



KNIGHT LINE



Knights of Columbus 10646

www.kc10646.com

July 2022

Grand Knights Message

Next Meeting July 14, 2022

At 7:30 P.M.

Grand Knights Letter

Dear Brothers,

Brothers, We starting a new Fraternal year and your Council is making plans for this Fraternal years programs. There plans for having our Turkey Fry and Children's Shopping Spree. In planning these activities, we will need members to Chair and organize these activities. So if you are interested, please let one of the Officers know.

Our meeting this month will start with dinner at 7:00 pm provided by your Grand Knight and there will be refreshments in the refrigerator. Our business meeting will start immediately afterwards at 7:30 pm.

Reminder that our in-person business meeting will begin at 7:30 PM. **ALSO DON'T FORGET YOUR MEMBERSHIP CARD and YOUR SAFE ENVIRONMENT ID!**

If you join us via zoom, please sign in by 7:15 pm! Once meeting starts, I will not be able to let you enter!

God Bless you all!
Dennis Hernandez
Grand Knight

Business Meeting on Zoom

July 14th, 2022 at 7:15 PM. **Zoom link below!!**

Join Zoom Meeting (Ctrl + Click to follow link) ↓

<https://us02web.zoom.us/j/85955706034?pwd=cDgydHpteHgyV0l0VndPNS95SHJ5QT09>

"A humble soul does not trust itself, but places all its confidence in God."

— *St. Faustina*

Current Officers Fraternal year (July 2021-June 2022)

Chaplain:	Father Robinson
Grand Knight:	Dennis Hernandez
Deputy GK:	Ricky Brown
Chancellor:	Tom Crowe
Warden:	Chance Reyna
Advocate:	John Berninger
Treasurer:	Jim Bentler
Financial Secretary:	Malcolm Ducote
Recorder:	Mark Nightingale
Inside Guard:	Bob Burnett
Outside Guard:	Mike Roell
Trustee:	Pat Conway (3 yrs.)
Trustee:	Tony Roell (2 yrs.)
Trustee:	Mike Evans (1 yrs.)

Scholarships

I did attend the Scholarship presentation at the High School last month and presented the scholarships to our chosen recipients.

Jim Bentler



WALT BREEN	07/15
ANDY STRYK	07/23
JIM GUGINO	07/27
MIKE EVANS	08/04
DICK HATHAWAY	08/06
JOHN DANHORN	08/08
RICKY BROWN	08/14
ED RIGNEY	08/15

<https://kc10646.com>

“Volunteers do not necessarily have the time; they have the heart.”

— Elizabeth Andrew



Family Rosary on Zoom

The **next Family Rosary** is scheduled for **July 26th at 7:00 pm** on Zoom.

Join Rosary Zoom Meeting Link

(Ctrl + Click to follow link) ↓

<https://us02web.zoom.us/j/89257693557?pwd=eTBzMm9NU05ERnk4b0pSa0RzdINwZz09>



SEMINARIAN SUPPORT

MATTHEW BIAGGI

Redemptoris Mater Seminary
C/O Rev. Zachary Webb
Dallas Diocesan Vocations Office
PO Box 190507
Dallas, TX 75219

(Matthew's birthday is October 16)

MARK WILLARD

Holy Trinity Seminary
C/O Rev. Zachary Webb
Dallas Diocesan Vocations Office
PO Box 190507
Dallas, TX 75219

(Mark's Birthday is Sep. 14)

ROAD CLEAN UP



The next road clean up will be sometime in the Fall.

Volunteerism is one of the most selfless acts that we can become involved in.

<https://kc10646.com>

EXCESSIVE HEAT

Brothers,

So far this year, we have had 22 days over 100 degrees, and there are more to come. June 2022 is in third most 100 days for the month. According to the weather reports, there are more to come in July and so far it is where we are now.

If you are out working in your yards are out and about take precautions and maintain yourself hydrated. Heat exhaustion and heat stroke can be dangerous.

***Heat exhaustion** is a condition whose symptoms may include heavy sweating and a rapid pulse, a result of your body overheating. It's one of three heat-related syndromes, with heat cramps being the mildest and heatstroke being the most severe.*

*Causes of heat exhaustion include exposure to high temperatures, particularly when combined with high humidity, and strenuous physical activity. Without prompt treatment, heat exhaustion can lead to heatstroke, a life-threatening condition. **Fortunately, heat exhaustion is preventable.***

Symptoms

Signs and symptoms of heat exhaustion may develop suddenly or over time, especially with prolonged periods of exercise. Possible heat exhaustion signs and symptoms include:

- Cool, moist skin with goose bumps when in the heat
- Heavy sweating
- Faintness
- Dizziness
- Fatigue
- Weak, rapid pulse
- Low blood pressure upon standing
- Muscle cramps
- Nausea
- Headache

When to see a doctor

If you think you're experiencing heat exhaustion:

- Stop all activity and rest
- Move to a cooler place
- Drink cool water or sports drinks

Contact your doctor if your signs or symptoms worsen or if they don't improve within one hour. If you are with someone showing signs of heat exhaustion, seek immediate medical attention if he or she becomes confused or agitated, loses consciousness, or is unable to drink. You will need immediate cooling and urgent medical attention if your core body temperature (measured by a rectal thermometer) reaches 104 F (40 C) or higher.

