

Special Edition:
Ventura County Breastfeeding Support Services
during social distancing

* subject to change/ sujetas a cambios
Fee based unless indicated, contact each provider for individual fees.

Phone & Video Chat Support

Diane Berger, RN, PHN
(805) 641-1463
www.venturabreastfeeding.net

Ciella Baum, IBCLC, RLC
(661) 904-5560
www.mabellababy.com

Alice Clark, IBCLC, RLC
(818) 932-9906
www.milkywaylactation.com

Lori Manduke, RN, NP, IBCLC
(818) 822-1919

Cindy Shelton, RN, IBCLC
(805)501-9397

Aurelia Mullen Spadini RN, BSN, PHN, MSN
(650)255-5808

Jessica McKee, RN, CLC @ Lactation Link
(805) 390-0911
<https://lactationlink.com/consultant/jessica-mckee/>

Love & Latch by Samar Mroue, RN, IBCLC
(805) 390-3943
www.loveandlatch.com

Nerissa Velten, LM, CPM, IBCLC
(805)907-9000
www.midwifenerissa.com

Darcy Wronkiewicz, IBCLC, CD (DONA)
(805) 570-1595
www.mothersguild.net

Online Support Groups

Butterfly Center
Mondays @ 1pm
Call (818) 584-6414

Love & Latch Virtual Breastfeeding Brunch
Wednesdays @ 11am
Facebook/lovenlatch ; Call (805)390-3943
Virtual online breastfeeding support group

Dignity Health/St. John's Medical Center
Wednesdays @ 12pm
Call (805)988-2784

CMH New Parent Resource Center
Thursdays @ 2 pm virtual breastfeeding support group
Call (805)984-2229 for email link to meeting

WIC
Fridays @ 11am Virtual Breastfeeding Cafe. English and Spanish speaking welcome. Email wic.program@ventura.org to register for meeting.

Limited In-Person Lactation Consultations

CMH New Parent Resource Center in Ventura
By appointment only. Monday-Friday 8am-5pm.
Call (805)984-2229.

WIC
By appointment only. WIC clients and VCMC referred clients only. (805)981-5241

Phone Support Only/ Apoyo por teléfono:

Felicia Henry, IBCLC
(805) 218-6156
www.mybirth.net

La Leche League- varying locations
<http://www.lllscnv.org/group-locator/>

Paula Loehr-Coleman, RN, BSN, CLC
(805) 857-2561

Doula Pamm @ MamaBaby Transitions
(805) 258-9225
www.mamababytransitions.com



BREASTFEEDING
Coalition of Ventura County

Breastpumps/Bombas de lactancia:

WIC-varying locations

805-981-5251

WIC clients only/ clientes de WIC

English/Español

Simply Mama

www.simplymamabreastpumps.com

844-470-7867

Will mail to your house, insurance covered pumps
including MediCal, Gold Coast and Tri-Care

English/Español

***see directory for full list of
breastpump resources**

BCVC Warm Lines/

Lineas telefonicas de apoyo.

English: (805) 665-3604

Español: (805) 973-7015

Mixteco: (805) 751-9610