










## Community Resources




Community Memorial Hospital (CMH)     
New Parent Resource Center Breastfeeding Support  
(805) 658-2229  
[www.cmhshealth.org/mch](http://www.cmhshealth.org/mch) (no fee if delivered @ CMH)





Butterfly Center    
(818) 599-8420  
[www.butterflycenter.org](http://www.butterflycenter.org)

La Leche League (LLL)    
Contact: Camarillo: Natalie (805) 427-4724, Ventura:  
Cindy (805)312-3245 Oxnard: Felicia (805) 988-9975  
<http://www.lllscnv.org/group-locator/>







Naval Base Ventura County     
New Parent Home Visitation Program  
(805) 989-8835

Secure Beginnings at the Nan Tolbert     
Nurturing Center &  
Ojai Breastfeeding Helpline  
(805) 646-7559 (24/7 Help Line)  
[www.securebeginnings.org](http://www.securebeginnings.org)

Ventura County Public Health Nursing     
Community Health Nursing  
(805) 981-5115  
<http://www.vchca.org/public-health-nursing>

Women Infants Children Nutrition Program (WIC)   
    
(805) 981-5251 or 1-(800) 781-4449 Ext. 3  
<http://www.vchca.org/women-infants-and-children-wic>

## Legend

-  Bilingual  In-Home or video apt.  
 Phone Support  Fee Based  
 Support Group  Classes

## Who We Are

The Coalition is a non profit 501c3 corporation, comprised of health care providers, community leaders, policymakers, and parents, as well as public and private organizations with the common goal of promoting and supporting breastfeeding as the cultural norm in Ventura County.

## Vision

Supporting Every Family to Breastfeed!!

## Mission

To promote breastfeeding in the community by providing resources and education to families, health care professionals, employers, and policy makers.

## California Civil Code 43.3

"A mother may breastfeed her child in any location, public or private, where the mother and child are authorized to be present."

Contact us at [www.breastfeedventura.org](http://www.breastfeedventura.org)  
and follow us on Facebook, Instagram and  
Twitter @breastfeedvc

## WARM LINES:

**English: 805-665-3604**

**Spanish/Español: 805-973-7015**

**Mixteco: 805-751-9610**

# The 2021-2022 Breastfeeding Resource Guide



A directory of breastfeeding  
resources in Ventura County





**BREASTFEEDING**  
Coalition of Ventura County

## Private Resources

available to the general public, fee- based.




Diane Berger, RN, PHN   \$  
(805) 654-1463 or (805) 368-2297  
www.venturabreastfeeding.net




Ciella Baum, IBCLC, RLC  \$  
(661) 904-5560  
ceilla@mabellababy.com  
www.mabellababy.com




Alice Clark, IBCLC, RLC  \$  
(818) 932-9906  
alice@milkywaylactation.com  
http://www.milkywaylactation.com


Coo, Babble & Breastfeed  \$  
Nahal Papehn M.S. CCC-SLP, Certified Breastfeeding  
Specialist (CBS)  
coobabbleandtalk@gmail.com



Jessica McKee, RN, IBCLC  \$   
(805) 390-0911  
https://lactationlink.com/consultant/jessicamckee/

Felicia Henry, IBCLC   \$   
(805) 218-6156  
www.mybirth.net

Paula Loehr-Coleman, RN, BSN, CLC   \$   
(805) 857-2561  
bq.paulacoleman@gmail.com


Lori Manduke, RN, NP, IBCLC   \$   
(818) 822 -1919  
lorimanduke@gmail.com



Cindy Maynard, CLC, Doula (Dona)  \$  
(805) 312-3245  
Cindy@MaynardMail.com

Samar Mroue, RN, BSN, IBCLC  \$   
(805)390-3943  
loveandlatch.com

Aurelia Mullen Spadini, RN, BSN, PHN, MSN, IBCLC

  \$  
(650) 255-5808  
aurelia.spadini@gmail.com

Cindy Shelton, RN, IBCLC  \$  
(805) 501-9397

Nerissa J. Velten, LM, CPM, IBCLC   \$  
(805) 907-9000  
midwifenerissa@yahoo.com  
www.midwifenerissa.com

Darcy Wronkiewicz, IBCLC, CD (DONA), CLEC  
/MOTHERS GUILD  
  \$    
(805) 570-1595/ www.mothersguild.net

## Hospital Resources

### Community Memorial Hospital (CMH)

     
New Parent Resource Center  
A "Baby Friendly" Designated Hospital  
(805) 658-2229/ www.cmhshealth.org/mch

### Los Robles Hospital and Medical Center

    
(805) 370-4465/ www.losrobleshospital.com




### Santa Paula Hospital (affiliated w/ VCMC)

   A "Baby Friendly" Designated Hospital  
(805) 933-8620

### Simi Valley Hospital

A "Baby Friendly" Designated Hospital  
(805) 933-8620

## Ventura County Medical Center (VCMC)

   A "Baby Friendly" Designated Hospital  
(805) 652-6090

## St. John's Regional Medical Center

     
(805) 988-2796  
https://www.dignityhealth.org/central-coast/locations/stjohnsre  
gional

## Breast Pump Resources & Rentals

CMH New Parent Resource Center:  
Ventura (805) 658-2229.  
Breast pump sales & rentals.

Paula Coleman, RN, BSN, CLC · Tender Years  
Camarillo: (805) 857-2561.  
Breast pump sales & rentals + In Home Support.

Felicia Henry, IBCLC:  
(805) 218-6156. Breast pump sales & rentals.

Hygeia - "Moms Get More" Program  
(888) 786-7466  
www.hygeiahealth.com or momsgetmore.com.  
Breast pumps covered by MediCal, Gold Coast Health  
Insurance and Private Insurances. Ships to home.

Mother's Guild  
Serving Ventura County. (805) 570-1595.  
www.mothersguild.net.  
Breast pump sales & rentals.

Simply MaMa:  
(805) 541-1462. [www.simplymamabreastpumps.com](http://www.simplymamabreastpumps.com).  
Breast pumps for local TriCare, Medi-Cal & Gold Coast  
Covered Insurance Plans. Will bill your insurance and ship  
a pump to your home quickly.

Women Infants & Children (WIC) Program:  
Sites throughout Ventura County (805) 981-5251.  
Free breast pump loans available to WIC Program  
participants.

DISCLOSURE: BCVC provides this directory as a resource to the public. While the information contained within the directory is periodically updated, no guarantee is given that the information provided in the Resource Directory is correct, complete, and up-to-date. Your connection to and use of any services listed here is at your own risk.