

Senior Executives Association Leadership Summit | 06.23.2026

The Future of SES Leadership: CALM Leadership and Sustaining Performance in an Era of Disruption: Sustaining Clarity, Credibility, and Action Under Pressure *with Dr. Patrina M. Clark*

Leadership Reality

Today's leaders are often expected to:

- interpret inconsistent signals
- navigate shifting expectations
- sustain confidence under pressure
- lead effectively amid uncertainty

Notes | Reflections

What We Often Get Wrong About Leadership

- Leadership treated primarily as an individual performance issue
- Organizational conditions assumed stable and objective
- Shifting expectations and uneven signals
- Internal regulation essential under pressure

Notes | Reflections

Conditions That Destabilize Leadership

- Inconsistent signals
- Shifting expectations
- Reactive performance cycles
- Over-accommodation
- Credibility uncertainty

Which of these conditions most affects your leadership environment?



Which CALM capacity is currently strongest for you? Which requires the most intentional attention?

Dr. Patrino Clark



Notes/Application Ideas

What CALM Changes

Move from	Move toward
Reacting automatically to signals	Interpreting signals with discernment
Seeking validation	Acting with internal clarity
Over-accommodating	Sustaining agency
Short-term performance cycles	Durable, meaningful action
Emotional reactivity	Intentional steadiness

Which shift feels most relevant to your current leadership context?

Reflection Activity: Leadership Under Pressure

Think of a time when:

- Your judgment was questioned
- Your credibility felt uncertain
- Feedback felt inconsistent or destabilizing
- You felt pressure to overperform, overexplain, or overcorrect

1. What signal did you receive?
2. How did you interpret the signal?
3. How did that interpretation affect your clarity, agency, or response?
4. What might have changed if you interpreted the signal differently?
5. Which CALM capacity would have most helped in that situation?

Final Reflection

Leadership endures because it is anchored, not because it is affirmed.

What does anchored leadership mean for you now?

Notes



Contact and Continued Connection

Dr. Patrina M. Clark

www.linkedin.com/in/patrinaclark

patrina@patrinaclark.com