

Boxcar Express

Nutritional Facts: 4oz / 75g Servings

Pomegranate Flavored (Seasonal)

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container	Total Fat 0g	0%	Total Carbohydrate 19g
Serving size 1 serving (75g)	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories per serving 80	<i>Trans</i> Fat 0g		Total Sugars 18g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients Sugar, Dextrose, Maltodextrin, Coconut Oil, Citric Acid, Contains 2% Or Less Of Each Of The Following: Color (Carrot Concentrate, Blackcurrant Concentrate), Ascorbic Acid, Stabilizers (Guar Gum, Cellulose Gum, Xanthan Gum), Natural Flavor, Modified Food Starch, Mono & Diglycerides, Silicon Dioxide (Anticaking).

Orange Flavored

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container	Total Fat 0g	0%	Total Carbohydrate 19g
Serving size 1 serving (75g)	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories per serving 80	<i>Trans</i> Fat 0g		Total Sugars 18g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

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Ingredients:

Sugar, Dextrose, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Citric Acid, Maltodextrin, Natural Flavor, Color [Turmeric Extract, Annatto Extract, Concentrate (Radish, Apple, Blackcurrant)], Modified Food Starch, Mono & Diglycerides, Silicon Dioxide (Anticaking).

Strawberry Flavored

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container	Total Fat 0g	0%	Total Carbohydrate 19g
Serving size 1 serving (75g)	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories per serving 80	<i>Trans</i> Fat 0g		Total Sugars 19g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

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Ingredients: Sugar, Dextrose, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Maltodextrin, Contains 2% Or Less Of Each Of The Following: Citric Acid, Natural Flavor, Color (Carrot Extract, Caramel Color), Modified Food Starch, Mono & Diglycerides, Silicon Dioxide (Anticaking).

Raspberry Flavored

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container Serving size 1 serving (75g)	Total Fat 0g	0%	Total Carbohydrate 20g
Calories per serving 80	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	<i>Trans</i> Fat 0g		Total Sugars 20g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 0mg	0%	Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

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Ingredients: Sugar, Dextrose, Maltodextrin, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Citric Acid, Ascorbic Acid, Color (Carrot & Hibiscus Concentrate, Caramel Color, Carrot Extract), Natural Flavor, Modified Food Starch, Mono & Diglycerides, Silicon Dioxide (Anticaking).

Mango Flavored (Seasonal)

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container Serving size 1 serving (75g)	Total Fat 0g	0%	Total Carbohydrate 19g
Calories per serving 80	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	<i>Trans</i> Fat 0g		Total Sugars 19g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

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Ingredients: Sugar, Dextrose, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Maltodextrin, Citric Acid, Beta Carotene (Color), Natural Flavor, Modified Food Starch, Mono & Diglycerides, Silicon Dioxide (Anticaking).

Pineapple Flavored

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container Serving size 1 serving (75g)	Total Fat 0g	0%	Total Carbohydrate 19g
Calories per serving 80	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
	<i>Trans</i> Fat 0g		Total Sugars 19g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

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Ingredients: Sugar, Dextrose, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Maltodextrin, Citric Acid, Natural & Artificial Flavor, Modified Food Starch, Malic Acid, Beta Carotene (Color), Mono & Diglycerides, Silicon Dioxide (Anticaking).

Lime Flavored (Seasonal)

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container	Total Fat 0g	0%	Total Carbohydrate 19g
Serving size 1 serving (75g)	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories per serving 80	<i>Trans</i> Fat 0g		Total Sugars 18g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

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Ingredients: Sugar, Dextrose, Lime Juice Powder (Contains Maltodextrin, Lime Juice Solids, Lime Oil), Citric Acid, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Maltodextrin, Natural Flavor, Modified Food Starch, Malic Acid, Color (Turmeric Extract, Spirulina Extract), Mono & Diglycerides, Silicon Dioxide (Anticaking).

