










Community Resources




Community Memorial Hospital (CMH)   
New Parent Resource Center Breastfeeding Support
(805) 658-2229
www.cmhshealth.org/mch (no fee if delivered @ CMH)





Butterfly Center  
(818) 599-8420
www.butterflycenter.org

La Leche League (LLL)  
Contact: Natalie (805) 427-4724/
lalechecamarillo@gmail.com OR Karen: (805) 469-3812/
k_glenn@hotmail.com
<http://www.lllscnv.org/group-locator/>






Naval Base Ventura County   
New Parent Home Visitation Program
(805) 989-8835

Secure Beginnings at the Nan Tolbert   
Nurturing Center & Ojai Breastfeeding Helpline
(805) 646-7559 (24/7 Help Line)
www.securebeginnings.org

Ventura County Public Health Nursing   
Community Health Nursing
(805) 981-5115
<http://www.vchca.org/public-health-nursing>

Women Infants Children Nutrition Program (WIC) 
  
(805) 981-5251 or 1-(800) 781-4449 Ext. 3
<http://www.vchca.org/women-infants-and-children-wic>

Legend

-  Bilingual  In-Home or video apt.
 Phone Support \$ Fee Based
 Support Group  Classes

Who We Are

The Coalition is a non profit 501c3 corporation, comprised of health care providers, community leaders, policymakers, and parents, as well as public and private organizations with the common goal of promoting and supporting breastfeeding as the cultural norm in Ventura County.

Vision

Supporting Every Family to Breastfeed!!

Mission

To promote breastfeeding in the community by providing resources and education to families, health care professionals, employers, and policy makers.

California Civil Code 43.3

"A mother may breastfeed her child in any location, public or private, where the mother and child are authorized to be present."

Contact us at www.breastfeedventura.org
and follow us on Facebook, Instagram and Twitter @breastfeedvc

WARM LINES:

English: 805-665-3604

Spanish/Español: 805-973-7015

Mixteco: 805-751-9610

The 2023-2024 Breastfeeding Resource Guide



A directory of breastfeeding
resources in Ventura County



BREASTFEEDING
Coalition of Ventura County

Private Resources

available to the general public, fee- based.




Diane Berger, RN, PHN   \$
(805) 654-1463 or (805) 368-2297




www.venturabreastfeeding.net




Alice Clark, IBCLC, RLC  \$
(818) 932-9906
alice@milkywaylactation.com
<http://www.milkywaylactation.com>


Coo, Babble & Breastfeed  \$
Nahal Papehn M.S. CCC-SLP, Certified Breastfeeding Specialist (CBS)
coobabbleandtalk@gmail.com



Jessica McKee, RN, IBCLC  \$ 
(805) 390-0911
<https://lactationlink.com/consultant/jessicamckee/>

Janice Roodsari, RN, IBCLC   \$ 
Postpartum Doula TheSeedsOfSupport.com
janice@theseedsofsupport.com

Paula Loehr-Coleman, RN, BSN, CLC   \$ 
(805) 857-2561
bq.paulacoleman@gmail.com

Lori Manduke, RN, NP, IBCLC   \$ 
(818) 822 -1919
lorimanduke@gmail.com



Cindy Maynard, CLC, Doula (Dona)  \$
(805) 312-3245
Cindy@MaynardMail.com

Samar Mroue, RN, BSN, IBCLC  \$ 
(805)390-3943
loveandlatch.com

Aurelia Mullen Spadini, RN, BSN, PHN, MSN, IBCLC

  \$
(650) 255-5808
aurelia.spadini@gmail.com

Cindy Shelton, RN, IBCLC  \$
(805) 501-9397
cynthiasheltonrn@gmail.com

Nerissa J. Velten, LM, CPM, IBCLC   \$
(805) 907-9000
midwifenerissa@yahoo.com
www.midwifenerissa.com

Darcy Wronkiewicz, IBCLC, CD (DONA), CLEC /MOTHERS GUILD

  \$  
1-805-724-2229/ www.mothersguild.net
Accepts most PPO insurance

Hospital Resources

Community Memorial Hospital (CMH)

   
New Parent Resource Center
A "Baby Friendly" Designated Hospital
(805) 658-2229/ www.cmhshealth.org/mch

Los Robles Hospital and Medical Center

  
(805) 370-4465/ www.losrobleshospital.com



Santa Paula Hospital (affiliated w/ VCMC)

   A "Baby Friendly" Designated Hospital
(805) 933-8620

Simi Valley Hospital

A "Baby Friendly" Designated Hospital
(805) 933-8620

Ventura County Medical Center (VCMC)

   A "Baby Friendly" Designated Hospital
(805) 652-6090

St. John's Regional Medical Center/Dignity

Health    
(805) 988-2796
<https://www.dignityhealth.org/central-coast/locations/stjohnsregional>

Breast Pump Resources & Rentals

CMH New Parent Resource Center:
Ventura (805) 658-2229.
Breast pump sales & rentals.

Paula Coleman, RN, BSN, CLC - Tender Years
Camarillo: (805) 857-2561.
Breast pump sales & rentals + In Home Support.

Hygeia - "Moms Get More" Program
(888) 786-7466
www.hygeiahealth.com or momsgetmore.com.
Breast pumps covered by MediCal, Gold Coast Health Insurance and Private Insurances. Ships to home.

Mother's Guild
Serving Ventura County. (805) 570-1595.
www.mothersguild.net.
Breast pump sales & rentals.

Simply MaMa:
(805) 541-1462. www.simplymamabreastpumps.com.
Breast pumps for local TriCare, Medi-Cal & Gold Coast Covered Insurance Plans. Will bill your insurance and ship a pump to your home quickly.

Women Infants & Children (WIC) Program:
Sites throughout Ventura County (805) 981-5251.
Free breast pump loans available to WIC Program participants.

DISCLOSURE: BCVC provides this directory as a resource to the public. While the information contained within the directory is periodically updated, no guarantee is given that the information provided in the Resource Directory is correct, complete, and up-to-date. Your connection to and use of any services listed here is at your own risk.