

Worksheet: Who I Am

I am:

- *Write a one-line (no more than ten-word) summary of who you are.*
 - I am _____.

My Philosophy for Life:

My Core Values Are:

- *List no more than three values that most guide how you want to “be” in the world*
 - (1)
 - (2)
 - (3)

I believe life...

- *1-2 lines that summarize your most fundamental beliefs about LIFE.*
 -

I believe people...

- *1-2 lines that summarize your most fundamental beliefs about PEOPLE.*
 -

My Personal Mission

- *1-line personal mission statement: How do you bring value to the world around you?*
- *My personal mission is:*
 -

My Hope (Vision)

- *1-line statement. Assume you accomplish your mission flawlessly for the next 10 years; describe the end-state of that accomplishment.*
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I Hope My Tombstone Says

- *1-line epitaph you would like to see on your tombstone*
 -

Reflection: Consider each answer above. What life experiences led you to choose those answers? How did those experiences affect/influence you?

Quotes that Inspire Me, and Why

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How I Tell the World About Me

Biography (250 characters):

- 250-character version

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Biography:

- *150-word version*

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60-Second Commercial

- *You have 60 seconds (an elevator ride) to introduce yourself to someone you would really like to work with. What do you say?*

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My Story

- *How do you answer the question, “What’s your story?” in 2 minutes or less?*

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