

BASIC OCCUPATIONAL THERAPY TERMINOLOGY [HINDI]



Occupational Therapy Vocabulary

In English	In {Hindi}	Phonetic Spelling
Occupational therapy	Vyaavasaayik chikitsa	vyaa-vasa-yik chi-ki-tsa
I am your occupational therapist	Main aapka Vyavasayopchar chkitsak hun	Mai-n aap-ka vya-va-sayo- p- char chi-ki-t-sak hu-n
I help you complete your daily activities	Main aapki dainik gati- vidhiyon ko poora karne mein aapki madad karata hun	Mai-n aap-ki dai-nik gati- vi-dhi- yo-n ko poo-ra kar-ne mei-n aap- ki ma-da-d kar-ta hu-n
I help your child gain skills through play	main aap ke bachche ko khel ke madhyam se kaushal hasil karne mein madad karta hoon	Mai-n aa-p ke ba-ch-che ko khe-l ke ma-dhya-m se kau-sha-l ha-si- l kar-ne mei-n ma-da-d kar-ta hoo-n
What do you/ your child need help with?	aapko /aapke bachche ko kya madad chahiye?	aa-p-ko/ aa-p-ke ba-ch-che ko k- ya ma-da-d cha-hi-ye
What do you do for work?	aap kam ke liye kya karte hain?	aa-p ka-m ke li-ye k-ya kar-te hai-n
What are your hobbies?	aapke shauq kya hain?	aa-p-ke sh-au-k k-ya hai-n
Sleep	neend	kr-u-pa-ya
Strength	taakat	dhan-ya-vad
Tone	tone	Aap-ka-swa-gat-hai
Range of motion	gati ki seema	ksha-ma maa-nga-na
Flexion	modana	ko-i baa-t na-hi-n
Extension	vistaar	Aa-p ka naa-m k-ya ha-i
Reflexes	sajagta	Me-ra naa-m -----hai-n
Motor coordination	gati samanvay	Aa-p kai-se hai-n
Bilateral coordination	dvipaksheeya samanvay	Ma-i thee-k huu-n/ nahi-n
Cognitive skills	sangyanatmak kaushal	Mu-jh-e tho-da bol-na aa-ta
Mental health	mansik swasthya	Mu-jh-e sama-ja na-hi aa-ya