

APPETISERS

SERVED AT ROOM TEMPERATURE

Our very own chat 'rekdi', which means a cart shop in India. All dishes, except the Samosa Chat come at room temperature.

NAMASTE SPECIAL DAHI PURI **VO**

Puffed flour crisps filled with masala potatoes, chickpeas, yogurt, chutneys and topped with crunchy sev & a dash of our magic masala. 6.45

NAMASTE SPECIAL CHAT **VO**

Crispy savoury snacks topped with potatoes, chickpeas, drizzled with yoghurt, crunchy sev & our special chutneys. 6.45

SAMOSA CHAT **VO**

Mashed samosa with chickpea curry, drizzled with a medley of chutneys, sweet yoghurt, some finely chopped vegetables & our magic masala. 7.45

CHAT PLATTER **VO**

Assortment of Namaste Special Dahi Puri & Namaste Special Chat. 11.95

SERVED HOT

CRISPY SHRIMP **VG**

Marinated plant based shrimps fried to crisp perfection and covered in our special blend of masalas. 7.45

CHICKEN BITES **VG**

Plant-based chicken pieces coated in mildly spicy batter & fried to perfect golden, crisp finish. 7.45

PANEER POCKET **CHEF'S SPECIAL**

Crisp & crusty pastry made from bread with a cheesy filling of potatoes, corn, green chillies, paneer & cheese. 6.95

HARA BHARA KEBAB **VG**

Flavourful, savoury pan-fried patties loaded with spinach, green peas and potatoes. 5.45

AUBERGINE BHAJI **VG GF**

Aubergine fritters made with spiced chickpea flour. 5.45

POTATO BHAJI **VG GF**

Potato fritters made using spiced chickpea flour. 5.45

ONION BHAJI **VG GF**

Onion fritters made with spiced chickpea flour. 5.25

SAMOSA **VG**

Crispy fried pyramid shaped pasty, filled with spicy mash of peas and potatoes. 5.25

MIXED GARAM PLATTER **VG**

Assortment of Aubergine Bhajis, Potato Bhajis, Onion bhajis & Samosas. 11.95

Our Commitment
FEED THOSE IN NEED



Our Charity Cause
DOSA ON THE WALL [®]

If you pay half the price of our popular dish, 'Masala Dosa', roughly £5 (or as many as you wish), we will match up your donation to make it a free meal.

HOW IT WORKS?

Once you donate, a sticker is displayed on the restaurant window. Anyone in need of a meal can pick this sticker and exchange it at the restaurant to claim a free meal. We hope that you will share your kindness & good karma with another needy member of our fine city.



NORFOLK'S FIRST

PURE VEGETARIAN & VEGAN
INDIAN RESTAURANT

- Serving Since 2010 -

HOUSE CURRIES

LAMB LABBARDAR **VO**

Plant based lamb in a rich & aromatic gravy of cashew nuts, tomatoes & a mix of our house ground spices and herbs. 13.95 | **MEDIUM**

TIRKA MASALA

A rich, creamy gravy of tomatoes & house special garam masala with your choice of protein skewers; marinated & roasted in tandoor. **MEDIUM**

- Indian Cottage Cheese **PANEER** 11.95 **GF**
- Plant Based **CHICKEN** 12.95 **VG GFO**

KORMA

A mildly sweet, creamy gravy of roasted cashew nuts & other blend of in house ground spices with your choice of main ingredient. **MILD**

- Fresh Mixed **VEGETABLE** 10.95 **VO GF**
- Plant Based **CHICKEN** 12.95 **VO GFO**

VEGETABLE KOLHAPURI **VO GF**

Mixed vegetables in a coconut based gravy spiced with special Kolhapuri masala (native to Kolhapur city from Indian state of Maharashtra). 10.95 | **HOT**

MUSHROOM MANCHURIAN **VG**

Indo chinese speciality with crispy mushroom fritters in a spicy manchurian sauce. 12.45 | **HOT**

KAJU PANEER MASALA **GF**

Whole cashew nuts and grated Indian cottage cheese (paneer) in silky smooth gravy of onions, tomatoes & cashew nuts. 12.95 | **MEDIUM**

BAINGAN BHARTA **VG GF CHEF'S SPECIAL**

Roasted aubergine, minced & cooked with tomatoes, onions, garlic, herbs & simple spices. 12.45 | **MEDIUM**

SIDES DISHES

DAL BUKHARA **VO GF**

Whole black lentils in a creamy tomato sauce with fenugreek and ginger-garlic paste, slow cooked for at least 24 hours in our tandoor. 6.95 | **MEDIUM**

CHANA MASALA **VG GF**

Chickpeas simmered with tea leaves braised in gravy of tomato, onions, garlic, chillies, coriander and amchoor (dry mango powder). 6.95 | **MEDIUM**

BOMBAY ALOO **VG GF**

Potatoes cooked in a aromatic gravy of tomatoes, onions & select fresh herbs & spices. 6.95 | **MEDIUM**

DAL TADKA **VG GF**

Cooked lentils stew tempered with oil, garlic, fried spices & herbs. 6.95 | **MEDIUM**

