

Key Qualities of a CCFCY Player

Ownership



Players take full responsibility for their growth—on and off the field. They train intentionally and push themselves outside of scheduled time.

Decision Making



Players think forward and adapt under pressure. They receive coaching as fuel for growth and learn from mistakes.

Intensity



Every rep is full-speed and purposeful. Players drive the tempo and bring urgency to raise the team standard.

Accountability



Players arrive prepared, stay committed, and contribute beyond what's required. They own their habits and team role.

Leadership



Players speak up with respect and support their teammates. They lead by example, help solve problems, and carry the team identity.

Resilience



Players stay composed, brave, and focused. They aren't afraid to fail, and extend grace to themselves and their teammates when needed. They turn emotional energy into fuel for performance.

CAROLINA
CORE

