of the team's Head Coach to make sure no sideline personnel are in violation of this rule during game play.

RULE 5

SCORING:

A) Touchdowns are worth 6 points.

1. Teams will be automatically awarded the 1-point for the PAT following the score of a touchdown, unless the scoring team immediately informs an official of their intent to attempt a 2-point conversion.
2. 2-point conversion attempts will be from the 10-yard line.

B) Interceptions are worth 2 points.

1. Interceptions that occur on a 2-point conversion are worth 2 points for the defensive team.

C) Official game score is kept by the officials.

RULE 6

BREAKING TIES:

(A) **NO GAMES IN 7on7 SHALL END IN A TIE.**

(B) Each team will receive (1) offensive possession during each overtime period.

(C) A coin flip will determine which team receives the first possession. The coin flip will be called by the visiting team.

(D) Each team will begin their offensive possession from the 15-yard line and have 4 downs to score. If a team scores on their offensive possession in the first overtime period, that team may accept the automatic 1-pt PAT or elect to attempt 2-pt conversion from the 10-yard line.

(E) In the event that additional overtimes are required, each team will be required to attempt 2-pt conversions from the 10-yard line until a team can be declared a winner.

RULE 7

P.A.T.'s:

(A) 1-Pt Conversion - The "extra point" will be automatically awarded to a team following the score of a touchdown, unless the scoring team immediately informs an official of their intent to attempt a 2-pt conversion. Teams will be given less than 10 seconds to make this decision from time the touchdown is scored.

(B) 2-Pt Conversion – The 2-pt conversion is achieved by scoring from 10-yard line.

(C) Interceptions on a PAT attempt are dead balls and worth 2 points to the defense.

RULE 8

GAME CLOCK AND TIME OUTS:

(A) Neither team receives any time outs during the game.

(B) The game clock is continuous during both halves of play.

(C) Games will be a 35 minute game (no halftime) w/ continuous clock.

(D) Games will start 10 minutes after the completion of the previous games.

(E) All teams must show up 15 minutes before game time. It is imperative all games begin and end on schedule to prevent delays of other games.

(F) If a team is not present at the start of a game, the present team can elect to receive a win by forfeit or allow the other team 10 minutes on the game clock before electing

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the win by forfeit.

- (G) A scoreboard clock shall be used to display game time. In the event of an injury to a player that requires stoppage of play to occur, the official shall use a stop watch to track the amount of time lost due to the injury timeout. At the completion of the regulation 20-minute time period, the official shall extend the game to account for time that was lost. The extended time shall not exceed 5 minutes. This time will be kept by an official.

RULE 9

OFFENSIVE FORMATIONS:

Standard offensive formations must be used to simulate contact football situations. The following Offensive formation rules apply:

- (A) Must be 3 players on LOS. Center must not have anyone within 4 yards of his spot.
(B) Any player on the LOS that is "covered" by another player on the LOS is ineligible to receive a pass. Example: TE is aligned 4 yards from the center on the LOS; a WR is aligned on the LOS between the TE and the sideline. The TE is ineligible to receive a pass by the formation because the WR is "covering" the TE. In order to be eligible, the WR needs to be off the LOS.
(C) A maximum of 4 players can be on one side of the center on the initial alignment.
(D) Only one player is allowed to be in motion at any one time.
(E) The QB can be aligned under center or in the shotgun formation.
(F) The center is not an eligible receiver at any time during a play. The center must snap the ball between the legs or underhand to the quarterback.

RULE 10

QUARTERBACK PASS CLOCK: The quarterback only has (4) seconds to throw the ball (6 seconds for the 2nd & 3rd Grade divisions). Time starts when the ball is snapped and stops when the quarterback releases the ball. If the time is over 4 (or 6) seconds, it will result in a loss of down for the offensive team.

- (A) If the QB releases the football in 4.0/6.0 seconds or less, the play will stand.
(B) If the QB clock has exceeded 4.0/6.0, the official will wait until the play is over (the play is not blown dead), then brings the ball back to the original line of scrimmage with a loss of down.
(C) The official will blow his whistle to signal the end of the play, approx. 2 seconds after the expiration of the 4.0/6.0 second allotment if the ball has not been thrown by the offensive team.
(D) In the event the defense intercepts a pass that is thrown after the allotted 4.0/6.0 seconds and before the official has whistled the play dead, the defense will be awarded the 2 points and possession of the ball.

