

## Fearless Chapter 1

On page 25 of Fearless, Sonja quotes Bishop Renato Boccardo, who says, "We are not asked to have shining armor to overcome Goliath, but simply to know how to choose a few smooth stones, the right ones, with the wisdom and courage of David? The on pg. 26 she references the abundance of scripture being used in the book. She goes on to say that the scriptures are the "smooth stones." Thus, the reason for this list. Please go back and read pg. 25-26 again if you do not remember this section.

My people are destroyed for lack of knowledge. Hosea 4:6

With the word of God we can, "destroy arguments and every proud obstacle to the knowledge of God, and take every thought captive to obey Christ. 2 Corinthians 10:5

If you continue in my word... you will know the truth and the truth will make you free. John 8: 31-32

There is no fear in love, but perfect love casts out all fear. 1 John 4:18

For God did not give us a spirit of fear but a spirit of power and love and self- control. 2 Timothy 1:7

For we are not contending against flesh and blood, but against the principalities, against the powers, against the rulers of this present darkness, against spiritual hosts of wickedness in the heavenly places. Ephesians 6:12

Spiritual Combat is another element of... life which needs to be taught anew and proposed once more to all Christians today. It is a secret interior art, an indivisible struggle in which (we) engage everyday against the temptations and evil suggestions that the demon tries to plant in our hearts.

Be sober, be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Matthew 13:25

St. Augustine said, "Never fight evil as though it were something that arose totally outside yourself." I must know myself and the enemy to conquer fear. Page 9 Fearless

Because "the gifts and the call of God are irrevocable" (Romans 11:29), the fallen angels retain their created abilities but use them against us rather than to help us.

According to St. Thomas Aquinas, angelic power is superior to human power in its abilities because it is exclusively spirit, without any need for a body. (therefore) they possess the inherent ability to produce and manipulate phenomena in our sensory fields of perception and behavior, St. Thomas states they use the "mine field" of our accumulated sensory data (esp. visual) to tempt us.

Your guardian angel has been with you, tirelessly helping and guiding you since birth. Matthew 18:10

Because God gave us unconditionally free will (CCC 1730), an evil spirit cannot produce in us something that is against our will or that was not already there, either actively or potentially. Jas 1:14

They (Spirits) have no knowledge of the future but can predict reasonably well based on the past.

Let no sin therefore reign in your mortal bodies, to make you obey their passions... For sin will have no dominion over you, since you are not under law but under grace." (Romans 6:12,14)

The word of God is living and active, sharper than any two edge sword. Hebrew 4:12

So shall my word be that goes forth from my mouth; it shall not return to me empty, but it shall accomplish that which I intended, and prosper in the thing for which I sent it. Isaiah 55:11