

Basic Occupational Therapy Terminology
[Japanese]

Basic Vocabulary

In English	In [Japanese]	Phonetic Spelling
Yes	Hai	high
No	iie	ee-eh
Hello	Konichiwa	Kon-nee-chee-wa
Good morning	Ohayo gozaimasu	O-high-yoh-go zai-mas
Good afternoon	Konnichiwa	Kon-nee-chi- wa
Good evening	Konbanwa	Kon-bahn- wa
Goodbye	O-daiji ni (to finish a visit) Sayounnara (permanent good-bye)	o-dai-jee-nee Sa-yoh-nara
Please	Kudasai	Kuda-sai
Thank you	Arigatou gozaimasu	Ari-ga-toh go- zai-masu
You are welcome.	Do itashimashite	Doh ita-shi-mash-te
Sorry	Gomen nasai	Goh-men nah-sai
No problem	Dai jyo buu desu	Dai-joh- boo-des?
What is your name?	O namae ha nandesu ka?	O nah-mah-eh wa nahn-des-ka?
My name is...	informal (to young person): Watashi no namae ha... desu formal (to older person): to moushimasu.	informal: wa-tah-shee no nan-mah-eh wa formal: toh moh-shee- mah-s
How are you?	Choushi ha doudesuka	choh-shee wa doh-des-ka?
I am good/ okay/ not well.	choushi ha yoidesu / futsu desu / yoku naide su.	choh-shee wa yoh-ee-des / foot-soo des / yo-ku nai-des
I only speak a little [language].	sukoshi [language] ga hanasemasu	soo-ko-shi [language] gah ha- na-se-mas
I don't understand.	Wakarimasen	Wa-kah-ree-masen
Please wait a moment.	Chotto matte kudasai	Choh-toh maht-teh koo-dah- sai
I will look for an interpreter for you.	Watashi ha tsuyaku wo sagashitemasu	wa-tah-shee wa tsoo-ya-koo oh-sah-ga-shee-teh-ee-roo

Occupational Therapy Vocabulary

In English	In [Japanese]	Phonetic Spelling
Occupational therapy	Sagyo ryou houshi	sah-gioh rioh ho-shi
I am your occupational therapist.	Watashi ha anata no sagyo ryouhoushi desu	wa-tah-shee wa a-na-tah no sah-gioh rioh ho-shi des

I help you complete your daily activities.	Nichijyou seikatsu no otetsudai wo sasete itadakimasu	nee-chee-joh say-ka-tsoo no o-te-tsoo-dai o sah-seh-teh ee-tah-dah-key-mas
I help your child gain skills through play.	Watashi ha okosama ga asobi wo toushite sukiru wo mi ni tsukeru otesudaioshimasu	wa-tah-shee wa o-koh-sah-mah gah ah-soh-bee o toh-shi-teh soo-key-ru o mee nee tsoo-keh-ru o-teh-soo-dai-oh-shee-mas
What do you/ your child need help with?	Donoyouna tasuke ga hitsuyoudesu ka?	doh-noh-yoh-nah tah-s-keh gah hee-tsoo-yoh-des ka?
What do you do for work?	O-shigoto ha nani wo shitemasu ka?	o-shee-goh-toh wah nah-nee oh shee-teh-mas ka?
What are your hobbies?	Shumi ha nandesu ka?	shoo-mee wa nahn-des ka?
Sleep	Suimin	soo-ee-meen
Strength	Chousho	choh-shoh
muscle Tone	Suji kinchou	soo-jee keen-choh
Range of motion	Kadou-iki	kah-doh-ee-kee
Flexion	Kukkyoku	koo-kyoh-ku
Extension	Shinchou	sheen-choh
Reflexes	Hansha shinkei	han-shah sheen-kay
Motor coordination	Undou kyouchou-sei	oon-doh kyoh-choh-say
Bilateral coordination	Ryosokusei chosei	rioh-soh-koo-say choh-say
Cognitive skills	Ninchi sukiru	neen-chee soo-kee-ru
Mental health	Mentaruherusu	men-tah-roo heh-roo-soo
Gross motor skills	Soudai undou gijyutsu	soh-dai oon-doh jee-joo-tsoo
Fine motor skills	Bisai undou kinou	bee-sai oon-doh kee-noh
Visual motor skills/ Eye-hand coordination	Shikaku-tekina undou nouryoku / Me to te koudihdashon	shee-kah-koo teh-kee-nah oon-doh noh / meh toh teh koh-dee-nay-shohn
Emotional regulation	Kanjyou seigyō	kahn-joh say-gioh
Social skills	Sou-sharu no sukiru	soh-shah-roo noh soo-key-roo
Play skills	Pureisukiru (or) Asobi no sukiru	poo-ray soo-key-roo (or) ah-soh-bee no soo-key-roo
Executive functioning	Shikkou kinou	sheek-koh kee-noh
Sensory integration	Kankaku tougou	kahn-kah-koo toh-goh
Auditory	Choukaku	choh-kah-koo
Visual	Shikaku	shee-kah-koo
Tactile	Shokkaku	shohk-kah-koo

Oral	Koutou	koh-toh
Olfactory (smell)	Kyukaku	keeo-kah-koo
Gustatory (taste)	Mikaku	mee-kah-koo
Vestibular	Zentei	zahn-tay
Proprioceptive	Koyuu kankaku	koh-you khan-kah-koo
Interoception	Nai jyuyou kankaku	Nai jew-yoh khan-kah-koo
Praxis	Kouikinou	koh-ee-key-noh