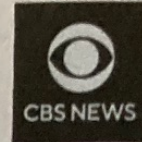


# OFFICIAL PRESS RELEASE FOR:

*Cate McNider*

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### ESCAPE VELOCITY INVITES READERS ON A TRANSFORMATIVE JOURNEY THROUGH SELF DISCOVERY AND INNER TRUTH

Cate McNider presents a powerful poetry collection exploring vulnerability, identity, and the deeper layers of human experience with honesty and insight

New York, NY, April 26, 2026 — *Escape Velocity* by Cate McNider is a profound and thought provoking collection of poetry that guides readers through an intimate exploration of the inner self. With striking honesty and emotional depth, the book challenges conventional perspectives and invites reflection on identity, perception, and the nature of reality.

Through a series of evocative poems, McNider explores the layers of conditioning and belief that shape human experience. Each piece serves as a step in a larger journey, encouraging readers to look beyond surface understanding and confront the truths that lie beneath. The poetry is both introspective and expansive, offering a space where vulnerability becomes a source of strength.

At its core, *Escape Velocity* is a meditation on transformation. The collection delves into themes of love, awareness, and personal awakening, guiding readers toward a deeper connection with themselves. McNider's work emphasizes that growth often requires stepping into uncertainty, embracing discomfort, and letting go of familiar patterns.

The inspiration behind the collection reflects a deeply personal process of self examination and discovery. By sharing her own reflections with openness and courage, McNider creates a connection that resonates with readers on an emotional and intellectual level. Her writing encourages individuals to embark on their own journeys, seeking clarity and understanding within.

This book is ideal for readers who appreciate poetry that goes beyond aesthetics to engage with meaningful questions about life and existence. Its blend of introspection, insight, and subtle humor creates a dynamic reading experience that invites both contemplation and emotional response.

Cate McNider brings a distinctive and authentic voice to her work, combining clarity with depth to create poetry that feels both accessible and profound. Her ability to balance personal expression with universal themes ensures that the collection speaks to a wide audience.

*Escape Velocity* ultimately serves as a call to awareness, urging readers to look inward, challenge assumptions, and embrace the transformative power of understanding.

The book is now available — secure your copy here: <https://a.co/d/00c4GBc0>