RULE 11

OFFICIAL GAME BALLS: Each team will use its own ball during offensive possessions.

- (A) K2 balls for the 7U & 8U divisions only.
(B) 9U, 10U & 12U divisions may use a TDJ or TDY sized ball.
(C) The intent of this rule is to ensure that the higher levels do not use an undersized ball to gain an advantage. Synthetic or genuine leather balls are permitted.

RULE 12

TURNOVERS:

- (A) Fumbles and interceptions are dead balls at the spot with the last team retaining possession.
(B) An interception will award 2 points and possession to the defense.
(C) All fumbles will be considered dead balls with the offensive team retaining possession at the spot where the fumble occurred.

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- (D) A muffed snap is not a fumble/dead ball. The 4.0(6.0) second count remains in effect on snaps.

RULE 13

GAME CLOCKS:

- (A) Each team will have 40 seconds to snap the ball once the previous play was whistled over by an official.
- (B) Delay of game penalty will be loss of down plus a 5-yard penalty.
- (C) Play clock is typical for all divisions and teams.
- (D) It is the responsibility of the offense to get the ball back to the line of scrimmage. The center must refer to referee's spot for official marking and placement of ball.

RULE 14

LEGAL PASSES:

- (A) All passes must be forward and have a 3-yard separation between QB and receiver.
- (B) No double passes, lateral passes, pitches or handoffs are allowed as that would constitute an illegal pass.
- (C) "Shuffle" passes are permitted as long as the 3-yard separation is achieved between passer and receiver.

RULE 15

BLOCKING:

- (A) Once a receiver catches a ball, **all other offensive players must stop at their current position**. They **cannot block** or be eligible to obtain the ball in any manner (i.e. hook and latter/ hitch and pitch). If an offensive player blocks for another, the play will be blown dead at the spot of the block.

RULE 16

END OF THE PLAY:

- (A) Receiver/Ball carrier is legally down when touched below the neck with one or both hands. (Excessive force by shoving, pushing, or striking a blow will be penalized by automatic first down plus 5 yards. Expulsion of a player(s) may occur if fouls are ruled unsportsmanlike & flagrant).

RULE 17

MARKING THE FOOTBALL:

- (A) Offensive team is responsible for retrieving and returning the ball to the previous spot or the new scrimmage spot.
- (B) The play clock does not stop and any delay by the offense in retrieving and returning the ball to the line of scrimmage while attempting to verify the spot with an official will result in a 5-yard delay of game penalty from the succeeding spot.
- (C) The center must correctly spot the ball with the official and place the ball correctly prior to running an offensive play. If an offensive play is run from an inaccurate spot, a 5-yard penalty will be assessed or loss of down if ball is at the original LOS.

RULE 18

DELAY OF GAME/DEAD BALL FOULS:

- (A) Two delay of game penalties in the same possession results in a turnover. The defensive team will then put the ball in play on the 40 (30 for 7U/8U) yard line.
- (B) Any dead ball foul on a play that results in the defense getting the ball and it is unable to be penalized back to the 40 (30 for 7U/8U) yard line will result in a loss of down penalty. The defense, now the offense, would be starting play with 2nd down.

RULE 19

DEFENSIVE PASS INTERFERENCE:

- (A) Defensive Pass Interference will be the same as NCAA rules. (15 yard penalty).
- (B) Defensive pass interference in the end zone will be an automatic 1st and goal at the 5-yard line. If the ball is closer to the end zone than the 5-yard line at the time of defensive pass interference, the spot closer to the end zone will be utilized with an automatic 1st down.

2026 METROPLEX YOUTH FOOTBALL ASSOCIATION BY-LAWS & RULES

RULE 20

OFFENSIVE PASS INTERFERENCE:

- (A) Offensive Pass Interference is the same as NCAA rules, (15 YARD PENALTY). If the offensive team receives a 15-yard penalty that cannot be fully administered, then the penalty will result in loss of down.
- (B) Offensive receivers are **NOT** allowed to run “**PICK**” plays that create physical contact with defenders to allow other receivers to become open.

