

# AMCF

AGNES MCCARTHY CAREGIVER FOUNDATION

[WWW.AGNESMCF.ORG](http://WWW.AGNESMCF.ORG)

## ANNUAL REPORT

AGNES MCCARTHY CAREGIVER FOUNDATION

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# 22- 23

# VISION . . . . .

Our vision is for no caregiver to face caring for a mentally ill person all alone.

## VALUES

- ✓ Confidentiality
- ✓ Compassion
- ✓ Hope
- ✓ Inclusion
- ✓ Responsiveness



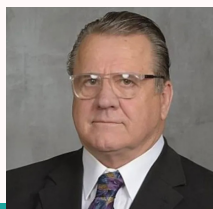
# MISSION . . . . .

As a 501(c)(3) nonprofit public charity, the Agnes McCarthy Caregiver Foundation's mission is to provide hope and relief to caregivers of persons in mental health crisis by providing information support and emergency financial resources.

## Board of Directors

### top row:

Edward P. Glaser  
President



### middle row:

Dr. Susanne O'Callaghan

Dr. John P. Walker

Marilyn Glaser  
Vice President



Kara Nielsen

Jennifer Medina MS Ed

Christie Nunan  
Secretary  
Executive Director

### bottom row:

P. Anne Taylor Esq

Anthony Vinci CPA, MBA  
Treasurer



Cade Kirkhart  
MCoun, LPC, NCC

Margaret Hennessy

# MESSAGE FROM THE PRESIDENT

Dear Supporters,

I am pleased to present the annual report for the Agnes McCarthy Caregiver Foundation for the fiscal year 2022-2023. It has been a transformative year for our organization as we continue our mission to provide financial support and resources to family caregivers while also making significant strides in promoting mental health awareness.

## *A New Identity: Introducing Agnes McCarthy Caregiver Foundation*

In the past year, we underwent a significant transformation by changing our name to the Agnes McCarthy **Caregiver** Foundation. This name change is a reflection of our core mission and commitment to caregivers, which remains steadfast in providing support while creating a stronger identity for our organization that resonates with our values and goals. Our mission remains steadfast: to provide support, resources, and a community for caregivers who selflessly devote themselves to their loved ones struggling with mental health challenges. We understand the immense responsibility and emotional toll caregiving can take and we are here to offer guidance, education, and solace to these unsung heroes.

## *Introducing the College Scholarship Program*

One of the highlights of this fiscal year has been the successful launch of our College Scholarship Program. We recognized a pressing need to support high school seniors who live with someone facing mental health challenges. Often, these young caregivers carry a heavy burden while striving to achieve their academic dreams.

Our scholarship program aims to alleviate some of the financial stress associated with pursuing higher education. We are proud to report that in our inaugural year, we awarded scholarships to two exceptional young caregivers who demonstrated not only academic excellence but also resilience and compassion.

## *Looking Ahead*

As we move into the next fiscal year, we aim to expand our scholarship program and engage in more extensive outreach and advocacy. We will also be incorporating a Corporate Partnership Program to help put us on the path to getting larger supports. None of this would be possible without the continued support of our donors, volunteers, and caregivers. Your contributions make a tangible difference in the lives of those we serve.

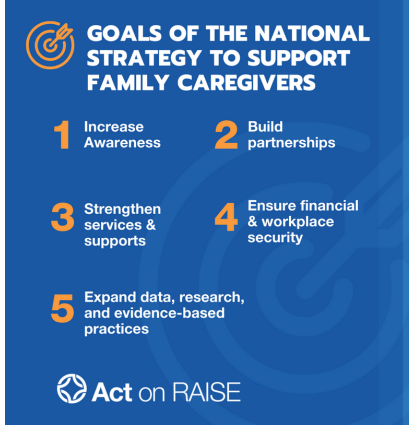
Thank you for being an essential part of the Agnes McCarthy Caregiver Foundation family. Together, we can create a brighter, more compassionate future for family caregivers and individuals struggling with mental health challenges.

Sincerely,

Edward P. Glaser  
President, Agnes McCarthy Caregiver Foundation

**COLLABORATIONS**

According to the National Alliance for Caregiving and AARP’s national survey *Caregiving in the U.S. 2020*, more than 1 in 5 people in the United States is caring for a family member, friend, or neighbor with a health care need or functional disability, including mental illness. Family caregivers report increasing strain in meeting the medical and economic needs of their care recipients; seven in 10 do so with no paid help. Without adequate, affordable services and support, the escalating demands on family caregivers will continue to contribute to the physical, emotional, and financial strain on essential overlooked caregivers. AMCF has partnered with the Act on Raise campaign to ensure attention is directed to mental health caregivers to ensure no caregiver is left behind.



**GOALS OF THE NATIONAL STRATEGY TO SUPPORT FAMILY CAREGIVERS**

- 1 Increase Awareness
- 2 Build partnerships
- 3 Strengthen services & supports
- 4 Ensure financial & workplace security
- 5 Expand data, research, and evidence-based practices

**Act on RAISE**



In collaboration with the Shine Project Foundation, AMCF hosted a special evening for caregivers to those with special needs children. Participants were guided through sound healing and meditation, followed by self-care tips and tools, and concluded with dinner and resources, including a caregiver grant application. Such initiatives go a long way in recognizing the importance of caregivers and providing them with tools and support to better care for themselves and their loved ones.



