



# **ANNUAL REPORT**

Fiscal Year 2021-22



SUPPORT

*Help*

CARING FOR

THE MENTAL HEALTH

Caregiver

NEVER  
ALONE

*Hope*

*Providing*  
RELIEF

# WHO WE ARE

## Our Mission

As a 501(c)(3) nonprofit public charity, the Agnes McCarthy Charitable Foundation's mission is to provide hope and relief to caregivers of persons in mental health crisis by providing informational support and emergency financial resources.

## Our Vision

The vision of AMCF is for no caregiver to face caring for a mentally ill person(s) all alone.

## Our Values

### CONFIDENTIALITY

We pledge to protect your information and to keep it private.

### COMPASSION

We treat each caregiver with respect and compassion. We know you are on a difficult journey.

### HOPE

There is always Hope! Hope provides the expectation that there will be a positive outcome within the events of our lives.

### INCLUSION

We aim for equal access to grants and resources for all people, including those who may be excluded or marginalized.

### RESPONSIVE

Our goal is to react quickly and positively to all grant requests.

# BOARD OF DIRECTORS



Edward Glaser  
President



Marilyn Glaser  
Vice President



Christie Nunan  
Executive Director/Secretary



Anthony Vinci, CPA  
Treasurer



Susanne O'Callaghan, PhD



John P. Walker, PhD



Kara Nielsen



Jennifer Medina, MS Ed



P. Anne Taylor, Esq



Cade Kirkhart, MCoun, LPC, NCC

“It has been a rewarding opportunity to apply my knowledge and experience as a school psychologist to help advance the mission of AMCF and the caregivers we serve.”  
- Jennifer Medina”

## FROM OUR PRESIDENT

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## Why AMCF?

I'm Edward Glaser, President and a founding member of the Agnes McCarthy Charitable Foundation, also referred to as AMCF. I'd like to tell you why we founded AMCF, where the name and history came from, and what our vision was when beginning this journey of starting a charity for caregivers to those in mental health crisis.

Growing up in a large family and with a war veteran father, mental illness was something that was always a part of my life. But my personal caregiving story began when I became a father to five children of my own. Years of doctors' appointments and filling prescriptions for my family always had me thinking how fortunate I was to have the financial resources, the time, and the family support to bring to my caregiving role. Yet it also had me concerned for those who did not. That's when my wife, Marilyn, and I decided to start a charity for caregivers in need.

Together with other board members we submitted an application for a 501c3 not for profit so that we could begin underwriting grants for caregivers. Soon after, Marilyn and I completed a free 12-week education course through the National Alliance on Mental Illness (NAMI family to family program). Each week we joined a group of about 20 other caregivers to learn and share. Our experience was eye opening. We learned so much about mental illness and the task of caregiving. It can be a difficult role that lasts forever. With limited caregiving resources and support, one's hope for their loved one to get better can be discouraging. Imagine trying to help someone you love and having little hope for them to get better, recover, and live happy, healthy lives?

The Agnes McCarthy Charitable Foundation exists because we want to give hope and relief to caregivers of loved ones suffering from mental health issues. When I reflected on my own life experiences, the endless comfort and support I received from my grandmother, Agnes McCarthy, came to mind. She was the first caregiver I knew. She worked hard and loved hard. She was a constant for me. And I want other people to experience that, even if it's just a moment of support. What better way to honor my grandmother than by naming a charity for caregivers after her?

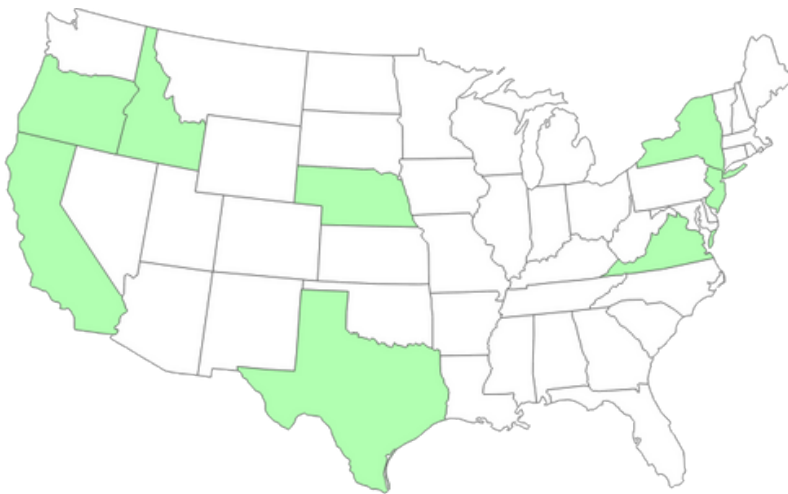
My vision for AMCF's future is to be around for generations to come to help many more generations of caregivers. I want to thank all of those who have helped us through our start-up and look forward to a long association with you. If you haven't already, I hope you will join us.