RULE 21

ILLEGAL CONTACT:

- (A) Responsibility to avoid contact is with the defense.
- (B) There will be **NO** chucking, or deliberate bumping, jamming or grabbing. These actions will result in a "tack on" penalty at the end of the play (5-yard penalty) or the down will be replayed with a 5-yard penalty should the result of the play be an incomplete pass.

RULE 22

UNSPORTSMANLIKE CONDUCT:

- (A) No taunting or “trash talking” (5-yard penalty & expulsion if flagrant) is allowed at any time during game.
- (B) Any players involved in a physical confrontation will be immediately ejected from the game.
- (C) Following any action that the game official deems to warrant an ejection, the ejected player shall serve a 1 week suspension which shall include 1 full week of practice and both games on the following Friday. This suspension shall carry over to the game week if the infraction occurs the week preceding a bye week.
- (D) A team removed from a game for fighting will not be allowed to participate or play for remainder of year.

RULE 23

ALL AGE DIVISION COACHES: A coach shall be allowed on the field during a team's offensive possessions ONLY. The coach shall remain a minimum of 10 yards behind the line of scrimmage. After the ball is snapped, the coach on the field shall not be allowed to provide verbal instructions to players. 1st offense of verbally instructing players during play will result in a warning. Second and subsequent offenses will result in a loss of down and 5-yard penalty.

RULE 24

MOUTH PIECES: All players are required to have mouth pieces at all times during the play of the game.

RULE 25

DRESS CODE: Players will not be allowed to wear caps, hats, visors or sunglasses (excluding prescription) on the field during the game.

RULE 26

TEAM NO-SHOW POLICY: This rule pertains to teams that have been scheduled to play in a MYFA 7on7 game and do not show without providing at least 24 hours’ notice of the team’s inability to play the scheduled game. If a team “No-Shows” for a game without prior notification, that team will be immediately removed from the schedule for the remainder of the 7on7 season.

(A) It is the responsibility of a forfeiting team’s Head Coach to notify the affected parties if unable to play a scheduled MYFA 7on7 game. Head must contact the opposing head coach, hosting location official and a MYFA Executive Board member.

(B) Forfeiting team will seek to find a substitute team to allow opposing team opportunity to play at the original scheduled game time. Replacement game will not count against the official standings and the opposing team will receive a 17-0 win for the standings.

(C) The member association of forfeiting teams will be responsible for the cost of the game officials and field fees at \$100 per forfeited game. Fine payment must be before

2026 METROPLEX YOUTH FOOTBALL ASSOCIATION BY-LAWS & RULES

the completion of that same MYFA 7on7 season.

(D) Head Coach of a forfeiting team may face a suspension by the MYFA Executive Board. Multiple forfeited games by the same coach may result in a coach being suspended from all MYFA activities for a minimum of year.

ARTICLE XXV – VIOLATIONS OF BY-LAWS AND RULES

Section 1

Violation of any Article, Section or Rule shall bear a penalty as determined by the MYFA Executive Board or as defined in the MYFA By-Laws and Rules. Penalties may range from a Letter of Reprimand up to being removed from MYFA. Penalties shall be determined by the Executive Board.

Section 2

Reporting a Violation or Request for Appeal:

(A) Only a Town Representative may report a violation of the By-Laws and Rules to the Executive Committee. The violation must first be reported by telephone and a complete written report must be submitted. Violations may be submitted to any MYFA Executive Committee Representative.

(B) Complete written report of the violation must state the specific Article and Section or Rule Number that has been violated; the date and description of the violation; identity of the person or persons who committed the violation; how and when the Town Representative became aware of the violation; and include any supporting evidence or documentation that may be necessary to support the allegation.

(C) Game protests for violations that occur during, and affect the outcome of a game may only be submitted for conference, playoff and Super Bowl games. Protests will **NOT** be allowed to be submitted for any non-conference games.

(1) Only the Head Coach of a team involved in the game may choose to report a violation.