**Corporate Partnership:** Glaser Ceramics, Inc. partnered with AMCF to encourage charitable giving to AMCF through their webstore checkout. By rounding up their purchases, 315 patrons were able to donate a total of \$189.50. The partnership has a meaningful impact in supporting our programs and is a testament to the generosity of others. It's heartwarming to see how small contributions from many individuals can collectively make a difference in supporting our initiatives.



# IMPACT REPORT

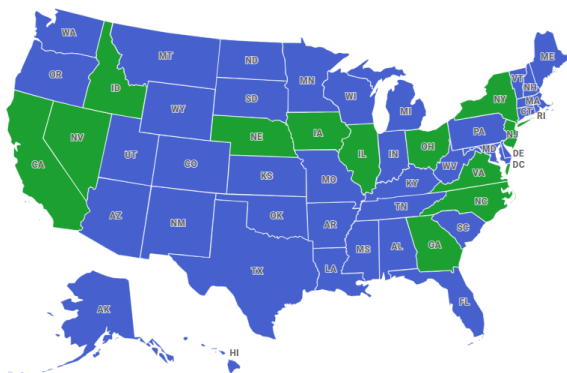
AMCF strives to impact the lives of those who care for loved ones struggling with mental health conditions by providing the following direct support:

- Benevolence grants
- College scholarships for graduating seniors living in a home with someone with a mental health condition
- Resources including support groups, publications, and free education classes
- Acknowledging that they are NOT ALONE and they are SEEN
- Advocating for nationwide change in caregivers lives and workplace support



## Impact Snapshot . . . . .

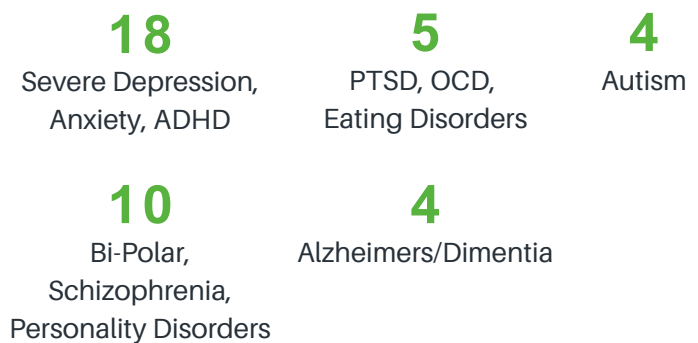
**WE GAVE 39 CAREGIVER GRANTS AND TWO COLLEGE SCHOLARSHIPS THROUGHOUT 12 DIFFERENT STATES**



### WHO OUR GRANTEES CARE FOR:



### WITH HOPE FOR RECOVERY FROM THE FOLLOWING NUMBER OF CONDITIONS:



# CONDENSED FINANCIAL STATEMENT

AMCF is proud to report its significant increase in program spending. During the last fiscal year, with expenses of \$48,344, AMCF spent 70% on direct programming or \$33,841. During this fiscal year, with expenses of \$74,807, AMCF spent 80% on direct programming or \$59,845. This is a 76% increase in program spending, which resulted in **46 additional grants** compared to last year.

	FY21-22	FY22-23
DONATIONS	\$98,306	\$77,017
GRANT PROGRAM EXPENSES	\$(34,028)	\$(60,116)
FUNDRAISING EXPENSES	\$(3,937)	\$(6,064)
MANAGEMENT EXPENSES	\$(10,379)	\$(8,627)
CHANGE IN ACTIVITIES FOR THE YEAR	\$49,962	\$2,210
TOTAL ASSETS	\$48,432	\$53,099
TOTAL LIABILITIES	\$0	\$2,457
UNRESTRICTED NET ASSETS	\$48,432	\$50,642
<b>RATIO OF PROGRAM EXPENSES TO TOTAL EXPENSES</b>	<b>70%</b>	<b>80%</b>

**Giving Tuesday** We'd like to express our sincere gratitude to everyone who took part in our inaugural Giving Tuesday campaign. Raising \$10,000 on a national day of giving is a significant achievement that demonstrates strong support from our community and beyond. With your generous contributions, we are able to provide assistance and support to caregivers who devote their time and energy to looking after their loved ones. Your involvement is a significant step towards enabling us to fulfill our mission and make a positive impact on the lives of caregivers and their recipients. Thank you for being part of this meaningful initiative.

# Thank You

To all our donors and volunteers... we couldn't have done it without your generous support.