ANY SIDE DISH AS MAIN +£3.00

RICE

STEAMED BASMATI RICE **VG GF**

Plain yet 'fragrant' rice. 3.95

ONE POT BIRIYANI RICE **VG GFO**

Mixed vegetables cooked in a closed pot with fragrant basmati rice, spices and nuts. Served with a garnish of fresh mint and caramelised onions. 5.45

VEGETABLE PULAV RICE **VG GF**

Vegetable rich pulao rice scented & flavoured with Kashmiri saffron and other aromatic spices. 5.45

अतिथिदेवो भवः
GUEST IS GOD



Our Principle
OUR MANTRA

Guided by meaning of the word 'Namaste', we firmly believe that the life force, the divinity, the One or the God in me is the same as in all. Through our work, we acknowledge this oneness and honour the God in our customers. We follow a simple food philosophy,

NEVER SERVE FOOD, WHICH YOU WOULD NOT LIKE TO BE SERVED

At Namaste we are inspired to serve you fresh vegetarian & vegan food using the fresh & quality ingredients. As a restaurant, food is our passion & religion and we will always continue to cook for you with love & devotion.

BREADS

PLAIN PARATHA **VG**

Indian flat-bread made of whole-wheat flour. 3.45

LACHHA PARATHA **VG**

Unleavened flat-bread with soft, flaky texture. 3.95

GARLIC PARATHA **VG**

Plain Paratha with a bit of spice & heat from chillies and garlic. 3.95

CHEESY PARATHA **VO**

Plain paratha with premium cheese & chat masala. 4.15

CHAPATI **VG**

Whole-wheat bread cooked on a griddle (2 pieces). 3.45

COMBO MEALS *Desi Tadka*

The typical Indian meal combinations that are truly 'Made in India'.

DAL CHAWAL **VO GF**

A simple & staple Indian combination of steamed rice with either Tadka Dal or Dal Bukhara. 10.45 | **MEDIUM**

CHANA - BIRYANI **VG GFO**

Biryani Rice With Chana Masala. 12.45 | **MEDIUM**

NO PAV BHAJI **VG**

Street food speciality of a mildly spicy curry of mixed vegetables cooked in a special blend of spices with soft buttered plain paratha. 9.95 | **MEDIUM**

SOUTH INDIA SPECIAL

MASALA DOSA **VG GF**

A savoury rice-lentil crepe stuffed with onion & curry leaf spiced potato mash, served with a lentil-vegetable soup 'sambhar' & coconut chutney. 9.95 | **MEDIUM**

CHEESY MASALA DOSA **VO GF**

Our masala dosa with premium cheese in addition to it's standard stuffing. 10.95 | **MEDIUM**

SPECIAL MASALA DOSA **VO GF**

Masala dosa with grated paneer, nuts & raisins in the mash, served with a lentil-vegetable soup 'sambhar' & coconut chutney. 11.95 | **MEDIUM**

SIDES & DIPS

PAPPADOM **VG GF** 0.95

PICKLE TRAY **VG GF**

Assortment of our chutneys & salad (per person). 0.95

MANGO CHUTNEY **VG GF** 1.95

NAGA CHILLI CHUTNEY **VG GF**

Pack a punch of heat with our inhouse made super hot chutney. 1.95

MINT RAITA **VO GF**

Cooling yoghurt dip with fresh mint & chat masala. 3.45

VEGETABLE RAITA **VO GF**

Cooling yoghurt dip with fine chopped vegetables, fresh mint & chat masala. 3.95

VG is Vegan | GF is Gluten Free | VO has Vegan option available | GFO has Gluten free option available

Our menu is **100% Meat Free**. Dishes that mention chicken, lamb & shrimp are made using their plant based alternatives. Where required, the heat level of the dish has been mentioned in it's description. These are **MILD, MEDIUM & HOT**. These levels cannot be customised.

ALLERGEN NOTICE We make every effort to avoid cross-contamination but can't guarantee that our food & drinks are allergen-free. All dishes may contain traces of all the 14 declarable allergens. Dishes tagged Gluten Free may not be suitable for celiac & severe gluten intolerance. Please speak to the server about your allergies and they will guide you with the suitable choices & tag your order for additional care. Our cooking oil is produced from genetically modified soya.

CHAI PIYE KYA? DRINKS MENU



DRAUGHTS

1/2PT | 1 PT | 4PT

COBRA 4.5% VG	3.75	5.45	19.00
KINGFISHER 4.8% VG	3.75	5.45	19.00
BIRA MORETTI 5% VG	3.90	5.95	21.00

BOTTLED BEERS & CIDERS

ADNAMS GHOSTSHIP (500ML) VG	5.50
ASPALLS CYDER (500ML) VG GF	5.50
JAIPUR IPA (330ML)	4.45
GUINNESS ORIGINAL EXTRA STOUT (500ML) VG	5.50
HEINEKEN® ZERO (330ML) VG	3.20
KING WAZOO (350ML) VG GF	3.75



COCKTAILS

GLASS JUG

RHUBARB GINGER COOLER VG GF	6.95	15.95
Hit the pleasurable assaults on your senses with the tangy sweetness of rhubarb & Vodka, topped up with soda.		
CLASSIC MOJITO VG GF	6.95	15.95
Minty, zingy and super refreshing cocktail of white rum, fresh mint leaves, soda water, lime and sugar.		
CARIBBEAN SEA BREEZE VG GF	6.95	15.95
Travel to the tropical tastes with the combination of Malibu & Vodka, topped with Orange Juice and Grenadine.		
PINA COLADA VG GF	6.95	15.95
Classic combo of coconut flavoured liquor, coconut cream & pineapple juice.		

