

## Community Resources

Community Memorial Hospital (CMH)



New Parent Resource Center Breastfeeding Support

(805) 658-2229

[www.cmhshealth.org/mch](http://www.cmhshealth.org/mch) (no fee if delivered @ CMH)

Butterfly Center



(818) 599-8420

[www.butterflycenter.org](http://www.butterflycenter.org)

La Leche League (LLL)



Contact: Natalie (805) 427-4724/

[lalehecamarillo@gmail.com](mailto:lalehecamarillo@gmail.com)

\*currently no in-person meetings

<http://www.lllscnv.org/group-locator/>

Naval Base Ventura County



New Parent Home Visitation Program

(805) 989-8835

Secure Beginnings at the Nan Tolbert



Nurturing Center &

Ojai Breastfeeding Helpline

(805) 646-7559 (24/7 Help Line)

[www.securebeginnings.org](http://www.securebeginnings.org)

Ventura County Public Health Nursing



Community Health Nursing

(805) 981-5115

<http://www.vchca.org/public-health-nursing>

Women Infants Children Nutrition Program (WIC)



(805) 981-5251 or 1-(800) 781-4449 Ext. 3

<http://www.vchca.org/women-infants-and-children-wic>

## Legend



Bilingual



In-Home or video apt.



Phone Support

\$ Fee Based



Support Group



Classes

### Who We Are

The Coalition is a non profit 501c3 corporation, comprised of health care providers, community leaders, policymakers, and parents, as well as public and private organizations with the common goal of promoting and supporting breastfeeding as the cultural norm in Ventura County.

### Vision

Supporting Every Family to Breastfeed!!

### Mission

To promote breastfeeding in the community by providing resources and education to families, health care professionals, employers, and policy makers.

### California Civil Code 43.3

**"A mother may breastfeed her child in any location, public or private, where the mother and child are authorized to be present."**

Contact us at [www.breastfeedventura.org](http://www.breastfeedventura.org)  
and follow us on Facebook, Instagram and  
Twitter @breastfeedvc

**WARM LINE:**

**English/ Español:  
805-751-9610**

# The 2026-2027 Breastfeeding Resource Guide



**A directory of breastfeeding  
resources in Ventura County**



**BREASTFEEDING**  
Coalition of Ventura County

## Private Resources



available to the general public, fee- based.

Diane Berger, RN, PHN   \$  
805-368-2297




[www.venturabreastfeeding.net](http://www.venturabreastfeeding.net)




Alice Clark, IBCLC, RLC  \$  
(818) 932-9906  
[alice@milkywaylactation.com](mailto:alice@milkywaylactation.com)  
<http://www.milkywaylactation.com>


Coobabble & Breastfeed  \$  
Nahal Papehn M.S. CCC-SLP, Certified Breastfeeding  
Specialist (CBS)  
[coobabbleandtalk@gmail.com](mailto:coobabbleandtalk@gmail.com)




Jessica McKee, RN, IBCLC   \$  
(805) 390-0911  
<https://goodbabylactation.com/>



Janice Roodsari, RN, IBCLC    \$  
Offering infant bodywork & pre and post tethered oral  
tissue rehabilitation  
[TheSeedsOfSupport.com](http://TheSeedsOfSupport.com)  
[janice@theseedsofsupport.com](mailto:janice@theseedsofsupport.com)

Paula Loehr-Coleman, RN, BSN, CLC    \$  
(805) 857-2561  
[bq.paulacoleman@gmail.com](mailto:bq.paulacoleman@gmail.com)

Lori Manduke, RN, NP, IBCLC    \$  
(818) 822 -1919  
[lorimanduke@gmail.com](mailto:lorimanduke@gmail.com)



Cindy Maynard, CLC, Doula (Dona)  \$  
(805) 312-3245  
[Cindy@MaynardMail.com](mailto:Cindy@MaynardMail.com)



Samar Mroue, RN, BSN, IBCLC    \$  
(805) 390-3943  
[loveandlatch.com](http://loveandlatch.com)

Emma O'Brian, RN, IBCLC   \$  
Serving Ojai and Ventura County  
(805) 691-0997  
[www.hearthandhomepostpartum.com](http://www.hearthandhomepostpartum.com)

Cindy Shelton, RN, IBCLC  \$  
(805) 501-9397  
[cynthiasheltonrn@gmail.com](mailto:cynthiasheltonrn@gmail.com)

Darcy Wronkiewicz, IBCLC, CD (DONA), CLEC /DAYLILY

    \$  
1-805-724-2229  
Accepts most PPO insurance

Bethany Womack   \$  
In network insurance coverage for some plans including  
Tricare  
(805) 203-0450  
[www.sulalactation.com](http://www.sulalactation.com)

## Hospital Resources



### Community Memorial Hospital (CMH)

     
New Parent Resource Center  
A "Baby Friendly" Designated Hospital  
(805) 658-2229/ [www.cmhshealth.org/mch](http://www.cmhshealth.org/mch)

### Los Robles Hospital and Medical Center

    
(805) 370-4465/ [www.losrobleshospital.com](http://www.losrobleshospital.com)

### Ventura County Medical Center (VCMC)

   - A "Baby Friendly" Designated Hospital  
(805) 652-6090

### St. John's Regional Medical Center/Dignity Health

     
(805) 988-2796  
<https://www.dignityhealth.org/central-coast/locations/stjohnsregional>

## Breast Pump Resources & Rentals

CMH New Parent Resource Center:  
Ventura (805) 658-2229.  
Breast pump sales & rentals.

Paula Coleman, RN, BSN, CLC · Tender Years  
Camarillo: (805) 857-2561.  
Breast pump sales & rentals + In Home Support.

Hygeia - "Moms Get More" Program  
(888) 786-7466  
[www.hygeiahealth.com](http://www.hygeiahealth.com) or [momsgetmore.com](http://momsgetmore.com).  
Breast pumps covered by MediCal, Gold Coast Health  
Insurance and Private Insurances. Ships to home.

Yummy Mummy:  
Breast pumps for local TriCare, Medi-Cal & Gold Coast  
Covered Insurance Plans. Will bill your insurance and ship  
a pump to your home quickly.

Women Infants & Children (WIC) Program:  
Sites throughout Ventura County (805) 981-5251.  
Free breast pump loans available to WIC Program  
participants.

DISCLOSURE: BCVC provides this directory as a resource  
to the public. While the information contained within the  
directory is periodically updated, no guarantee is given that  
the information provided in the Resource Directory is correct,  
complete, and up-to-date. Your connection to and use of any  
services listed here is at your own risk.