# HOW WE ARE HELPING PEOPLE

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"My family has been suffering mentally, emotionally and financially for nearly four years. Your generosity helped to cover my daughter's much needed therapy sessions, and there was even a little left over to do something for myself. Your foundation gives hope to people like me."

”



**In our first year of operation, we distributed 28 caregiver grants to individuals in eight different states.**

**We gave three grants to NAMI chapters in New Jersey, California and Nebraska in support of their free family classes.**



“

"Thank you so much for being there for the families who need help. Hopefully with our classes and your charity, we can help many families who struggle with mental illness."

”

- National Alliance on Mental Illness (NAMI)  
Staten Island, New York

# FROM OUR EXECUTIVE DIRECTOR

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Hi, I'm Christie Nunan, Executive Director of the Agnes McCarthy Charitable Foundation. According to the National Alliance on Mental Illness (NAMI), our country is now seeing one in five adults experiencing a mental health crisis each year. Those within the LGBTQ community and mixed/multiracial communities are seeing the highest effect, with 47.4% and 35.8 % respectively. Research also suggests that 11-20% of our veterans, experience PTSD in a given year. And one in six of America's youth are experiencing a mental health disorder each year, with 50% of all life-time mental illness beginning by age 14. These statistics tell us that our country is in crisis! Who is providing support and care to those who suffer? Typically, it is a relative or a loved one and this is why the Agnes McCarthy Charitable Foundation exists. We are here to provide hope and relief to the caregivers of those in mental health crisis - a support system that is inadequate in our country.

How are we providing support? We have two programs: one provides information on mental health resources and communities for caregivers, and the second provides financial assistance. In our first year of incorporation, AMCF provided information and grants to 28 caregivers. These grants were used to pay lapsed doctor bills, to provide gas to attend appointments, and to cover essential items such as clothing and prescriptions. We also helped provide self-care needs for caregivers such as long overdue visits to the salon, stress relief massages, acupuncture, and therapy for their own mental health. And if they weren't already involved in NAMI, many caregivers were referred to NAMI's free classes and other helpful resources.

How does AMCF get the funding to provide these programs? Because we are a 501©3 not-for-profit organization, we raise funds from individuals. And thanks to those of you who believe in our mission, we raised nearly \$100,000 in our first year of operation. We are proud to report that 70% of your donations went to the programs that directly support these caregivers. And because AMCF has earned a Guidestar/Candid Gold Seal of Transparency for fundraising, you can be assured that we operate with integrity. We know donors have lots of charities to choose from and we want our donors to know that they are making a great decision when they choose to support AMCF.

We have one part-time employee and an extremely talented and diverse board of directors who are passionate, hard-working, dedicated individuals, committed to our nation's mental health community. Because we are considered a working board, we conduct weekly zoom meetings to implement policies and procedures, and review grant requests and other financial items together. We are proud to have recently completed our first strategic plan as we move forward into the July 1, 2022 - June 30, 2023, fiscal year.

How can you get involved? If you or someone you know is a caregiver, apply for a grant and refer to our website for helpful information. If you have received a caregiver grant from us this past year, reach out and let us know how you and your loved one are doing. If you are looking for a respectable charity to get involved with, consider volunteering with us or participating in one of our Walks for Mental Health. A simple way to start your involvement would be to follow us on Instagram and Facebook or select us as your charity of choice with Amazon Smiles. If you have the monetary means to donate it's not only 100% tax deductible, but more importantly, it will have a direct impact on those who need help navigating the role of caregiver. With the trajectory of mental illness on the rise, we hope you see the importance of raising awareness and being involved with organizations like AMCF.

