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Food. Clothing. Hope. And a birthday cake.

Recently, a young woman drove up to THCA explaining that she was fleeing domestic violence. She had found shelter, but needed food for her kids. As volunteers were getting her registered and gathering the food - canned goods, produce, fresh dairy - she admitted she and her children also needed a few other things. Her youngest two were still in diapers and she was running low. Volunteers were able to give her diapers and baby food for her youngest and even though the Clothes Closet was not open, staff was able to get each family member at least one more outfit.

Just this week THCA supported 274 families that totaled 721 people with 14,719 pounds of groceries (including fresh meats, dairy and produce). We served 79 hot meals. **And this week we were able to outfit families and individuals with 155 coats.** But behind every family and individual we serve, there is a story of vulnerability. A story of someone surprised to find themselves in the position of needing help. A story of someone looking for hope.

It's the family from Afghanistan who lost everything fleeing to America, whose last few belongings were stolen by the Taliban while they were sitting on an airplane, and needing clothing. It's the two young brothers who lost their jobs and couldn't pay their rent, whose parents are elderly and frail and in another state, and who needed food (and help with how to access the rental assistance program). And it is the grandmother who was able to bring home a literal birthday cake to celebrate her grandson's birthday- an unexpected treat for the entire extended family.

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~~We distribute food. We give clothes.~~
We help the most vulnerable in our community access needed resources. Just as importantly, we share hope. Your gift in any amount makes it all possible. [Here's how!](#)



This year please consider giving a [gift of impact](#) to THCA. A holiday gift; a memorial; a shout-out to someone special to you.

[Click here to learn more!](#)

The rising cost of food is having a very real and direct impact on families and individuals. But because of the generosity of our partners and the strength of our local food bank network it only takes \$10 to fill a box of food- enough to feed a family of 4 for a week! [Click here to see a typical box of food.](#)



The news is full of reports about the rising cost of food, housing, gasoline, and utilities. It is impacting everyone regardless of family income level. And it is creating even more uncertainty among the most vulnerable in our community.

Please support our annual campaign to feed the hungry, the homeless, and families suffering from food insecurity. You can help us keep our food pantry stocked by clicking the DONATE button below.

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