(2) The Head Coach must put up a \$300.00 deposit (cash, money order or cashiers check only) with the complete written report. If the violation is upheld the deposit will be returned to the coach. If the violation is upheld the deposit goes to the general fund of the league.

(3) The Head Coach must report the violation to the Town Representative no later than 24 hours after the completion of the game. The Town Representative must report the violation by telephone to their league's Rules Chairman or President by the Sunday that follows the game, no later than 12:00 am.

(4) The complete written report must be signed by the Head Coach and Town Representative. It must be delivered to the Rules Chairman or President no later than 12:00 am of the first Tuesday that follows the Sunday in which the notification of the violation was given by telephone.

(5) The MYFA Executive Committee will meet to discuss the information meets the requirements. Once the Executive Committee agrees that the proper information and payment has been submitted, the President shall call for a "Special Meeting" of all the MYFA Town Representatives to discuss the matter and render a final decision regarding the violation no later than the following Wednesday at 12:00 am. A MYFA Representative will telephone the Town Representatives of the parties immediately after a decision is made. An email will be sent to all Town Representatives explaining the reported violation and the Executive Committee's decision.

(6) A complete written report of a violation that occurs in the final game of the Regular Season must be presented at the MYFA Regular Meeting on the Sunday immediately following game. A decision will be made at that time and all Town

2026 METROPLEX YOUTH FOOTBALL ASSOCIATION BY-LAWS & RULES

Representatives will be notified of the decision by the resident at the meeting.

(D) Violations that do not affect the outcome of a game.

(1) Notification that a violation has occurred must be made by the Town Representative by either email or telephone to their league's Rules Chairman or President within 24 hours of the time he or she becomes aware of the violation.

(2) The complete written report of the violation must be received by the Rules Chairman or President no later than 72 hours after the telephone notification of the violation was made. This report may be made by email or letter and signed by the Town Representative.

(3) The Executive Committee will meet and determine the outcome of the report of violation not later than five (5) days after receiving the written report. The President will telephone the Town Representatives of the parties immediately after a decision is made. An email will be sent to all Town Representatives explaining the reported violation and the Executive Committee's decision.

(4) A complete written report of a violation that occurs in the final week of the Regular Season must be presented at the MYFA Regular Meeting on the Sunday immediately following the final Regular Season game. A decision will be made at that time and all Town Representatives will be notified of the decision by the President at the meeting.

Section 3

Teams may not be voted out of MYFA for reasons other than for disciplinary action or for any misconduct exhibited by members of a team(s), including coaches, at or during a game. The Head Representative of TASO officials shall report to the MYFA Executive Board any misconduct by any member of a team. Disciplinary action shall be determined by the MYFA Executive Board.

ARTICLE XXVI – MEDIA AGENCIES & VENDORS

Section 1

Definitions:

(A) A "media agency" for purposes of these criteria shall mean a daily or weekly publication, cable system, radio station, television station or television network, which issues Press Credentials to its employees.

(B) A "vendor" for the purposes of these criteria shall mean a person or company that promotes or exchanges goods or services for money.

(C) The "game area" for the purposes of these criteria shall mean football field and the surrounding area in which MYFA requires individuals to pass background checks to enter. The location of media and vendor employees shall be in the sidelines area outside of the Team Area (25-yard line to 25-yard line), which extends around the end zones.

Section 2

Media & Press: Any Media Agency employee presenting current Media Credentials for admission to a game shall complete and sign the MYFA Media Agency & Press Credentials Agreement form. After the Media Agency & Press Credentials form is completed and signed the person will be admitted and allowed access to the game area and press box, if available and there is room.

Section 3

Vendors:

(A) A vendor must submit a completed and signed Vendor Application & Agreement a minimum of ten (10) days prior to the date of the event or game at which the vendor is applying for approval to conduct business.

(B) If a vendor sets up, performs services and/or transacts business in the game area the vendor's employees shall be subject to the same background check requirements as MYFA Officers and Member Associations (Article IV Section 8) and must wear IDs

2026 METROPLEX YOUTH FOOTBALL ASSOCIATION BY-LAWS & RULES

with photographs.

