

Community Resources

Community Memorial Hospital (CMH)



New Parent Resource Center Breastfeeding Support

(805) 658-2229

www.cmhshealth.org/mch (no fee if delivered @ CMH)

Butterfly Center



(818) 599-8420

www.butterflycenter.org

La Leche League (LLL)



Contact: Natalie (805) 427-4724/

lalehecamarillo@gmail.com

*currently no in-person meetings

<http://www.lllscnv.org/group-locator/>

Naval Base Ventura County



New Parent Home Visitation Program

(805) 989-8835

Secure Beginnings at the Nan Tolbert



Nurturing Center &

Ojai Breastfeeding Helpline

(805) 646-7559 (24/7 Help Line)

www.securebeginnings.org

Ventura County Public Health Nursing



Community Health Nursing

(805) 981-5115

<http://www.vchca.org/public-health-nursing>

Women Infants Children Nutrition Program (WIC)



(805) 981-5251 or 1-(800) 781-4449 Ext. 3

<http://www.vchca.org/women-infants-and-children-wic>

Legend



Bilingual



In-Home or video apt.



Phone Support

\$ Fee Based



Support Group



Classes

Who We Are

The Coalition is a non profit 501c3 corporation, comprised of health care providers, community leaders, policymakers, and parents, as well as public and private organizations with the common goal of promoting and supporting breastfeeding as the cultural norm in Ventura County.

Vision

Supporting Every Family to Breastfeed!!

Mission

To promote breastfeeding in the community by providing resources and education to families, health care professionals, employers, and policy makers.

California Civil Code 43.3

"A mother may breastfeed her child in any location, public or private, where the mother and child are authorized to be present."

Contact us at www.breastfeedventura.org
and follow us on Facebook, Instagram and
Twitter @breastfeedvc

**WARM LINE:
English/ Español:
805-751-9610**

The 2026-2027 Breastfeeding Resource Guide



**A directory of breastfeeding
resources in Ventura County**



BREASTFEEDING
Coalition of Ventura County

Private Resources



available to the general public, fee- based.

Diane Berger, RN, PHN   \$
805-368-2297




www.venturabreastfeeding.net




Alice Clark, IBCLC, RLC  \$
(818) 932-9906
alice@milkywaylactation.com
http://www.milkywaylactation.com


Coo, Babble & Breastfeed  \$
Nahal Papehn M.S. CCC-SLP, Certified Breastfeeding
Specialist (CBS)
coobabbleandtalk@gmail.com




Jessica McKee, RN, IBCLC   \$
(805) 390-0911
https://goodbabylactation.com/

Janice Roodsari, RN, IBCLC    \$
Offering infant bodywork & pre and post tethered oral
tissue rehabilitation
TheSeedsOfSupport.com
janice@theseedsofsupport.com

Paula Loehr-Coleman, RN, BSN, CLC    \$
(805) 857-2561
bq.paulacoleman@gmail.com

Lori Manduke, RN, NP, IBCLC    \$
(818) 822 -1919
lorimanduke@gmail.com

Cindy Maynard, CLC, Doula (Dona)  \$
(805) 312-3245
Cindy@MaynardMail.com



Samar Mroue, RN, BSN, IBCLC    \$
(805) 390-3943
loveandlatch.com

Cindy Shelton, RN, IBCLC  \$
(805) 501-9397
cynthiasheltonrn@gmail.com

Darcy Wronkiewicz, IBCLC, CD (DONA), CLEC / DAYLILY

  \$  
1-805-724-2229

Accepts most PPO insurance

Bethany Womack   \$

In network insurance coverage for some plans including
Tricare

(805) 203-0450
www.sulalactation.com

Hospital Resources

Community Memorial Hospital (CMH)

New Parent Resource Center

A "Baby Friendly" Designated Hospital
(805) 658-2229/ www.cmhshealth.org/mch

Los Robles Hospital and Medical Center

(805) 370-4465/ www.losrobleshospital.com

Ventura County Medical Center (VCMC)

A "Baby Friendly" Designated Hospital
(805) 652-6090

St. John's Regional Medical Center/Dignity Health

(805) 988-2796
<https://www.dignityhealth.org/central-coast/locations/stjohnsregional>

Breast Pump Resources & Rentals

CMH New Parent Resource Center:

Ventura (805) 658-2229.
Breast pump sales & rentals.

Paula Coleman, RN, BSN, CLC · Tender Years
Camarillo: (805) 857-2561.
Breast pump sales & rentals + In Home Support.

Hygeia - "Moms Get More" Program

(888) 786-7466
www.hygeiahealth.com or momsgetmore.com.
Breast pumps covered by MediCal, Gold Coast Health
Insurance and Private Insurances. Ships to home.

Yummy Mummy:

Breast pumps for local TriCare, Medi-Cal & Gold Coast
Covered Insurance Plans. Will bill your insurance and ship
a pump to your home quickly.

Women Infants & Children (WIC) Program:

Sites throughout Ventura County (805) 981-5251.
Free breast pump loans available to WIC Program
participants.

DISCLOSURE: BCVC provides this directory as a resource
to the public. While the information contained within the
directory is periodically updated, no guarantee is given that
the information provided in the Resource Directory is correct,
complete, and up-to-date. Your connection to and use of any
services listed here is at your own risk.