

Feedback

Units of Recognition

	POSITIVE	NEGATIVE
DOING/HAVING (Conditional)	<ul style="list-style-type: none">• Great job!• You handled that situation well	<ul style="list-style-type: none">• You didn't get that report in on time• You didn't do the task the way I had asked• I didn't understand it the way that you explained it
BEING (Unconditional)	<ul style="list-style-type: none">• Hello• I like your style• I like working with you	<ul style="list-style-type: none">• How could you be so stupid!• Drop dead!

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Practice for Full Utilization of Feedback

- Offer or Give

- Receive

- Reject

- Ask for

- Give to Self