

# Strano

by Chef Josh

## LUNCH

### SMALL PLATES + SHARED PLATES

GARDEN PLATE (GF/V) spicy asparagus spread / roasted wild carrots sage honey / blistered shishito peppers / grana padano coriander aioli / spiced pecans	12
LOBSTER TOTS fresh lobster potato mixture / spicy marinara sautéed bell peppers / red onion / lemon zest white wine butter	13
SHRIMP SCAMPI red pepper / brown butter / white wine / red onion seasoned tomatoes / garlic / squid ink pasta / toast points	14
WOOD GRILLED OR FRIED CALAMARI grilled over our seasoned white oak grill OR lightly fried with a mix of vegetables / garlic / aged balsamic house marinara	12
MAMA'S MEATBALLS house favorite, veal / beef / Italian seasoning house marinara / aged parmesan / toast points	10
CAPRESE RAVIOLI (V) burrata / cherry tomatoes / extra virgin olive oil aged balsamic / fresh basil / grana padano / toast points	10
CHARCUTERIE PLATE Chef's selection of meats or cheeses imported cheeses / house made & locally sourced meats accoutrements / toast points *combination plate for an additional \$5	20
BUCKET OF BONES VOTED TOP 10 DISHES OF MEMPHIS 2018 BY MEMPHIS MAGAZINE grilled lamb chops / smoked pork ribs / fried chicken legs oven roasted bone marrow / house chips / dijon mustard *half order consists of one of each	15/30
HAND CUT FRIES	
CARNE SYLE sausage / pepperoni / bacon / cheese blend / house marinara	12
VEGETARIAN red onion / peppers / tomatoes / cheese blend / house pesto	8
PARMESAN GARLIC salt & pepper / aged parmesan / truffle oil	5
SEASONAL SOUP Chef's daily special, limited availability / toast points	10
<b>SALADS</b>	
<b>DRESSINGS</b> creamy rosemary blue cheese / chianti basil vinaigrette house caesar / champagne vinaigrette	
<b>ADD A PROTEIN</b> chicken 6 / shrimp 7 / salmon 8	
CHOPPED SALAD romaine / pickled red onion / fresh tomatoes blue cheese crumbles / hard boiled egg / crumbled bacon creamy rosemary blue cheese / spiced pecans	10
FENNEL AND RADICCHIO bell peppers / red onion / cracked pepper shredded house jerky / seasoned tomatoes chianti basil vinaigrette / dried cranberries	12
CLASSIC CAESAR SALAD chopped romaine / house caesar dressing aged parmesan / croutons	9

### SANDWICHES + BURGERS

[served with parmesan truffle fries or house chips]

<b>ADD-ON</b> fried egg or bacon .75	
SALMON BURGER house salmon patty / lemon zest / arugula / red onion tomatoes / vinaigrette / fried capers / house-made bun	15
LAMB BURGER house lamb patty seasoned with mint & red wine sautéed mushrooms / feta / pickled cucumbers tzatziki sauce / sautéed red onion / house-made bun	15
HOUSE BURGER beef tenderloin / spicy aioli / pickle / red onion cheddar cheese / roasted tomato fresh lettuces / house-made butter bun	12
CHICKEN PARMESAN SANDWICH crispy chicken / cheese blend / house marinara house-made bread	12
VEGGIE SANDWICH sautéed peppers / onion / spinach / tomatoes mozzarella / house pesto / house-made bread	11
MEATBALL HERO Mama's meatballs with house marinara / provolone cheese house-made bread	12

### ENTRÉE

[served with toast points]

CACIO E PEPE WITH LEMON (V) pecorino romano / extra virgin olive oil black pepper / lemon / chitarra	12
SPAGHETTI & MEATBALLS house marinara / chitarra / two of mama's meatballs grated parmesan	13
PASTA BOLOGNESE house veal meat sauce / carrots / chitarra	14
KABOBS grilled zucchini / squash / red onion	
CHICKEN & FETA	13
STEAK & BLUE CHEESE	18

{ LIGHTNING LUNCH SPECIAL 10 }  
half sandwich with choice of soup or salad



We support and use

local, natural and organic practices

whenever possible.



### PIZZA

[twelve inches or eighteen inches]

<b>TOPPINGS</b> .75 / 1.25 EACH basil / fennel / artichokes / kalamata olives sundried tomatoes / red onion / roasted garlic feta / gorgonzola / parmesan spinach / fresh tomatoes	
<b>PREMIUM TOPPINGS</b> 1.25 / 2 EACH chicken / prosciutto parma / meatballs portobello mushrooms / pepperoni bacon / Italian sausage	
PORTOBELLO MUSHROOM (V) house marinara sauce / bell peppers feta cheese / portobello mushrooms cheese blend / baby arugula	17/22
PEPPERONI house marinara sauce cheese blend / pepperoni	17/22
CHEESE (V) house marinara sauce / cheese blend	13/18
MARGHERITA house marinara sauce / cheese blend roma tomatoes / buratta aged balsamic / fresh basil	15/20
SEAFOOD PIE light garlic cream sauce / lobster shrimp / red onion / capers light cheese blend drizzle of roasted pepper sauce	24/33
VEGETABLE (V) house marinara sauce / cheese blend tomatoes / red onion / shishito peppers diced asparagus / eggplant	15/20
UOVO light garlic cream sauce / cheese blend prosciutto parma / red pepper flakes arugala oil / three fried eggs	17/22

### SIDES

5 EACH

WOOD GRILLED  
SEASONAL VEGETABLES

ROASTED GARLIC  
MASHED POTATOES

PARMESAN TRUFFLE GARLIC FRIES

SMALL SIDE SALAD

BREAD SERVICE 2.50

@STRANOBYCHEFJOSH

(GF) GLUTEN FREE, OPTIONS INCLUDE GLUTEN FREE PENNE OR VEGETABLE SUBSTITUTION BY REQUEST  
(V) VEGETARIAN

Please alert your server of any food allergies. Eating raw or undercooked fish, shellfish, eggs or meat increases the risk of foodborne illnesses.

A 20% gratuity will be added on parties of 6 or more.