

Warren Risk, Crisis, Intelligence Consulting

## The Ten Crucial Commandments to Effective Travel Security

The secret to safe travel or even operating in challenging and hostile environments is planning, preparation and discipline. Follow these Ten Commandments and you will find mitigating the risks far simpler.

## Geographic

All too often people just fly in, rely on their fixer or guide, do whatever it is they are there for and fly out. Understand where you are, the weather, natural disasters, terrain, laws, safe places near by - like embassies and hospitals, unsafe places or possible targets - like religious sites, military posts. Safe border crossings for in an emergency, dangerous borders, escape safe routes from your accomodation, meetings, workplace. Have paper maps with you and familiarise yourself with them and where you are at all times.

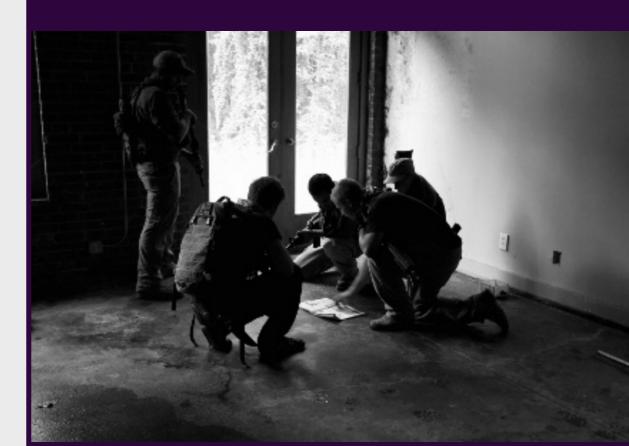
## **Demographic**

Know the people, their culture, religions, tribes, customs, languages, fears, how they dress, eat, currency, etc. Get to know people - their routines, dress, behaviours, that way you will more likely spot abnormalities and risk.

# TRAVEL SECURITY

**The Ten Commandments** 

- Geographic
- Demographic





# **The Ten Commandments**

- Documentation
- Equipped
- Perception

#### **Documentation**

Ensure you have adequate visas and permits (for easy access across friendly borders in an emergency too), sterile passport, copies of passport and visas, spare passport photos, your insurance, banking details, emergency plans and contacts with electronic copies of all documents on an encrypted USB drive. Have a backup copy of everything important in the cloud.

## **Equipped**

Assess carefully your essentials - clothing for inconspicuous travel, emergency evacuation, good footwear, protective clothing for weather, riot control agents, protection against munitions where required. Adequate grab or ready bag with critical essentials, such as adequate medical and survival kit with water purification, communication devices with back up power, door wedges, etc. Use durable luggage that is easy to carry in an emergency.

## **Perception**

You should travel with a low profile, but sometimes on business you must display the right perception. Assess your perception with diligence to keep low profile as best you can. Consider the perceptions others create as their risk can become yours.

Understand who you are meeting, working with, sharing travel with. Perception reigns supreme with travel risk management.

#### **Awareness**

Situational awareness or Cognitive Evaluation And Security (CEAS) as we call it - seeing things as they really are, is crucial to mitigating risks. However, it's impossible to be on your guard 100% of the time, so plan, but vary routes and routines with when to focus on your awareness. Avoid phones and other distractions when you should be switched on to threats, like on the roads or leaving your accomodation. Use doorstops or alarm sensors in your accomodation so you can relax more when sleeping. Always keep your grab bag close by. Practice situational awareness before you travel. It's a discipline requiring constant development. Be very aware of risk fatigue, or becoming complacent once in an environment.

#### **Current**

You must have a system for staying up to date with the local and regional threats. Intelligence alerts, research each day, news monitoring, daily check ins with office for advice. How will you stay up to date in an emergency? What if communications fail? You must never be in the dark. Planning and preparation with accurate intelligence is a daily, sometimes hourly requirement.

## **The Ten Commandments**

- Awareness
- Current





# **The Ten Commandments**

- Communications
- Plans

#### **Communications**

Understanding your communication devices and importantly their operating capabilities and parameters is just part of the solution. Having adequate communications protocols is key. Have operating manuals with you to hand, understand temperature and signal operating capabilities. Be aware of local laws on communications. Ensure communications are secure with good cyber security encryption and passwords. Consider your profile and perception when you use communications and your state of awareness - when best to use them. Consider sterile devices, review what contacts, apps and other information is on your devices. What are your emergency back up communications and how will you power electronic devices in power failure. Consider, help and under duress codes as part of your contingency plans.

#### **Plans**

You should have effective risk management, contingency and action on plans for all possible scenarios. It's also sensible to run through those plans carefully before you travel. Ensure all others who need to be are aware of the plans and understand them adequately.

### **Support**

Consider carefully your support requirements - training before you go, assistance with contingency plans, Intelligence, communications and logistics. Who will you check in with, are they tracking you, who and where is your Crisis Management Team? Adequate insurances, financial back up, medical and security support.

Do your family and friends know what to do in an emergency or if they get a phone call from kidnappers? Having adequate support and someone you can just call for expert guidance is critical.

Contact us in confidence for all your training, risk, crisis and support needs

# **The Ten Commandments**

• Support



# Warren Risk, Crisis, Intelligence Consultants

Keeping you, your family, your staff safe in a complex world of risk





Contact us today for friendly confidential advice and support

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