



ANNUAL REPORT

2025–2026

Caring for the Mental Health Caregiver

No one should face caregiving alone.

The Agnes McCarthy Caregiver Foundation (AMCF) remains steadfast in its commitment to supporting caregivers through information, grants, college scholarships and nationwide advocacy, striving to help caregivers feel seen, supported and less alone.

As AMCF celebrates five years of service, we reflect with gratitude on the generosity of our donors and look forward with purpose, guided by our strategic plan to expand and deepen the support we provide. With 64% of family caregivers reporting moderate to high emotional stress, and 1 in 4 feeling alone,ⁱ our mission is as vital as ever. Together with the donors and caregivers who inspire us, we are strengthening the future of families nationwide.

ⁱ <https://www.caregivingintheus.org/stories/caring-for-the-caregiver-what-the-data-tells-us-about-mental-health-and-family-caregiving/>

OUR MISSION

AMCF provides hope and relief to family caregivers of a loved one with mental illness. We provide educational resources, community referrals, emergency financial grants, and scholarships. AMCF is a 501(c)(3) not-for-profit charity EIN #862255846

OUR BOARD OF DIRECTORS



United by a commitment to caregivers and informed by lived experience, AMCF's Board of Directors provide thoughtful leadership, oversight and stewardship. Their collective expertise in nonprofit governance, financial accountability, program development and mental health support guides our strategy and strengthens our impact, while keeping the needs of our caregivers at the center of every decision.

Agnes McCarthy Caregiver Foundation

<https://agnesmcf.org> • 844-760-2623 • info@agnesmcf.org

P.O. Box 744, Green Brook, NJ 08812



Every caregiver deserves support

Across the country, family caregivers meet mental illness with courage, patience, and love—often while carrying financial, emotional, and practical burdens of their own. AMCF exists so they do not have to carry those burdens alone.

From our Executive Director

This year, we kept our focus on what matters most: listening carefully, responding with compassion, and directing resources where they can make a meaningful difference. Every grant, scholarship, referral, and act of advocacy begins with a person who deserves to feel seen.

As we reflect on 2025–2026, we are grateful to the caregivers who trusted us, the students who inspired us and the donors and partners who made it possible. We are grateful to Christie Nunan who served as Executive Director selflessly for five years, making an impact on AMCF and every caregiver she touched along the way.

As I step into the Executive Director role, I want to honor my family's legacy of giving and caring and ensure that AMCF can continue its mission and legacy many years into the future. We have an opportunity to make a difference in people's lives, and intention is not enough. Action is required, and we move into the year ahead with clarity, momentum and a deep commitment to building a stronger circle of support around every caregiver we serve. Thank you for your ongoing encouragement and support.

Bethany Dziedzic
 Executive Director

"Words can't express how grateful I am! I needed something good to happen."

— Nicole, AMCF Caregiver Grant Recipient



AWARENESS AND OUTREACH WALKS

AMCF co-sponsored and participated in 4 walks this year to raise awareness for mental health needs and connect with community members in 4 states: Nebraska, California, New Jersey and Idaho.

YOUTH OUTREACH

AMCF sponsored the Emotional Wellness Fiesta at Santa Ana College, as part of an outreach to at-risk youth in the community.

SILENT AUCTION

Our first annual silent auction brought together 50 family members and close to \$4,000 in proceeds.

50/50 RAFFLE

The 50/50 raffle generated \$4,200 to help continue the valuable scholarship program to our young caregivers.

GIVING TUESDAY

The November day dedicated to charitable giving was once again our biggest fundraiser with almost \$12,000 raised for AMCF caregiver programs.

AMCF CAREGIVER AWARD

Tom O'Callaghan presented the AMCF Caregiver Award at NAMI Staten Island. NAMI is a valuable partner with referrals between both organizations.



