

Proclamation



CITY OF ST. PETERSBURG

- WHEREAS,** The City of St. Petersburg recognizes that the well-being of every resident is essential to a thriving, resilient, and compassionate community; and
- WHEREAS,** Mental health is a cornerstone of overall wellness, and the City affirms its commitment to supporting accessible resources, reducing stigma, and encouraging every resident to seek support when needed; and
- WHEREAS,** Stress affects individuals, families, workplaces, and neighborhoods, and the City encourages practices that promote stress reduction through mindfulness, healthy routines, and community connection; and
- WHEREAS,** Trauma—including trauma resulting from violence—deeply impacts individuals, families, and communities, and the City is committed to fostering healing, expanding supportive services, and advancing efforts that prevent violence and promote safety for all residents; and
- WHEREAS,** The City of St. Petersburg acknowledges that wellness is not an individual journey alone, but a shared responsibility that flourishes when neighbors uplift one another, organizations collaborate, and leaders champion inclusive, people-centered policies; and
- WHEREAS,** Coming together as one community strengthens our collective ability to face challenges, celebrate achievements, and ensure that St. Petersburg remains a place where every person feels valued, supported, and heard; and
- WHEREAS,** This unity is deepened when community partners, neighborhood groups, nonprofits, and local institutions work alongside residents to build connection, expand wellness opportunities, and uplift those most in need.

NOW, THEREFORE, I, Kenneth T. Welch, Mayor of the City of St. Petersburg, Florida, do hereby proclaim August 2026, as

National Wellness Month

in St. Petersburg and I urge residents to participate in activities that promote mental health, reduce stress, foster peace, and strengthen our bonds as a united community. Let us commit to showing up for one another, listening deeply, and building a future rooted in wellness, dignity, and hope.



IN WITNESS WHEREOF, I
have hereunto set my hand
and caused the official Seal
of the City of St. Petersburg,
County of Pinellas, and State
of Florida to be affixed this
13th day of August 2026.

Kenneth T. Welch

Kenneth T. Welch
Mayor