Section 4 **Approval or Rejection:** A Member Association shall approve or reject, unless the event or game is directly under the supervision of MYFA Officers. A Vendor application for an event or game directly under the supervision of MYFA Officers must be approved by the Executive Committee.

Section 5 **Approved Forms:** A Member Association shall make a copy of any Media Agency & Press Credentials form or Vendor Application & Agreement that it approves and keep it. The original form shall be sent to the MYFA Secretary no later than seven days after it is approved.

ARTICLE XXVII -- AMENDMENTS

The MYFA By-Laws and Rules may be amended by a (2/3) two-thirds majority vote of a quorum of the Board of Directors at any regular or special meeting called for that purpose between January 1 and July 1 of any year. Special Policies, which ensure the safety and the health of players, may be instituted by the Board of Directors after July 1.

2026 Meetings & Activities Schedule

This is the official notification of meetings for the 2026 MYFA Season. Meetings will be held at locations to be determined or via Zoom and will begin at 3:00pm (unless otherwise specified). If a Town Representative is unable to attend, a designated substitute must attend in his/her place.

January 11th – First Regular Scheduled MYFA Meeting for 2026

February 1st – Regular Scheduled MYFA Meeting.

March 1st – Regular Scheduled MYFA Meeting. Town Representatives will need to turn in list of their member association's officers & directors. Deadline to submit team 7on7 Rosters.

March 20th – Week 1 of the MYFA 2026 7on7 Football Regular Season

April 12th – Regular Scheduled MYFA Meeting

May 1st - Final Week of MYFA 2026 7on7 Football Regular Season (*Week 6*)

May 3rd – Regular Scheduled MYFA Meeting. **Final meeting to make revisions to the 2026 MYFA By-Laws.**

May 8^h – MYFA 2026 Championship 7on7 Football Tournament

June 7th – Regular Scheduled MYFA Meeting. **Approve 2026-2027 MYFA By-Laws**

July 12th – Regular Scheduled MYFA Meeting. Registration Sign-Up cutoff dates are to be declared. 2026 MYFA By-Laws are distributed.

July 25th – MYFA Annual Coaches Meeting. Meeting venue and format TBD.

July 27th – First official day all teams may begin team practice & activities. (*Helmets Only for 1st Week of Practice*)

August 8th – Regular Player Certification and Weigh-In (Location to be determined)

August 23rd – Late Player Certification & Weigh-In; Scheduling Meeting to follow. Final MYFA Meeting before season starts. (*Location to be determined*)

September 5th – Week 1 of 2026 Regular Season Games

October 31st – Final Week of MYFA 2026 Regular Season Games (*Week 9*)

November 1st – MYFA Playoff Meeting for 2026. Playoff Schedules Set

November 7th – Week 1 of 2026 Playoff Season

November 14th – Week 2 of 2026 Playoff Season – Conference Championships

November 21st – 2026 MYFA Super Bowls Games (in Cleburne)

December 6th – Final MYFA Meeting. Executive Board Elections for 2027.

2026 METROPLEX YOUTH FOOTBALL ASSOCIATION BY-LAWS & RULES

METROPLEX YOUTH FOOTBALL ASSOCIATION

2026 OFFICIAL TEAM ROSTER FORM

Town:		Head Coach:		Phone:					
Team #:		1st Asst. Coach:		Phone:					
() 5U Flag () 6U Flag		2nd Asst. Coach:		Phone:					
() 7U Tackle () 8U Tackle		3rd Asst. Coach:		Phone:					
() 9U Tackle () 10U Tackle		4th Asst. Coach:		Phone:					
() 12U Tackle		5th Asst. Coach:		Phone:					
1st Certification Reps Initials & Town		6th Asst. Coach:		Phone:					
1)		7th Asst. Coach:		Phone:					
2)		COMPLETED BY THE HEAD COACH				COMPLETED BY MYFA TOWN REPS			
Jer. #	PLAYER NAME	#	DOB	Age	Grade	**PRD**	Photo	Age	Weight
		1							
		2							
		3							
		4							
		5							
		6							
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		33							

Original of this form is kept by LEAGUE. 1 copy kept by the Head Coach in team book & 1 by local association.

