

CALM

Leadership™

CLARITY • AGENCY WITHIN CONSTRAINT • REFLECTIVE LEGITIMACY • MEANINGFUL ACTION

The quality of our lives is shaped by how we make *meaning* of our experiences.



• THE FOUR CAPACITIES OF CALM LEADERSHIP •



CLARITY

We understand our values, our priorities, and what matters most.

Clarity helps us make thoughtful decisions and stay aligned.



AGENCY WITHIN CONSTRAINT

We recognize we have choices, even when circumstances are challenging.

Agency empowers us to act intentionally within the realities we face.



REFLECTIVE LEGITIMACY

We earn trust through consistent alignment among our words, actions, and values.

Reflective legitimacy strengthens our influence and the relationships we build.



MEANINGFUL ACTION

We take intentional action that creates value for ourselves and others.

Meaningful action turns our intentions into positive outcomes.

• THREE IDEAS THAT GUIDE HOW WE SHOW UP •



REFLECTIVE LEGITIMACY

We build trust and credibility by aligning our words, actions, and values.

When we are credible, our influence grows and our relationships deepen.



HUMANE ACCOUNTABILITY

It begins with us.

We hold ourselves accountable while extending ourselves and others the grace to learn, grow, and try again.

The standard applies to all of us. The grace applies to all of us.



STEWARDSHIP

We are both inheritors and contributors.

Our choices today shape the culture and experiences of those who come after us.

Every interaction.
Every decision.
A lasting impact.

• WHAT THIS LOOKS LIKE IN OUR CHAPTER •



We communicate with respect, clarity, and kindness.



We build trust through consistency and reliability.



We create space for every Soror to belong and contribute.



We invest in learning and encourage one another's growth.



We practice grace while upholding our shared standards.



We leave things better for those who come after us.

Reflection Questions

- What conditions are helping people thrive?
- What experiences are we creating for one another?
- What kind of chapter are we building together?

We are a community learning, growing, contributing, supporting one another, and making a difference.

That is CALM Leadership.