## FOUNDING BENEFACTORS

*Gifts of \$2,500 and above*  
Marilyn and Edward Glaser  
Susan and Timothy Kasziba  
Ursula Nigrelli  
Susanne O'Callaghan and John Walker  
Patricia-Anne Taylor, Esq

## FRIENDS OF AMCF

*Gifts of \$1 - \$499*  
Gabby Boutsikakis  
Jeannette Breashears  
Rebecca Curry  
Derek Diesso  
April Dunning  
Dana Derchin  
Renee Fiduccia  
Victoria Gibbons  
Lee Erickson Glaser  
Roxanne Perkins Graves  
Jennifer Nobbman Green  
Gaye Korley  
Arlene Lane  
Jolie Mesmer  
Angie Midgley  
Catherine O'Callaghan  
Pearse O'Callaghan  
Maurene Obermeyer  
Pat Papandrea  
Paula Rose  
Sofia Sierra  
Shari Teach  
Isabelle Vinci  
Joseph Vinci  
Linda Vinci  
Susan Quinn Vinci  
Jeannette Winter

## AMCF FELLOWS

*Gifts of \$1,500 - \$2,499*  
Angela and Ted Kirkhart  
Michael McCarthy, Esq  
Aru Rao and Joe Hathiramani

## FAMILY LEGACY

*Gifts of \$1,000 - \$1,499*  
Christine and Chris Christensen  
Jennifer and Victor Medina  
Kheara Meiners  
Christie and Ron Nunan  
Kenneth Rainin Foundation

## LEGACY LEADERS

*Gifts of \$500 - \$999*  
Maureen Curran and Mike Stein  
Nancy and Gerald Glaser  
Sharon and Mark O'Callaghan  
Valentina and Anthony Vinci

## BUSINESS PARTNERS

Glaser Ceramics Inc, Lincoln, NE  
Transmission at Bayside, Virginia Beach, VA

## TRIBUTE GIFTS

**Jeannette Breashears in Honor of Kathleen Hansher**  
**Rebecca Curry in Honor of Juanita Rohlin**  
**April Dunning in Memory of Sister Regina McCarthy**  
**Kara Nielsen in Memory of Sister Regina McCarthy**  
**Christie Nunan in Memory of Michael O'Callaghan**  
**Catherine O'Callaghan in Memory of Micki O'Callaghan**  
**Pearse O'Callaghan in Honor of Marjorie Ryan**  
**Anthony Vinci in Memory of Sister Regina McCarthy**

Thank you so much for taking the time to read my story. I appreciate you showing up for me yesterday, and can't wait to update you on my journey at USC next year! I feel so honored and seen, which I will be forever grateful for.

I just wanted to let you all the foundation know just how much I appreciated the grant book, and the pamphlets. I especially appreciate the efforts of AMCF to reach out to those of us who care for loved ones with mental illness. It's not very often we feel seen, and I very much felt seen and heard by you during our wonderful conference and by the foundation's grant.

Thank you so very much for the generous grant sent to me. It came at just the perfect time and was so helpful. I also appreciate the book and resources provided. I'm grateful you all wanted to start this foundation.



Our participation in nine walks for mental health awareness raised \$4,000 and reached 5,000 people. These walks help break the silence surrounding mental health and encourage individuals to seek help when needed. Thank you for joining us.

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|--------------------|---------------------------|---------------------|-----------------------------|
| Widelia Acevedo    | Jacob Folks               | Eric Levine         | Theresa Reynolds            |
| Hiassam Atwi       | Donato Gaudiuso           | Randi Levine        | George Rodriguez            |
| Maureen Curran     | Victoria Gibbons          | Maggie MacBeth      | Sofia Sierra                |
| Rebecca Curry      | Marilyn and Edward Glaser | Sahara Margary      | Charles Y. Tang             |
| David DaSilva      | Dale Goldstein            | Jennifer Medina     | Anne Taylor                 |
| Dana Derchin       | Beth Goldstein            | Victoria Migliaccio | Peter Tennyson              |
| Margaret Devaney   | Kim and Nathan Greene     | Brian T. Neary      | Todd Valenti                |
| April Dunning      | Douglas Houston           | Christie Nunan      | Stephen Verrone             |
| Bethany Dziedzic   | Feiqi Huang               | Jessica Nuxoll      | Valentina and Anthony Vinci |
| Edward Eick        | Susan and Timothy Kasziba | Frank O'Callaghan   | John Walker                 |
| Brian Eick         | Tommy Kavanaugh           | John O'Callaghan    | Jeannette Winter            |
| Elizabeth Esposito | Angela and Ted Kirkhart   | Susanne O'Callaghan | William Wollman             |
| Barbara Farrell    | Cade Kirkhart             | Diana Persaud       |                             |
| Susan Ferris       | Karly and Matt Kuhn       | Anthony Reinhart    |                             |



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# FY22-23 ANNUAL REPORT



988 is our nation’s mental health crisis number, and calls are handled by National Suicide Prevention Lifeline counselors. Unlike 911, the 988 number has highly trained staff to answer calls from individuals at risk for suicide as well as those experiencing other mental health and substance use-related emergencies. Specialized services are available for veterans, LGBTQ+ individuals, and other groups. If you or your loved one are in mental health crisis, call 988 for help.

AMCF relies on individual donors to drive our mission forward. Please visit [www.agnesmcf.org/donate](http://www.agnesmcf.org/donate) to make a tax-deductible gift.

If you or someone you know is a caregiver to someone who struggles with mental illness and needs support, visit [www.agnesmcf.org/resources](http://www.agnesmcf.org/resources).