Lemon Flavored

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container	Total Fat 0g	0%	Total Carbohydrate 19g
Serving size 1 serving (75g)	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories per serving 80	<i>Trans</i> Fat 0g		Total Sugars 18g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

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Ingredients: Sugar, Dextrose, Lemon Juice Powder (Corn Syrup, Lemon Juice, Lemon Oil), Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Contains 2% Or Less Of Each Of The Following: Coconut Oil, Citric Acid, Maltodextrin, Corn Syrup Solids, Modified Food Starch, Malic Acid, Lemon Juice Solids, Beta Carotene (Color), Mono & Diglycerides, Natural Flavor, Silicon Dioxide (Anticaking).

Cherry Flavored (Seasonal)

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	1 serving per container	Total Fat 0g	0%	Total Carbohydrate 19g
Serving size 1 serving (75g)	Saturated Fat 0g	0%	Dietary Fiber 0g	0%
Calories per serving 80	<i>Trans</i> Fat 0g		Total Sugars 18g	
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
	Sodium 10mg	0%	Protein 0g	
	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

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Ingredients: Sugar, Dextrose, Natural Flavor, Color (Carrot Concentrate, Apple Concentrate, Hibiscus Concentrate), Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Citric Acid, Maltodextrin, Modified Food Starch, Mono & Diglyceride, Silicon Dioxide (Anticaking).

Watermelon Flavored

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 0g		0%	Total Carbohydrate 20g
Saturated Fat 0g		0%	Dietary Fiber 0g	0%
<i>Trans</i> Fat 0g			Total Sugars 19g	
Cholesterol 0mg		0%	Includes 0g Added Sugars	0%
Sodium 0mg		0%	Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

1 serving per container
Serving size
1 serving (75g)
Calories per serving **80**

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Ingredients: Sugar, Dextrose, Natural Flavor, Stabilizers (Hydroxypropyl Methylcellulose, Locust Bean Gum, Guar Gum, Karaya Gum, Pectin, Cellulose Gum, Xanthan Gum), Coconut Oil, Contains 2% Or Less Of Each Of The Following: Maltodextrin, Citric Acid, Modified Food Starch, Color (Radish Concentrate, Carrot Extract, Apple Concentrate, Blackcurrant Powder), Mono & Diglycerides, Silicon Dioxide (Anticaking).

Chocolate Flavored:

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 2g		3%	Total Carbohydrate 17g
Saturated Fat 2g		10%	Dietary Fiber 0g	0%
<i>Trans</i> Fat 0g			Total Sugars 17g	
Cholesterol 0mg		0%	Includes 0g Added Sugars	0%
Sodium 45mg		2%	Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

1 serving per container
Serving size
4oz (75g)
Calories per serving **50**

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Ingredients: Sugar, Corn Syrup Solids, Coconut Oil, Dutch-Processed Cocoa, Contains 2% Or Less Of Each Of The Following: Sodium Caseinate (A Milk Derivative), Salt, Guar Gum, Potassium & Sodium Phosphate, Mono & Diglycerides, Soy Lecithin, Xanthan Gum.

Vanilla Flavored:

Nutrition Facts	Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
	Total Fat 4g		5%	Total Carbohydrate 26g
Saturated Fat 3.5g		18%	Dietary Fiber 0g	0%
<i>Trans</i> Fat 0g			Total Sugars 19g	
Cholesterol 0mg		0%	Includes 19g Added Sugars	38%
Sodium 55mg		2%	Protein 0g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

1 serving per container
Serving size
4oz (75g)
Calories per serving **70**

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Ingredients: Sugar, Corn Syrup Solids, Coconut Oil, Contains 2% Or Less Of Each Of The Following: Sodium Caseinate (A Milk Derivative), Salt, Guar Gum, Potassium & Sodium Phosphate, Mono & Diglycerides, Soy Lecithin, Xanthan Gum, Artificial Flavor, Artificial Color (Yellow 5 & 6).