



# TGR Trail Running Races

## Races Jan - Jun

JAN 10 | 2021 (SUN) - TGR Trail (45L) (15S) (5F)  
MAR 6 & 7 2021 (SAT / SUN) - HAN100 (100L) (50S)  
MAR 27 2021 (SAT) - Ultra @Tai Po (75L)(22S) (119K)  
MAR 28 2021 (SUN) - Ultra @Tai Po (44E) (119K D2)  
APR 11 2021 (SAT) - Gold Coast GR (24L) (16S) (9F)  
MAY 16 (SAT) - Pottinger GreenRace (15L) (7S) (4F)  
MAY 31 (SUN) - 3 Islands GR (30L) (10S) (20E) (4i)  
JUN 14 (SUN) - Kapuhala GreenRace (18K)

## Races July - Dec

JUL 18/19 (SAT/SUN) - Japan Mt. Taisetsu Trail (70L) (40S)  
AUG 22 (SAT) - Tigershead GreenRace (16L) (8S)(8F)  
SEP 19 (SAT) - TGR Immortals @ PSL (32L) (18S) (5F)  
OCT 25 (SUN) - Double Nine GreenRace (10L) (5S) (3F)  
NOV 7 (SAT) - Summits @Mui Wo (50L) (17S)(27E)  
NOV 15 (SUN) - STGR Salomon Marathon (42L) (10S) (21E)  
DEC 13 (SUN) - TGR Hard As Nails (16S) (8E) (4F)

## TGR Trail Running Series

RACE #1 - TGR Trail (4 Jan) (45L) (15S) (5F)  
RACE #2 - TGR Ultra (27 & 28 Mar) (75L/22S & 44E)  
- 75K Day 1 + 44K Day 2 = 119K 2D Challenge  
- Kapuhala 18 represents 2020 Series Race #2  
RACE #3 - TGR Immortals (19 Sept) (32L) (18S) (5F)  
RACE #4 - TGR Summits (7 Nov) (50L) (17S) (27E)

## GreenRace Fun Series

RACE #1 - 3i GreenRace (25 Apr) (30L)(10S) (20E) (4i)  
RACE #2 - Pottinger GreenRace (16 May) (15L)(7S)(4F)  
RACE #3 - Tigershead GreenRace (22 Aug) (16L)(8S)(8F)  
RACE #4 - TGR Double Nine (25 Oct) (10L) (5S) (3F)

# TGR.RUN/RACES

L = Long Series | S = Short Series | E = Extra Distance | F = Family Series | 4i = 4 Islands Advanced

All dates correct as of: 1 June 2020 \*Permits pending.