[By Mayo Clinic Staff](#)

If you would like to read more on this, click on the link below.

<https://www.mayoclinic.org/diseases-conditions/heat-exhaustion/symptoms-causes/syc-20373250>

“Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love.”

— Martin Luther King, Jr.

<https://kc10646.com>

Turkey Fry's

As this Fraternal year begins and we make plans for our activities and fundraisers, we look at having the Turkey Fry! We will need someone to be Chairman and will need volunteers to help. Please prayerfully consider on taking the lead or helping.



"It's not necessarily what we do that makes us different but why we do it."



SAFE ENVIRONMENT RENEWAL INSTRUCTIONS

The Diocesan Safe Environment Department created a new online training program called **MinistrySafe**. This allows all returning volunteers to complete their training from home.

This training is for Sacred Heart volunteers but will also cover KC members. If you are not a Sacred Heart volunteer, you must still be SE cleared if you plan on participating in KC activities. This training process is done on the KC website and instructions will follow at the end.

DIOCESAN TRAINING INSTRUCTIONS

Yearly training is **required** once every 12 months to retain a Safe Environment status. To start the training, go to <https://dallas.setanet.org/>

--Click on "**My Obligations**" on top of page
--Do **NOT** click on "Screening Form"
--Enter your name and address and click search to continue

--Verify your personal information
--If you do not have an email address listed, you will be require to enter an email address – **you must provide an email address before you can begin the MinistrySafe training**

--Click "Update Information and Continue"
--Select the training "Sexual Abuse Awareness Training" (MinistrySafe). English and Spanish versions are available
--You must view all 9 videos in their entirety and complete a 25-question quiz as part of the training. The entire training should take approximately 2 hours.

--The database will notify the Sacred Heart SE officer when you complete the training, but please email a copy of your certificate to Malcolm for the KC council files. Also keep a copy for your records.

--After all steps have been completed, please allow at least 7 days for the processing and distribution of your badge. Cecy will contact you to let you know that your badge can be picked up at the Sacred Heart office.

<https://kc10646.com>

--The badge must always be worn when on church grounds other than when attending mass.

--All badges will expire the date of your training of the next year.

--If you have any questions, please email Cecy Tanaka at safeenvironment@sacredheartrowlett.org

KC ONLY TRAINING INSTRUCTIONS

If a Knight is NOT a Sacred Heart volunteer, then he must be cleared through the council which is done through a KC Diocesan / Supreme training program. Clearance training must be updated every 12 months. A background check will also be performed every 24 months. For training through the diocese KC, follow these instructions:

--Log on to the "Dallas Diocese Chapter" at kofcdallas.org

--Click on **Programs** from list of links across the top. A drop-down menu will appear.

--Click on **Safe Environment** and scroll down to the blue highlighted box on the left side of the page for training explanation.

--Scroll down to the red button **Start K of C Training**

--When asked for your registration code, use **kofcsafe** for self-registration.

--Follow instructions from there.

--After completion, be sure and print a copy of the completion certificate. Keep one copy for your records and email a copy to Malcolm Ducote at ducotemj@gmail.com

--Your badge will come from Malcolm. He must have a current snapshot on file.

If any questions, email Malcolm.

Knights of Columbus Information

Brothers here are some links to our Council website, the Dallas Diocesan Knights of Columbus Council, the Texas State Knights of Columbus Council and Supreme! All these websites have a lot of information on what we as Knights are about and what we are doing. I thought that this could help you if you have any questions or just want to know what Supreme, Texas State Council and the Dallas Diocesan Council have going on.

(Ctrl + Click to follow the links)

Sacred Heart Council 10646 website

<https://kc10646.com>

Supreme

<https://www.kofc.org/en//index.html>

Texas State Council

<https://www.tkofc.org/>

Dallas Diocesan

<https://www.kofcdallas.org/>



<https://kc10646.com>



Please keep in your prayers Brother Knights and their families who are experiencing health problems and ask the Lord to extend his Blessings to them.

“We cannot live only for ourselves. A thousand fibers connect us with our fellow men.”

— Herman Melville

“Only by giving are you able to receive more than you already have.”

— Jim Rohn



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Prayer for the Holy Souls in Purgatory

Eternal Father, I offer You the most Precious Blood of Your Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for all sinners everywhere, for sinners in the universal Church, those in my own home and within my family. Amen.

If you are interested in reading about this powerful prayer and help those in purgatory, follow this link.

<https://aleteia.org/2018/10/30/pray-st-gertrude-the-greats-powerful-prayer-for-the-holy-souls-in-purgatory/>

“Service to others is the rent you pay for your room here on earth.”

— Muhammad Ali

“Start where you are. Use what you have. Do what you can.”

— Arthur Ashe

“As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others.”

— Audrey Hepbur

“When I started counting my blessings, my whole life turned around.”

— Willie Nelson



“Unless someone like you cares a whole awful lot, nothing is going to get better. It’s not.”

— Dr. Seuss

“The best way to find yourself is to lose yourself in the service of others.”

— Gandhi

“Every person can make a difference, and every person should try.”

— John F. Kennedy