Our Mission Delivered

60

Caregiver grants

23

Scholarships

18

States reached

CONDENSED FINANCIALS

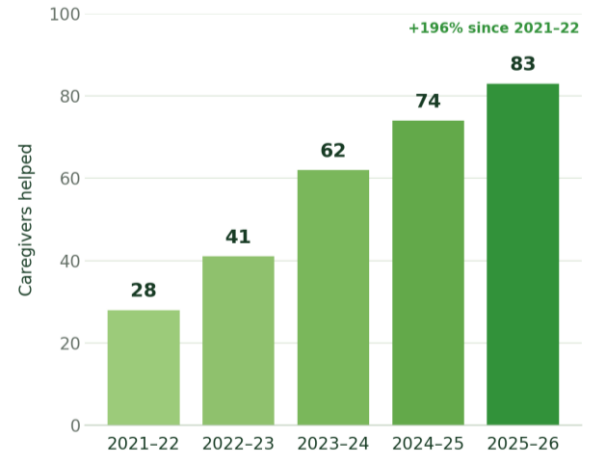
Fiscal year ended June 30	2025-2026	2024-2025
Donations	\$86,522	\$71,283
Program expenses (Caregiver grants, College scholarships, Information & Toolkits)	\$63,784	\$79,446
Fundraising expenses	\$5,984	\$5,377
General & Administration expenses	\$5,859	\$3,800
Change in activities	(\$10,894)	(\$17,340)
Net Assets	\$31,834	\$20,940



AMCF was awarded a Platinum Transparency seal for 2026 from Candid, formerly Guidestar.

Caregivers Helped Each Year

AMCF expanded its reach from 28 caregivers to 83 over five fiscal years.



84%

of every dollar went directly to programs

For every \$1.00 raised this year, \$0.84 went directly to support our caregivers.

Fiscal end 2025 = 90%

Fiscal end 2024 = 82%

WHAT THE NUMBERS MEAN

This year we awarded 60 Caregiver Grants and 23 College Scholarships across 18 states.

Each figure represents practical relief for a student or caregiver.



The next chapter is taking shape

AMCF is entering its next fiscal year with purpose. We will strengthen our caregiver programs, deepen our community partnerships and expand resources for mental health caregivers nationwide. We invite you to continue this journey with us, to create a legacy of hope, relief and connection. Your generosity and partnership make it possible for caregivers to feel seen, supported and less alone. Together we can ensure every caregiver has somewhere to turn.

THANK YOU FOR SUPPORTING OUR MISSION

We could not accomplish our work without the generous contributions from the following:

LEGACY LEADERS

(gifts of \$2,500 or more)

Diane and Michael Bagby
Marilyn and Edward Glaser
Susan and Tim Kasziba
Susanne O'Callaghan and John Walker
Aru Rao and Joe Hathiramani

VISIONARIES

(gifts of \$1000 - \$2499)

Christine Christensen
April Dunning
Jennifer Medina
Christie and Ron Nunan

CARE CHAMPIONS

(gifts of \$500 - \$999)

Maureen Curran and Michael Stein
Nancy and Jerry* Glaser
Angie and Ted Kirkhart
Cade Kirkhart
Francis O'Callaghan & Elizabeth Esposito
Tom O'Callaghan & Sofia Sierra
Tricia Ryan
Anthony Vinci

** In loving memory of*

CARE PARTNERS

(gifts of \$100 - \$499)

Marsha Babcock and Bernie Glaser
Jacqi Blobaum
Carlene Bourn
Leida Bosque-Rijos
Eric Eick and Joyce Kuwae
Kevin Eick and Manjula Chava
Victoria Gibbons
Luke and Brenna Glaser
Susan Grimsby
Margaret Hennessy
The Hershmans
Beata Matthews
Victoria McFarland
Kara Nielsen
Catherine O'Callaghan
Pearse O'Callaghan
Marc Potolsky
Lisa Rigatti
Dan Ryan
Charles Tang

FRIENDS OF AMCF

(gifts of \$1 - \$99)

Anonymous
Jeanette Breashears
James Brown
Arlette Cepeda
Patricia Ciampaglia
Dan Devaney
Daniel Devaney
Yuan Du
Catherine Dwyer
Bethany Dziedzic
Chuk Ezuma
Linda Fraley
Gennifer Gatan
Sandra Garner
Kim Greene
Michelle Hendrickson
John Hennessy
Gaye Korley
Michelle Meiners
Karen Presley
Dennis Sloan
Adam Smith
Denise Spoto
Louisa Stringer
Jason Williamson
Robert Zeiser

BUSINESS AND COMMUNITY PARTNERS

Glaser Ceramics, Inc., Lincoln, NE
Wireless Zone Gives, Fishers, IN
Mental Health Strong, Fullerton, CA
The Rock Tax Solutions, Inc. Staten Island, NY



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