*** PLAYERS ARE TO BE LISTED IN NUMERICAL ORDER BY THEIR JERSEY NUMBERS ***

NRP = Any player that DOES NOT Live-In or Attend School within your district's boundaries

2026 METROPLEX YOUTH FOOTBALL ASSOCIATION RESIDENTIAL SPECIAL CONSIDERATION REQUEST FORM

ORIGINAL FORM & (2) COPIES MUST BE SUBMITTED FOR APPROVAL

MYFA BY-LAWS - ARTICLE XV - SECTION 2 - D: A copy of the **APPROVED SPECIAL CONSIDERATION FORM**, signed by a MYFA Officer, must be kept in the Coaches Book; the original form must be kept by the Secretary of the Member Association.
(The 2nd copy is for MYFA Records)

MEMBER ASSOCIATION		DIVISION		HEAD COACH	
NAME OF PLAYER			GRADE		AGE
SCHOOL DISTRICT PLAYER RESIDES IN			SCHOOL DISTRICT PLAYER ATTENDS		
TYPE OF SPECIAL CONSIDERATION REQUESTED					
<i>MYFA By-Laws - Article XV - Section 2 - B: The is one type of Special Consideration: Residence Special Consideration</i>					
SUPPORTING DOCUMENTS					
<i>(Please check if attached with this form.)</i>					
	Letter from Player's Parent(s) or Guardian(s)				
	Letter from the Principal or School that the Player attends.				
	Proof of Address (Example: Utility Bill, Property Tax Bill, Etc.)				
	Other - Describe: _____				
MYFA BY-LAWS - ARTICLE XV - SECTION 2					
(A) Every Special Consideration Request must be submitted on the <u>Special Consideration Form</u> and be approved by the Board of Directors. Special Considerations must be presented and approved before the player is Certified & Weighed In.					
DATE		SIGNATURE OF TOWN REPRESENTATIVE SUBMITTING SPECIAL CONSIDERATION			
<i>Signature of a 2nd Member Association is only required if that member association is involved in the special consideration submission.</i>					
DATE		SIGNATURE OF TOWN REPRESENTATIVE OF SECOND MEMBER ASSOCIATION INCLUDED IN S.C.			
DATE		ACTION TAKEN BY MYFA BOARD OF DIRECTORS		SIGNATURE OF MYFA OFFICER	



(Weight to be checked at Player Certification)

**2026
METROPLEX YOUTH FOOTBALL ASSOCIATION
PLAYER CERTIFICATION FORM**

Grade	Weight	
Flag 5U	No Weight Restriction	☐
Flag 6U	No Weight Restriction	☐
7U	85 lbs	☐
8U	95 lbs	☐
9U	105 lbs	☐
10U	115 lbs	☐
12U	135 lbs	☐

Passport-Type Photo
(head-shot only, no full body photos)

IDENTIFICATION CARD

Association: _____

Player Designation: _____

Name: _____

School District: _____

School Attending: _____

Birth Date: _____

Age As of 9/1: _____

Grade for 26/27: _____

Address: _____

ZIP: _____

Phone #: _____

MYFA USE ONLYPhoto: _____ Verified By: _____
(First & Last Name)DOB: _____ Verified By: _____
(First & Last Name)Residency: _____ Verified By: _____
(LI/ ATT / NRP) (First & Last Name)Weight: _____ Verified By: _____
(First & Last Name)**Notes****Certification Information**

By signing this document below, the parent or legal guardian of the child named above, is certifying that the information provided is true and accurate. Furthermore, I understand that if any information provided is determined to be false or in non-compliance with MYFA By-Laws the player named above will be prohibited from participating in MYFA indefinitely. In consideration of being allowed to participate, each participant and his/her parent/guardian waives any and all claims for injury, illness, accident of loss of any kind and hereby release and indemnify Metroplex Youth Football Association, all member associations, facilities, sponsors, members, volunteers and other representatives from any and all losses, claims, damages and other liabilities arising from the participation or attendance of any MYFA related event. This shall apply and extend to any and all MYFA related events from 08/01/26 through 12/31/26.

Parent/Guardian Signature: _____

Date: _____