# THANKS TO OUR FOUNDING DONORS

## **FOUNDING BENEFACTORS**

*Gifts of \$2,500 and above*

Marilyn and Edward Glaser  
Arundhati Rao and Joe Hathiramani  
Susan and Tim Kasziba  
Angela and Ted Kirkhart  
Edward O'Callaghan and Dawn Vendt  
Susanne O'Callaghan and John Walker

## **AMCF FELLOWS**

*Gifts of \$1,500 - \$2,499*

Michael McCarthy, Esq  
Patricia-Anne Taylor, Esq

## **FAMILY LEGACY**

*Gifts of \$1,000 - \$1,499*

Christine and Chris Christensen  
The Nunan Family  
Valentina and Anthony Vinci

## **LEGACY LEADERS**

*Gifts of \$500 - \$999*

Victoria Gibbons  
Jennifer and Victor Medina

## **BUSINESS PARTNERS**

The Market on Main, Cranbury, NJ  
Succulents by Shari, Carlsbad, CA  
Glaser Ceramics, Lincoln, NE

## **FRIENDS OF AMCF**

*Gifts of \$1 - \$499*

Victoria Cantor  
Maureen and Mike Curran  
Dana Derchin  
The Dziedzic Family  
Renee Fiduccia  
The Frausto Family  
Gerald and Nancy Glaser  
Thommy Guerrero  
Stacey Hagan-Czujko  
Donna Hargis  
Nadelle and Mike Kijewski  
Arlene Lane  
Sarah Legaspi  
Jan-Carlo Marasigan  
Lori Ann Martin  
Brian Neary  
Catherine O'Callaghan  
John Pansini  
Joanie and Art Rivera  
Thomas Shea  
Stephen Signeavsky  
Shari Teach  
Joseph Vinci  
Linda Vinci  
Susan Quinn Vinci  
Jeannette Winter



# CONDENSED FINANCIAL STATEMENTS

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## Statement of Activities For the Fiscal Year Ended June 30, 2022

Total Revenue \$ 98,306

Total Expenses \$ 48,344

Change in Activities for the Year \$ 49,962

## Statement of Financial Position as of June 30, 2022

Total Assets \$48,432

Total Liabilities \$-0-

Net Assets Unrestricted by Donors \$48,432

The ratio of program expenses to total expenses is 70%

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In total, 84 donors helped us raise \$98,306.  
That's an average donation of \$1,170!

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AMCF earned a Guidestar/Candid Gold Seal for transparency and accountability. That means you can trust how your donation dollars are being used when you give to AMCF.

Gold  
Transparency  
2022

Candid.

# WALKING FOR MENTAL HEALTH

Thanks to those who walked, donated and provided services for our mental health awareness campaigns.

Breashears, Jeannette  
Chiarella, Racquel  
Chung, Shifei  
Christensen, Christine and Chris  
DaSilva, Gladys and David  
DaSilva, Gloria and Richard  
Du, Yuan  
Dunning, April  
Dwyer, Cathy  
Fraley, Linda and John  
Garcia, Ray  
Gautier, Kelley and Scott  
Gibbons, Valerie and Victoria  
Glaser Ceramics  
Glaser, Joseph O'Callaghan  
Glaser, Kristy  
Gostomski, Anna  
Grimbsby, Susan  
Hathiramani, Aru and Joe  
Homan, Jackie  
Kasziba Family  
Kirkhart, Angela and Ted  
Kirkhart, Cade  
Kuwae, Joyce  
Lapidus, Elsa  
Levine, Randi  
Margary, Alexa  
Martinez, Pamela  
Medina, Jennifer  
Mesmer, Jolie and Larry

Meyers, Nicole  
Moffett, Jennifer  
Nielsen, Kara  
Nielsen, Kris  
Nunan, Christie  
Obermeyer, Maurene and Mark  
O'Brien, Bridget and Joe  
O'Callaghan, Edward and Dawn Vendt  
O'Callaghan, Frank and Elizabeth Esposito  
O'Callaghan, Sharon and Mark  
O'Callaghan, Susanne and John Walker  
O'Callaghan, Thomas and Sofia Sierra  
Patel, Umesh  
Rivera, Joannell and Art  
Ryan, Stephanie  
Smith, Elaine and Leslie  
Tajuddin, Abunaser  
Tardieu, Kristy  
Taylor, Joyce  
Taylor, Patricia-Anne  
Thomas, Roberta  
Thompson, Joy  
Tointon, Becca  
Uko, Vanessa  
Vats, Siddharth  
Vergara, Ursicina  
Vinci, Anthony  
Whitehead, Pat  
Whitehead, Randy





AMCF fundraises from individual donations to keep our mission moving forward. Please visit [www.agnesmcf.org/donate](http://www.agnesmcf.org/donate) to make a tax-deductible gift if you can.

If you or someone you know is a caregiver to someone who struggles with mental illness and needs support, visit [www.agnesmcf.org/resources](http://www.agnesmcf.org/resources).



Select Agnes McCarthy Charitable Foundation as your charity of choice in your Amazon settings. With each purchase you make through Amazon, 0.5% will be automatically donated back to us.



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