MOCKTAILS

GLASS JUG

GUJARATI MOJITO VG GF	4.45	11.95
RHUBARB ORANGE GINGER VG GF	4.45	11.95
PINA COLADA VG GF	4.45	11.95
STRAWBERRY POMEGRANATE VG GF	4.45	11.95

SOFT DRINKS

1/2 PT 1 PT

ALL OF THESE ARE VG GF		
COKE DIET COKE LEMONADE	3.25	4.25
ORANGE JUICE PINEAPPLE JUICE	3.25	4.25
STILL WATER (330ML)	2.00	-
SPARKLING WATER (330ML)	2.00	-
SCHWEPES TONIC (200ML)	2.20	-
SCHWEPES S/L TONIC (200ML)	2.20	-

INDIAN CLASSICS

GLASS JUG

MANGO LASSI VG GF	4.25	11.45
MIXED BERRIES LASSI VG GF	4.25	11.45

SPIRITS & LIQUEURS

25ML 50ML

GORDON'S GIN VG GF	3.95	5.95
BOMBAY SAPPHIRE GIN VG GF	3.95	5.95
WARNERS RHUBARB GIN VG GF	4.50	6.70
SMIRNOFF VODKA VG GF	3.95	5.95
JACK DANIELS WHISKY VG GF	3.95	5.95
GLENFIDDICH VG GF	3.95	5.95
JAMESON WHISKY VG GF	3.95	5.95
BACARDI RUM VG GF	3.95	5.95
CAPTAIN MORGAN RUM VG GF	3.95	5.95
BAILEYS GF	3.95	5.95
MALIBU VG GF	3.95	5.95



ALL WINES ON THE MENU ARE VG GF

75CL

WHITE WINES

PINOT GRIGIO . ARCANO	19.95
Light and fresh with zesty crispy acidity and attractive notes of lemon and lime. ITALY 2	
175ml 5.20 250ml 6.50	
VINHO VERDE . ESCAPADA	21.95
A dry, fresh, fruity and light wine with mineral notes. PORTUGAL 3	
SAUVIGNON BLANC . RIO ROCA	22.95
Zesty and fresh with notes of grass and green pepper and a citrus acidity. CHILE 2	
SPARKLING WINES	
PROSECCO . LA FORNARINA	26.95
Light straw yellow with fine and persistent perlage, delicate, and particularly fruity. ITALY 2	
PROSECCO . ONE 4 ONE	7.25
Fresh, light with clean citrus fruit and a delicate mouth feel (200ml). ITALY 1	
ROSE WINE	
PINOT GRIGIO . BLUSH	19.95
A pretty pale pink colour with lots of ripe conference pear, honeydew melon and strawberry. ITALY 1	
175ml 5.20 250ml 6.50	



75CL

RED WINES

MERLOT . PEREGRINO	20.95
A juicy wine bursting with lots of blue and purple fruit such as blackberries and blueberries and raspberry. CHILE B	
175ml 5.30 250ml 6.95	
MALBEC . OLD STATION	22.95
Fragrant aromas of cherry, kirsch, spice, red and black plums, blackberry, cassis and bramble. ARGENTINA C	
CABERNET SAUVIGNON SHIRAZ . BON COURAGE	23.95
Rich flavours of fresh red berries, strawberry, black cherry, vanilla with a hint of nuttiness. SOUTH AFRICA C	

HOT DRINKS

ENGLISH BREAKFAST TEA VO GF	2.10
FRESH MINT TEA VG GF	2.25
GREEN TEA GINGER LEMON TEA VG GF	2.25
MASALA CHAI VO GF	2.75
COFFEE VO GF	2.25
CARDAMOM COFFEE VO GF	3.25

DESSERTS

MUNGDAAL HALWA GF	5.95
A rich confection made from mung lentils, ghee, cardamom & nuts with vanilla ice-cream.	
GULAB JAMUN	4.95
Spongy milk donuts in sugar syrup flavoured with cardamom & saffron. Add a scoop of vanilla ice-cream. Add £1.50	
DARK CHOCOLATE BROWNIE VG GFO	6.50
Intense, rich, fudgy, dark brownie with the bite of cocoa nibs and Maldon sea salt flakes, with vanilla ice cream & chocolate sauce.	
ROSE RICE PUDDING VG GF	4.45
Indian rice pudding called 'kheer' made using soy milk with the subtle essence of cardamom.	
VANILLA ICE CREAM VG GF	4.45
KULFI ON STICK GF	2.95
Mango Pistachio Coconut	
Lollies of traditional Indian ice cream made by slow cooking sweetened, flavoured milk.	