



FOR IMMEDIATE RELEASE

Agnes McCarthy Caregiver Foundation Announces College Scholarship Awards for High School Seniors Living with a Family Member with Mental Illness

[February 20, 2024] - The Agnes McCarthy Caregiver Foundation (AMCF) is pleased to announce the launch of its college scholarship program aimed at supporting high school seniors who live with a family member suffering from a mental illness. Recognizing the significant impact that mental health conditions can have on children living in the home, the Foundation seeks to alleviate some of the financial burdens these students face as they pursue higher education.

For many young individuals, living with a family member with a mental illness can mean taking on additional household responsibilities, such as caregiving for their parent, sibling, or grandparent, and caring for the younger siblings to help support the family. These added duties often create stress and distraction for students who aspire to pursue their academic goals and attend college.

"We understand the challenges that high school seniors living in households affected by mental illness may encounter," said Jennifer Medina, a school psychologist and board member of AMCF. "Through our college scholarship program, we aim to provide financial assistance to deserving students who demonstrate resilience, determination, and a commitment to pursuing higher education despite the obstacles they may face at home."

Known as the Family Caregiving College Scholarship Program, AMCF is offering scholarships of \$500 for high school students who have been caregivers to family members who suffer from mental health conditions such as depression, anxiety, bipolar, schizophrenia, autism, and other brain disorders, and who wish to further their education at a college or university, vocational or job training, or online learning. Applications are open nationwide, and the deadline for submission is June 1 of each year.

"We encourage eligible students to take advantage of this opportunity to ease the financial burden of pursuing a higher education," added Medina. "By providing support

to these young caregivers, we hope to empower them to achieve their academic dreams and build a brighter future for themselves and their families."

To apply for the caregiving college scholarship and learn more about eligibility criteria and application requirements, interested students can visit the Agnes McCarthy Caregiver Foundation website at www.agnesmcf.org or contact Christie Nunan at info@agnesmcf.org

About AMCF: The Agnes McCarthy Caregiver Foundation (AMCF) is a nationwide 501©3 nonprofit organization dedicated to providing hope and relief to family caregivers of individuals with mental health conditions. Through educational resources, peer support groups, and financial assistance, AMCF's vision is for no family caregiver to face caring for a mentally ill person all alone. By fostering a sense of community and collaboration, AMCF strives to create a more understanding and inclusive society for all individuals facing mental health challenges.