

## The Paw of Attraction™ Sample

This sampler brings together the timeless essence of Eckhart Tolle's \*The Power of Now\* and his beloved \*Guardians of Being\* with Suzi Teitelman's \*Let Go and Let Dog\*. It is a gentle invitation to pause, breathe, and share presence with your animal companion.

### **The Divine in Animals**

Your dog is the saint and prophet you seek. In Doga — the Paw of Attraction — you and your animal drop your masks together. Animals already live in the Now. They are not burdened by past stories or future worries. When you share a breath with your dog or cat, you are both immersed in this eternal Now — no separation, no striving, just being.

*Reflection:* Describe a moment when your animal showed you presence or peace.

## **Living in the Present**

The dog does not worry about awareness; it simply embraces what is without conditions. Practicing with your animal becomes a direct experience of deliberate creation. In *\*Let Go and Let Dog\**, Suzi Teitelman writes: “Your dog is a furry suitcase carrying eternal love. They arrive not to complicate your life but to simplify it, not to burden but to unburden you.”

*Reflection:* How can you practice deliberate creation in partnership with your pet?

Take this moment to sit quietly with your animal. Feel their breath. Feel yours. Notice how the boundary between you softens. This is the Power of Now. This is the Paw of Attraction™.

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