



## **FOR IMMEDIATE RELEASE**

### **Nonprofit AMCF Offers Nationwide Hope and Relief to Caregivers of Loved Ones with Mental Health Conditions**

[August 13, 2023] – The Agnes McCarthy Caregiver Foundation (AMCF), a nationwide 501(c)(3) nonprofit organization, is dedicated to providing hope and relief to family caregivers who tirelessly care for loved ones with mental health conditions. AMCF recognizes the critical role that families play in the well-being of individuals facing mental health challenges and is committed to empowering and assisting them in their caregiving journey.

Caring for a loved one with a mental health condition can be emotionally and physically demanding, often leading families to experience burnout, financial stress, and isolation. AMCF aims to alleviate these burdens by offering a range of support tailored to the unique needs of caregivers. Through educational resources, peer support groups, and financial assistance, AMCF equips families with the tools and knowledge they need to navigate their roles effectively while maintaining their own well-being.

"Family caregivers are unsung heroes, providing unpaid, unwavering support to loved ones facing mental health conditions," said Ed Glaser, who is Board President and Co-Founder of AMCF. "We believe that caregivers deserve to be cared for as well. AMCF is dedicated to ensuring that caregivers receive the understanding, resources, and assistance they need to continue their crucial work with renewed strength and resilience."

AMCF's commitment to caregivers extends beyond financial support and resources. The organization collaborates with mental health organizations, community partners, and volunteers to create a comprehensive network that addresses families' diverse needs. By fostering a sense of community and empowerment, AMCF aims to reduce the stigma surrounding mental health

conditions and caregiving, creating a more inclusive and compassionate society for all.

Individuals interested in supporting AMCF's mission can get involved through donations, volunteering, or spreading awareness about the organization's initiatives. AMCF welcomes partnerships with corporations, foundations, and other nonprofits that share their commitment to mental health advocacy and family caregiver support.

For more information about AMCF's programs and services, or to inquire about partnership opportunities, please visit [www.agnesmcf.org](http://www.agnesmcf.org) or contact Christie Nunan at [info@amcf.org](mailto:info@amcf.org).

About AMCF: The Agnes McCarthy Caregiver Foundation (AMCF) is a nationwide 501(c)(3) nonprofit organization dedicated to providing hope and relief to caregivers of individuals with mental health conditions. Through educational resources, peer support groups, and financial assistance, AMCF empowers family caregivers to maintain their well-being while caring for their loved ones. By fostering a sense of community and collaboration, AMCF strives to create a more understanding and inclusive society for all individuals facing mental health challenges.